



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
E-Mail ID: mgmdch@mgmmumbai.ac.in



TEACHING CHILDREN PROPER FLOSSING TECHNIQUES AT VISHWA BALAK KENDRA, NERUL.

Date: 05/06/2025

Venue: VISHWA BALAK KENDRA, NERUL.

Faculty: Dr. Swati Singh, Dr. Pankaj Londhe

Organizing Agency: Department of public health dentistry MGMDCH, NSS unit of MGMDCH, VISHWA BALAK KENDRA.

Number of Students attended: 4

Oral hygiene is essential for maintaining overall health, and flossing plays a crucial role in preventing dental issues like cavities and gum disease. Many children are unaware of the correct flossing technique, leading to improper cleaning between teeth. A dental camp was organized to educate children about the importance of flossing and demonstrate the correct technique. MGM Dental College constantly takes efforts of extending the oral health care to the community. The oral care initiative was also extended to the children at SIES with the intention of providing proper oral health care to the patients.

Aim and Objective:

1. To create awareness about the significance of flossing in oral hygiene.
2. To educate children on the proper flossing technique through practical demonstrations.
3. To assess children's pre-existing knowledge of flossing and reinforce correct practices.
4. To encourage the habit of daily flossing among children for long-term oral health benefits.

Method to Examine Patients:

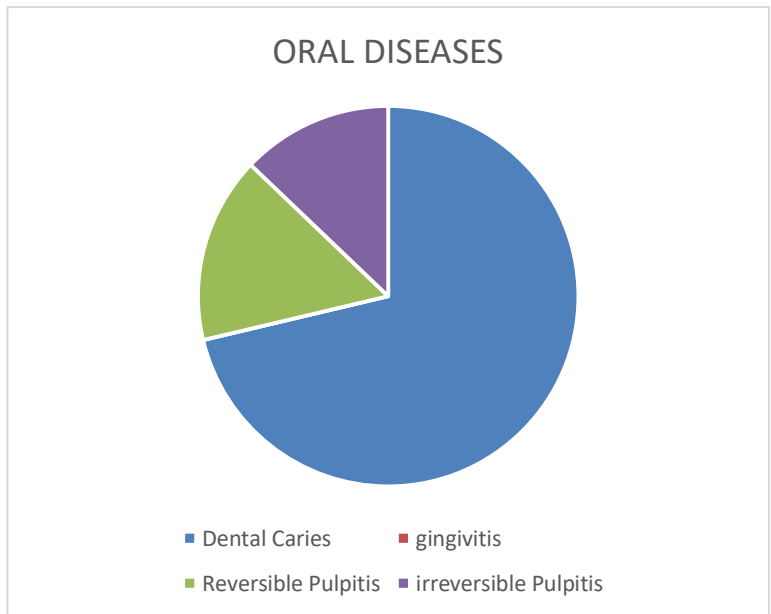
Pre-Camp Assessment: A brief questionnaire was given to assess children's knowledge of flossing.

Demonstration: Used dental models to show the correct flossing technique. Explained the benefits of flossing and common mistakes to avoid. Children were provided with floss and guided through the technique step by step. Supervised practice sessions ensured they learned proper methods.

Post-Camp Assessment: Checked children's understanding through demonstrations and a short quiz.

ORAL HEALTH STATUS:

Sr. no.	Oral diseases	No. Of patients	Percentage %
1.	Dental Caries	72	65
2.	Gingivitis	9	8
3	Reversible pulpitis	16	15
4.	Irreversible pulpitis	13	12



Observations: A total of 110 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe

Interpretation and Conclusion:

Many children were initially unaware of the correct flossing technique but showed significant improvement after the session. Hands-on practice helped them gain confidence in flossing independently. The camp successfully reinforced the importance of daily flossing in preventing dental problems. Parents and teachers were encouraged to monitor and reinforce these habits at home. Future camps should be conducted to ensure continuous reinforcement of good oral hygiene habits.



ORAL SCREENING DONE AT THE CAMP SITE



DENTAL TEAM AT THE CAMP SITE

LIST OF ATTENDEES

Sr.no.	Attendees
Name of staff	
1.	Dr. Swati Singh
2.	Dr. Pankaj Londhe
Name of Interns & Students	
3.	Khadija Javed
4.	Ishika Shetty
5.	Karishma Bhanushali
6.	Jupneet Kaur