



**MGM INSTITUTE OF HEALTH SCIENCES**  
(Deemed to be University u/s 3 of UGC Act, 1956)  
Grade 'A++' Accredited by NAAC  
**MGM SCHOOL OF PHYSIOTHERAPY**  
Sector-1, Kamothe, Navi Mumbai – 410209

# Therapeutic Approaches in Aquatic Therapy

## Insights on

### The Hallwick Concept

Hollistic Learning, Motor Learning

### The Bad ragaz ring method

Physiotherapeutic and Mechanical Principles, Mobilizing and Strenghtening

### Ai chi

Breathing Patterns and Trunk Control

### Watsu

Joint Movement and Muscle Stretching



## SPEAKER

### Dr. Brinda Merchant

Head of Aquatic Therapy  
Department , NH SRCC Children's  
Hospital, Mumbai  
International Aquatic therapy  
Faculty (IATF, Switzerland)



**1st March 2023**

**1:30 PM to 4:00 PM**

## Venue:

Ground floor, Seminar Hall, MGM's College of Engineering and Technology, MGM Institute of Health Sciences, Navi Mumbai.

**Event Co-ordinator-** Dr. Shrutika Parab (PT)  
Dr. Aamreen Ryain (PT)