



**MAHATMA GANDHI MISSION DENTAL COLLEGE & HOSPITAL**  
Accredited by NAAC with "A++" Grade,  
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**Dr. Srivalli Natarajan**  
Dean.

Date: 28/06/2023

No.MGM/DCH/762/2023

**Office Circular no. 76 /2023**  
**Time Table for Yoga Class**

Following is the time table for regular yoga classes. It is compulsory to everyone to attend the same.

Sr. No.	Day	Time	Venue	Year
1.	Monday	8.00 am – 8.30 am	Yogvatika/Auditorium	I BDS
2.	Tuesday			II BDS
3.	Wednesday			III BDS
4.	Thursday			Final BDS
5.	Friday			Interns and PG's
6.	I Saturday			Teaching and Non Teaching staff
7.	III Saturday			Housekeeping staff



*S. Srivalli*  
Dean

Copy to:

- All HOD's (Dental subjects)