



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
Kamothe, Navi Mumbai- 410209
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IMPACT OF SMOKING AND ALCOHOL ON ORAL HEALTH AT VISHWA BALAK KENDRA, NERUL.

Date: 09/06/2025

Venue: SIES Veda Vidya Pitha, NERUL.

Faculty: Dr. Kashmira Kadam, Dr. Pankaj Londhe

Organizing Agency: Department of public health dentistry MGMDCH, NSS unit of MGMDCH

Number of Students attended: 7

Smoking and heavy alcohol consumption significantly impact oral health, increasing the risk of various problems. Smoking elevates the risk of oral cancer, gum disease, tooth loss, and tooth staining. Alcohol can cause dry mouth, enamel erosion, and increased risk of tooth decay and gum disease, especially when combined with smoking. MGM Dental College constantly takes efforts of extending the oral health care to the community. The oral care initiative was also extended to the children at SIES with the intention of providing proper oral health care to the patients.

Aim and Objective:

1. To create awareness about the impact of smoking and alcohol on oral health.
2. To educate children on the effects of smoking and alcohol and its ill effects on overall health.
3. To assess the overall oral health status of the participating individual.
4. To encourage healthy dietary choices that support dental health

METHOD:

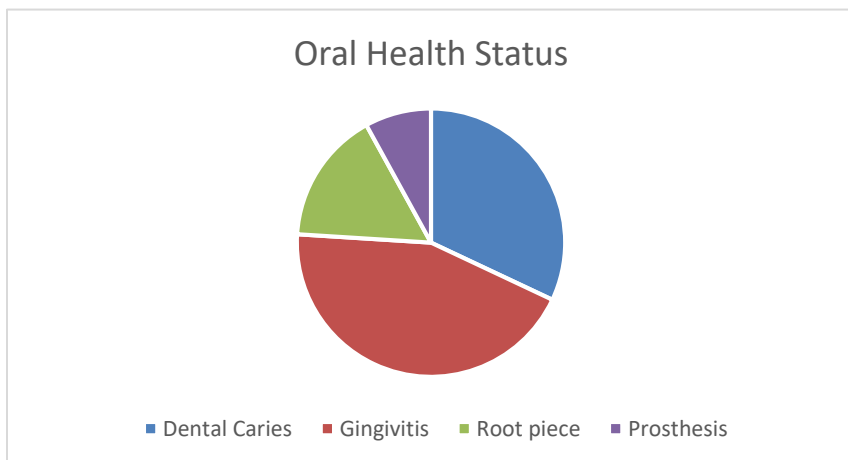
An examination was conducted using tongue depressor to assess their oral health status. Following the evaluation, the patients were provided with information on how to address any identified dental issues. The patients were explained various common oral lesion caused due to use of tobacco with the help of banners and charts. To enhance their understanding about regular visit to a dentist for check-up, engaging videos were shown that illustrated the progression of oral lesions and highlighted preventive measures. Additionally, a demonstration of

proper brushing techniques was conducted using a model, The initiative also included discussions about the importance of regular dental check-ups, further reinforcing the message of comprehensive oral health care.

Observations: A total of 73 individuals were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe

ORAL HEALTH STATUS:

Sr. no.	Oral diseases	No. Of patients	Percentage %
1.	Dental Caries	23	32
2.	Gingivitis	32	44
3	Root Piece	12	16
4.	Prosthesis	6	8



Interpretation and Conclusion:

Many children were initially unaware of the correct flossing technique but showed significant improvement after the session. Hands-on practice helped them gain confidence in flossing independently. The camp successfully reinforced the importance of daily flossing in preventing dental problems. Parents and teachers were encouraged to monitor and reinforce these habits at home. Future camps should be conducted to ensure continuous reinforcement of good oral hygiene habits.



FLUORIDE APPLICATION AT THE
CAMP SITE



ORAL SCREENING DONE AT THE
CAMP SITE

LIST OF ATTENDEES

Sr.no.	Attendees
Name of staff	
1.	Dr. Kashmira Kadam
2.	Dr. Pankaj Londhe
Name of Interns & Students	
3.	Harsha Satpute
4.	Aryan Satikunvar
5.	Khadija Javed
6.	Maheen Ahmed
7.	Ishika Shetty
8.	Tisha Chheda
9.	Khushi Chapherkar