

August 2023 | Issue No. 24

#### Mahatma Gandhi Mission's Dental College and Hospital

KAMOTHE, NAVI MUMBAI.



#Nation First, Always First

## HAPPY INDEPENDENCE DAY

Patrons: Mr. Kamal Kishore Kadam Dr. P.M. Jadhav Dr. Sudhir Kadam Dr. Nitin Kadam

Board of directors: Editor in Chief: Dr. Srivalli Natarajan

Sub-editors: Dr. Sarika Shetty Ifrah Khan, Saloni Bandekar, Sharvari Deshmukh. Every year on 15th August, India celebrates its Independence. It is the golden day that was engraved in the History of India when the Nation became Independent. The theme for this year's celebration is "Nation First, Always First". This theme is in line with the government's focus on national unity and development.The 77th Independence Day is a significant milestone for India. It is a time to reflect on the country's journey since independence and to recommit to the values of freedom, democracy, and equality. It is also a time to celebrate the diversity and unity of the Indian nation.

#### **DEAN'S DESK: Independence Day**

India Independence Day, celebrated on August 15th, is a poignant reminder of the sacrifices made by our forefathers to secure our nation's freedom. It's a day to bask in the warm glow of patriotism and reflect on our diverse heritage that makes India a tapestry of cultures, languages, and traditions.

The fluttering tricolor ignites a surge of national pride within us. This day serves as a reminder that our actions today shape the destiny of our nation tomorrow. Our country's progress hinges upon the responsibility we bear. As students of MGM Dental college and Hospital, you all are the torchbearers of change, tasked with steering India towards a brighter future.

Our diversity is a source of strength. Just as different notes combine to create melodious music, our various cultures harmonize to create the symphony of India. Embracing this diversity cultivates unity and mutual respect. By promoting harmony and understanding, we build a foundation for progress.

As we celebrate Independence Day, let's rekindle the spirit of responsibility. It's not enough to merely wave flags; we must contribute positively. Small actions, like conserving resources, practicing tolerance, and contributing to society, accumulate to create a significant impact.

In conclusion, let this Independence Day inspire us to uphold the values of unity, diversity, and responsibility. By working collectively, and each of us taking charge of our actions, we can weave a tapestry of progress that enriches India's future. Just as our freedom fighters fought for our liberty, let us pledge to work for India's advancement, securing a promising tomorrow for generations to come.

#### **JAI HIND!**

DR. SRIVALLI NATARAJAN DEAN, MGMDCH HOD, ORAL AND MAXILLOFACIAL SURGERY DEPARTMENT

#### **SUB-EDITOR'S SAY : INDEPENDENCE DAY**

Independence Day celebration is special and meaningful because it honours the bravery and passion of the people who battled to free their country from British tyranny. Every year, the Prime Minister raises the flag and addresses the nation from the Red Fort to mark the occasion as one of pride and honour for the nation.

As this day is observed, there is a sense of nationalism and patriotism present in every Indian's heart. On this day, we also experience a feeling of pride and unity in the nation's diversity. India is a country where people of all religions reside alongside each other. It also has a diverse society, a vibrant culture, and a rich history. People are delighted to commemorate this special occasion. Indians are proud of their country, and this strengthens their will to defend the integrity and sovereignty of their country against all dangers.

The dream of our independence would not have been possible without some notable freedom fighters, including Mahatma Gandhi, Netaji Subhash Chandra Bose, Lala Lajpat Rai, Bal Gangadhar Tilak, Sardar Vallabhbhai Patel, Dr Rajendra Prasad, Moulana Abdul Kalam Azad, Sukhdev, Gopal Krishna Gokhale, Lokmanya Bal Gangadhar Tilak, and Chandra Shekhar Az. Every citizen of the nation honours the nation's independence fighters on this day.

> Dr.Sarika Shetty Professor Department Of Perio<u>dontics</u>

#### **FACULTY : INDEPENDENCE DAY**

The significance of Indian Independence Day goes beyond the commemoration of a historical event. It is a day to reaffirm our commitment to democracy, liberty, and justice. It serves as a reminder of the sacrifices made by our ancestors for the freedoms we enjoy today and the responsibility we bear in shaping the future of the nation.

In recent years, Independence Day celebrations have also witnessed technological advancements, with impressive light shows and innovative displays. Additionally, various social and environmental initiatives are often launched on this day to address contemporary challenges facing the nation.

Indian Independence Day is a day of immense pride and significance for the people of India. It marks the end of colonial rule and the beginning of a journey towards self-reliance and self-determination. It is a day to remember our history, celebrate our diversity, and renew our commitment to the ideals of freedom, equality, and justice that our nation stands for. As India continues to progress and evolve, Independence Day remains a poignant reminder of the enduring spirit and resilience of its people.

> Dr Shruti Potdukhe Lecturer Prosthodontics and Crown & Bridge.

# Parents speak Independence Day

India's Independence Day is a very special day for all Indians. Every year on August 15th, we celebrate our freedom from British rule and the birth of our nation. It is a day full of joy, pride, and patriotism. It all started on August 15th, 1947, when India finally gained independence after almost 200 years of British rule. The day is celebrated with great enthusiasm all over the country. People decorate their homes and streets with the tricolor flag and wear traditional clothes. Schools and colleges organize cultural programs, flag-hoisting ceremonies, and singing of the national anthem.

Beyond the celebrations, this day serves as a reminder to strive for continued development, social harmony, and the well-being of all citizens. It resonates with the people, inspiring them to contribute to the nation's growth and uphold the ideals of democracy, equality, sovereignty that the country was built upon.

In essence, India's Independence Day serves as a timeless reminder of the nation's triumphant spirit and the enduring pursuit of liberty and prosperity.

> Dr.Anuradha Reddy Mother of Ashita Reddy

# Industry Academic Collaboration Lecture with Ansel



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### **Monthly Highlights**

# **Organ Donation Drive**



MGM Dental College and Hospital, Navi Mumbai Accredited by NAAC with A++grade National Service Scheme Unit

#### A SESSION ON ORGAN DONATION

BY DR. NILAM GADA DENTAL SURGEON

Date- 3rd August 2023 Time- 11.30am onwards Venue- Dr APJ Abdul Kalam Auditorium, 4th Floor, MGMDCH

YOU DON'T NEED EYES TO SEE IN HEAVEN; SO WHY NOT HELP SOMEONE SEE THE WORLD BEFORE IT'S THEIR TIME TO LEAVE? ORGAN DONATIONS ARE OFTEN VIEWED BY THE MASSES AS GIVING UP A PART OF YOURSELF TO KEEP A TOTAL STRANGER ALIVE. BUT IT IS RATHER THE TOTAL STRANGER GIVING UP ALMOST ALL OF THEMSELVES TO KEEP A PART OF YOU ALIVE. TO INSTILL THIS VIEW OF ORGAN DONATION INTO THE YOUNG MINDS OF THE STUDENTS, THE NSS UNIT OF MGM DCH HAD ORGANIZED A TALK BY DR. NILAM GADA, ON THE OCCASION OF NATIONAL ORGAN DONATION DAY. DR. NILAM GADA TALKED IN DETAIL ABOUT EVERYTHING RELATED TO ORGAN DONATIONS: RIGHT FROM THE WAYS ONE CAN DONATE THEIR ORGANS TO THE LEGALITIES SURROUNDING IT. SHE TALKED IN DEPTH ABOUT HOW ONE SMALL DONATION FROM US CAN CHANGE THE LIFE OF NOT JUST THE PERSON RECEIVING THE DONATION. BUT ALSO OF THEIR FAMILY.

> Dr.Neelam Gada giving a talk on Organ Donation Awareness



#### National Organ Donation Day Pledge





# Clinical Case scenarios in Oral and Maxillofacial Surgery



On 5th August, 2023 The Department of Oral and Maxillofacial Surgery, MGM Dental College and Hospital, Kamothe, Navi Mumbai had organized an event on Clinical case-based discussions. The session comprised of various exciting cases that were one-by-one discussed by multiple faculty members with the interns.

The etiologies, symptoms, treatment plans, etc were talked through and conferred about. The session inspired students to think laterally and more clinically and come up with innovative solutions to the problems presented.



At the end of the program, there was also a post-test conducted that comprised of 20 mcq questions to be answered. Overall the lecture was educative and an informative session well apprehended by all.

## Oral Hygiene Week Celebration : Dept of Periodontology

Oral Hygiene day is celebrated all across India on August 1st to commemorate the 'Birth Anniversary of Dr. G.B. Shankwalkar, the doyen of Indian Periodontology and Founding member of the Indian Society of Periodontology. Starting from 1st august to 14th August ; Dept. Of Periodontology MGM DCH celebrated Oral hygiene day . Dental hygiene awareness Pamplets; Brochures and posters along with fluoridated toothpaste and an environment friendly Bamboo toothbrushes were circulated among the patients.



**GPS Map Camera** 



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## Laser Applications in Dental Practice : Dr.Sana Farista



Department of Periodontology had arranged a professional development program titled, "Laser applications in dental practice" which included live demonstration on diode laser assisted gingival depigmentation surgery by honorable speaker Dr. Sana Farista. Basics of laser was explained in the lecture followed by Live demonstration.



Live Recording of Surgery was played on youtube channel of MGMDCH and it was Screened on Auditorium



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# Field Visit to Pillai College Of Engineering New Panvel.

Department of oral and maxillofacial surgery MGM Dental College and Hospital along with IIC conducted field visit to Pillai College of engineering as a part of AOMSI National trauma Awareness campaign on 10th and 11th August.











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Awareness on Emergency medical treatment; proper Protocol such as helmet wearing ; setbelts was presented by Dr.Sneha and Dr.Ruchita. Students were briefed about scene safety, post accident emergency protocols and maneuver.





# **Anti Ragging Week**





Antiragging programme was held in MGM Dental college and Hospital in view to celebrate

Antiragging week 2023 supported by UGC which is from 12th to 18th August 2023.

The celebration commemorated with introduction of the event and its importance followed by display

of important documentaries issued by UGC. Post then an antiragging seminar was held where the protocols, SOPs and importance of anti-ragging activities was given by Dr. Anjali followed by Dean Dr Srivali Natarajan, throwing light on curbing the ragging activities in all ways and show casting its ill effects.



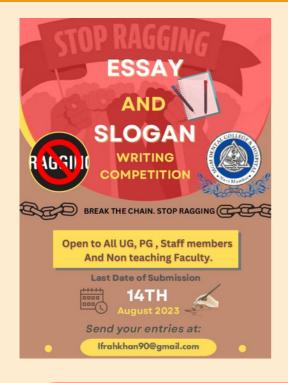








# **Anti Ragging Week**



On the occasion of the Anti-ragging week, the literary club, Kalam had conducted an essay writing and slogan writing competition. The event aimed to promote awareness and discourage ragging within the campus through a series of impactful activities and competitions. The event was a collaborative effort involving students, staff, and non-teaching members. The theme of the competition was "unity against ragging".



ARTVILLE CLUB OF MGM DENTAL COLLEGE , organized a logo and poster making competition from 3rd August 2023 to 14th August 2023.



#### LOGO DESIGN AND POSTER MAKING COMPETITION

Unity Against Ragging: Building Respectful Campuses Together

> Location : MGM DENTAL COLLEGE AND HOSPITAL

> > espes







WINNERS OF THE LOGO DESIGN COMPETITION 1ST PRIZE: RHUTU BORE WINNERS OF THE POSTER MAKING COMPETITION 1ST PRIZE: SUBUDHI DAYADE

ESSAY COMPETITION 1ST PRIZE: Ayesha Khan [Intern]

SLOGAN COMPETITION 1ST PRIZE: SAKSHI GUPTA [1ST YEAR]



The entries were judged by Dr. Sarika Shetty [Professor, Dept of periodontology] and Dr.Ankita Deshmukh [Lecturer, Dept of periodontology]

## Lecture and Demonstration on "Maxillary Sinus Grafting - MSG Index"









The Department of Prosthodontics organised a CDE program on Maxillary sinus grafting -MSG index on 11th August .Dr. Varun Prabhavalkar an esteemed Oral and maxillofacial surgeon and the co-president of Implantathon conducted the lecture and demonstration.

The lecture provided an insight to the selection of appropriate sinus grafting technique based on evaluation of various parameters. A demonstration was also conducted for better understanding of various MSG approaches.

## **Forensic Odontology Workshop**

The Forensic Workshop was conducted at Sion Hospital On 11thAugust for third BDS students and Interns of MGMDCH. An introductory lecture was taken to brief the students about the basics of Forensic Odontology and Its practicality in daily cases.



Students were then taken to the morgue section where Demo was taken by the faculty about Ante mortem and post mortem charting followed by a Hands on Session on Cadavers. It was a very Insightful and great learning experience of Forensic Odontology Session.





## FIXED DENTAL PROSTHESIS TOOTH **PREPARATION, FINAL IMPRESSION AND PROVISIONALISATION**



A lecture on tooth preparation, final impression and provisionalisation in fixed dental prosthesis. A demonstration on tooth preparation on typhodont, final impression using addition silicone and provisionalisation was done.

The Department of Prosthodontics had organised a add on course on Fixed **Dental Prosthesis-Tooth Preparation, Final Impression** and Provisional sation for second year dental students on 18th August.



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Hands on was also performed by the students on typhodont. The course provided the students with an opportunity to learn about tooth preparation and its clinical aspect and helped them gain knowledge.

# **WORLD PHOTOGRAPHY DAY**

MAHATMA GANDHI MISSION DENTAL COLLEGE & HOSPITAL, NAVI MUMBAI Accredited by NAAC with A++

OGRA

PHOTO

COMPETITION

poportunity for aspiring photographers to

IXEL CLUB"

19th Augus

On the occasion of World Photography Day, Pixel club of MGM Dental college and Hospital organized a photography Contest on 19th August; 2023 Photography is an art where every shot tells a story. Unleashing the creative vision and capturing the best shots, students and interns actively **Participated** in this contest





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# **Ganpati Making Workshop**



Eco-friendly shaadu clay Ganpati making workshop was organized by Art club of MGMDCH , Artville on 22nd August,2023 . The workshop was conducted by Dr. Ketan Naik, Orthodontist and master sculptor, UG alumnus of MGMDCH.



# Multidisciplinary Approch in Clinical Geriatric Dentistry



The guest speakers for the programme were Dr. Smita Athavle, Dr. Archana Dhusia , Dr. Asha Narde, Dr. Paresh Gandhi.



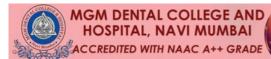
The program helped gain knowledge on the requirement and application of specialised and individualised treatment and considerations. The Department of Prosthodontics organised a CDE program on 22nd August on Multidisciplinary approach in clinical geriatric dentistry



Various aspects of geriatric dentistry from an oral surgeons perspectives, restorative and endodontics considerations in geriatric dentistry were covered.



# ICPA Health Products Industry Academia Collaboration



INDUSTRY ACADEMIA COLLABORATION Institutional Innovation Council MGM Dental College and Hospital

#### ICPA HEALTH PRODUCTS LTD



Date: Wednesday 23<sup>rd</sup> August 2023 Venue :

Lecture hall number 4 , 2<sup>nd</sup> Floor, Annexe building MGM Dental College and Hospital Navi Mumbai Time :

11:00 am to 12:00 pm



Department of Periodontology in association with ICPA Health products Conducted a lecture on their newly launched products. They promoted their Product named Mucofibro.

Mucofibro helps prevent the malignant transformation of precancerous lesions like oral leukoplakia and erythroplakia improves the treatment and also outcomes in precancerous conditions like oral submucous fibrosis (OSMF). The product is a recommended supplementation for improved clinical results in a variety of oral, periodontal and implant surgical procedures.











# **Angel Investment Funding Opportunity**

The institution innovation council counducted a session on angel investment and funding opportunities for early stage entrepreneurs on 25th August . The guest speaker for the session was Mr. Sagar Chandni.





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The session provided valuable information to the students on the organisation , planning, use of resources, communication network that one must build to get an idea off the ground . students got the understanding of the significance and relevance of entrepreneurship and various funding opportunities and various places where one may look for as a funding opportunity in early stage businesses .



Medical Model Mo

# Lecture and Hands-on Workshop on "Separated instrument retrieval"



MGM Dental College and Hospital, Kamothe, Navi Mumbai Department of Conservative Dentistry and Endodontics

#### Presents

Lecture and Hands-on Workshop on "Separated instrument retrieval" (Professional Development program)

28th August 2023 9:00am- 3:00pm

#### COURSE DETAILS:

- Lecture and hands-on experience on Instrument Retrieval using BTR pen which makes the removal of broken dental instruments a predictable, universal and repeatable procedure.
- It is an exclusive dental tool specially designed for dental operators to allow certain grip and safe removal of the broken canal instrument regardless of its position in the canal.



#### SPEAKER DR. PARAS KOTHARI

MDS (Conservative Dentistry and Endodontics)

Key opinion leader for leading international companies like Zeiss (Germany), J. Morita (Japan) and Cerkamed (Poland).





Department of Conservative Dentistry and Endodontics, MGM Dental College and Hospital, Kamothe, Navi Mumbai conducted a professional development program on Instrument Retrieval using BTR Pen for faculty and post-graduate students. The attendees were educated about the materials used and the techniques used for instrument retrieval. The attendees were demonstrated about how to do instrument retrieval on live patient and on handmade models.











## Inaugural Ceremony of Department of Conservative Dentistry And Endodontics



Inaugural ceremony of Department of Conservative dentistry and endodontics along with its Microdentistry Skills Lab took place on 31st August 2023 At MGM Dental College and Hospital. Dignitaries; S.N Kadam Sir; Dean Dr.Srivalli Natarajan Maam ; H.O.D Dr. Sumanthini Maam and Faculty of The Department along with all H.o.d graced the Ceremony.





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## Orientation to Class 2 Composite Restoration with Hands on Workshop







DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS In association with INSTITUTION'S INNOVATION COUNCIL

Orientation to Class II Composite Restoration with Hands – On for Beginners -An Industry Academia Collaboration

SPEAKER: DR. TASNEEM SHAIKH DATE: 30<sup>TH</sup> & 31<sup>ST</sup> AUGUST 2023 TARGET AUDIENCE: II BDS STUDENTS REGISTRATION: FREE



#### - In collaboration with Science. Applied to Life."

Department of conservative dentistry and endodontics organized composite restoration workshop on 30 and 31st August for 2nd Bds students. Speaker Dr.Tasneem Shaikh took Lecture on composite , where all the basics were covered. On 31st August; Demonstration was followed by Hands on composite by Second BDS students on their typhodonts. The goal of this session was to have an early orientation to composite restoration.





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# Achievements



Rhea D'cunha Intern Recipient of Pierre Fauchard Academy Award 2023



Dr.Vineet Vaman Kini [H.O.D Dept. of periodontology] Recieved International Best Researcher of the year Award By ASIA RESEARCH AWARDS



# **CREATIVE BRAINS**

# Legacy of freedom

The sparrows flocked in the sky, And sat upon those graves, Which had fought violence without a cry, And fell to the ground untamed and brave. For freedom was a legacy that they passed on A legacy that took every ounce of blood and sweat, The sky still rumbles with pride and mourn, And the melancholic songs of their valor are sung with eyes wet.

> -Devashree Kamble 3 BDS

# **CREATIVE BRAINS**

Anti-ragging initiatives play a pivotal role in fostering a safe and inclusive environment within educational institutions. Ragging, often considered a tradition, has caused immense harm to countless students. It involves various forms of harassment, such as physical, verbal, and emotional abuse, which can lead to severe consequences, both physically and mentally.

To address this pressing issue, educational institutions have taken significant steps to curb ragging. They have implemented strict anti-ragging policies and established committees to monitor and prevent such incidents. Awareness programs are conducted to educate students about the detrimental effects of ragging and the importance of creating a respectful and welcoming atmosphere.

Counseling sessions are also provided to both freshers and seniors to foster understanding and empathy. Students are encouraged to report any incidents anonymously through helplines or online platforms, ensuring confidentiality and safety.

Anti-ragging initiatives aim to transform seniors' roles from aggressors to mentors. By promoting positive interaction and camaraderie between seniors and juniors, such initiatives create an environment conducive to academic and personal

#### growth.

The impact of anti-ragging measures is far-reaching. They not only protect the physical and mental well-being of students but also enhance the overall educational experience. Students feel more confident, secure, and focused on their studies, resulting in improved academic performance.

In conclusion, anti-ragging initiatives are indispensable in shaping a positive and nurturing educational environment. By fostering respect, empathy, and responsibility, these measures contribute to the holistic development of students and ensure that educational institutions become spaces for growth, learning, and mutual support.

> Ayesha khan Intern

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## **Artists of MGM**





# HERE IS "LIFE"



# Ifrah khan

Intern 🟠

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## QUOTES OF THE MONTH

HAPPINESS IS WHEN WHAT YOU THINK, WHAT YOU SAY, AND WHAT YOU DO ARE IN HARMONY." - M.K. GANDHI



"DON'T SEE OTHERS DOING BETTER THAN YOU, BEAT YOUR OWN RECORDS EVERYDAY, BECAUSE SUCCESS IS A FIGHT BETWEEN YOU AND YOURSELF." -CHANDRA SHEKHAR AZAD

> WE WANT DEEPER SINCERITY OF MOTIVE, GREATER COURAGE IN SPEECH AND EARNESTNESS IN ACTION" - SAROJINI NAIDU



NEVER STOP FIGHTING UNTIL YOU ARRIVE AT YOUR DESTINED PLACE - THAT IS, THE UNIQUE YOU. HAVE AN AIM IN LIFE, CONTINUOUSLY ACQUIRE KNOWLEDGE, WORK HARD, AND HAVE PERSEVERANCE TO REALISE THE GREAT LIFE. -APJ ABDUL KALAM