

DECEMBER 2023 | Issue No. 28

# Mahatma Gandhi Mission's Dental College and Hospital

KAMOTHE, NAVI MUMBAI.

## अपनी खबर



# WORLD AIDS DAY



In today's age, especially in Indian society HIV/AIDS is entangled with various social issues. Stigma and discrimination towards individuals living with the virus remain pervasive, hindering testing and treatment. Lack of awareness can perpetuate misconceptions, while unequal access to healthcare aggravates disparities. Societal attitudes, cultural norms, and inadequate sex education contribute to the challenges. Addressing these social issues is integral to fostering a supportive environment, improving prevention efforts, and enhancing the overall well-being of those affected by HIV/AIDS.

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## DEAN'S DESK: WORLD AIDS DAY

Doctors are frontline advocates in the battle against HIV/AIDS, they emphasize the significance of awareness to curb the epidemic of medical and social stigma. For this purpose, public education becomes paramount in dispelling misconceptions, reducing stigma, and encouraging timely testing. Physicians play a pivotal role in disseminating accurate information, fostering a compassionate community, and promoting understanding of the virus. By advocating for comprehensive sex education, they address societal attitudes that contribute to the spread of HIV/AIDS. Accessible healthcare and support services are essential components, ensuring that individuals can manage the virus effectively. From a doctor's standpoint, enhancing social awareness not only aids in prevention but also in creating an inclusive environment that supports those affected, ultimately contributing to a healthier society.



DR. SRIVALLI NATARAJAN  
DEAN, MGMDCH  
HOD, ORAL AND MAXILLOFACIAL  
SURGERY DEPARTMENT

## SUB-EDITOR'S SAY : WORLD AIDS DAY

The need for social awareness of HIV/AIDS in India is paramount due to various factors. First, widespread misinformation and misconceptions persist, leading to stigma and discrimination against individuals living with the virus. Second, cultural taboos surrounding sex hinder open conversations and awareness. Third, the vast population diversity demands tailored educational approaches to reach different communities effectively. Fourth, inadequate healthcare infrastructure and limited access to information exacerbate the challenges. Finally, India bears a significant HIV burden, necessitating a collective effort to promote preventive measures, testing, and destigmatization. Social awareness is the linchpin for breaking down barriers, fostering inclusivity, and creating a nationwide movement to address the HIV/AIDS epidemic comprehensively.



DR. SARIKA SHETTY  
PROFESSOR,  
DEPARTMENT OF PERIODONTICS



## FACULTY : WORLD AIDS DAY

From a dentist's perspective, advocating for social awareness of HIV/AIDS in India is imperative for several reasons. Oral health is often intertwined with systemic well-being, and HIV/AIDS can manifest in oral manifestations.

Dentists are positioned to educate patients about the oral implications of the virus, emphasizing the importance of regular dental check-ups as part of overall health maintenance. Moreover, destigmatizing HIV/AIDS is essential to ensure that individuals feel comfortable seeking oral healthcare without fear of discrimination. By actively participating in awareness campaigns, dentists contribute to a holistic approach that integrates oral health into the broader context of public health, ultimately fostering a more informed and compassionate society.



**Dr Aishwarya Patil**  
**Tutor, Department of Periodontics**

## Parents speak: WORLD AIDS AIDS

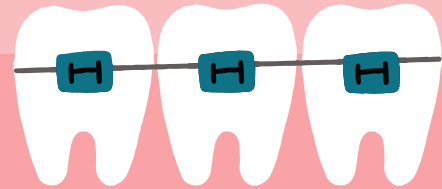
भारत में, महामारी में योगदान देने वाली लगातार चुनौतियों के कारण एचआईवी/एड्स के बारे में सामाजिक जागरूकता को बढ़ावा देना जरूरी है। कलंक और गलत सूचनाएं वायरस को घेरे हुए हैं, रोकथाम के प्रयासों में बाधा डाल रही हैं और परीक्षण को हतोत्साहित कर रही हैं। सांस्कृतिक वर्जनाएं इस मुद्दे को बढ़ाती हैं, जिससे सुरक्षित प्रथाओं के बारे में खुली बातचीत में बाधा आती है। जनसंख्या की विशाल विविधता विभिन्न समुदायों तक प्रभावी ढंग से पहुंचने के लिए लक्षित शिक्षा की मांग करती है। सीमित स्वास्थ्य देखभाल पहुंच और बुनियादी ढांचा महामारी से व्यापक रूप से निपटने में अतिरिक्त बाधाएं पैदा करता है। भारत पर एचआईवी का भारी बोझ है, इसलिए इस वायरस के खिलाफ एकजुट होने की जरूरत है। सामाजिक जागरूकता अभियान मिथकों को दूर कर सकते हैं, कलंक को कम कर सकते हैं, और व्यापक परीक्षण को प्रोत्साहित कर सकते हैं, एक ऐसे समाज को बढ़ावा दे सकते हैं जो एचआईवी/एड्स से उत्पन्न चुनौतियों को रोकने, प्रबंधित करने और अंततः दूर करने के लिए बेहतर ढंग से सुसज्जित है।

**Rafat Shaikh**  
**Mother Of Samra**



# ORTHODONTICS WORKSHOP FOR UG STUDENTS

**The department of Orthodontics and Dentofacial orthopaedics, MGM held a lecture on “Flow of thermoplastic material in orthodontic appliance followed by hands-on session for intra-oral scanning, 3D printing and aligner designing**



# SEMINAR ON FUNDAMENTALS OF ALIGNER BIOMECHANICS FOR PG STUDENTS



**The Department Orthodontics and Dentofacial orthopaedics ,MGMDCH held a lecture by Dr Ganesh Gautam on “Fundamentals of Aligner biomechanics” for the post graduate Orthodontic students**



# PUBLIC SKIT FOR AIDS AWARENESS



**The literary committee of MGMDCH planned a skit performance in the OPD area of MGMDCH to raise awareness among patients about HIV with the theme ‘Breaking barriers, Building support’**





## Monthly Highlights

# GUEST LECTURE BY DR MAMATHA LALA AND GENDER SENSITIZATION PROGRAM



**The literary committee and MGMDCH invited Dr Mamatha Lala for a guest lecture. She is a paediatric HIV specialist who has also achieved immense experience in a wide array of fields. She is a highly motivating person who is also a shining beacon for women empowerment. She is an immensely inspiring person and the students and faculty attending the lecture were mesmerised by her story. She was felicitated with a poem written by the literary head**



# IIC PRESENTATION COMPETITION: SUSTAINABLE ENERGY



**The MGMDCH's  
INNOVATION COUNCIL,  
On occasion of  
NATIONAL ENERGY  
CONSERVATION DAY  
on  
14th DECEMBER 2023  
held a Paper  
Presentation  
Competition.  
The  
Topic was: Innovative  
ideas for energy  
conservation in daily  
life/dentistry**

# FRESHERS FOR FIRST YEAR UNDERGRADUATES



**The CWC along with the staff incharges planned a Fresher event for the newly inducted first years**



## MOVIE SCREENING: WHO KILLED GANDHI?

**MGMDCH invited Mr Tushar Gandhi for a movie screening of WHO KILLED GANDHI? The event was attended by all MGM trustees along with our Dean, Dr Srivalli Natarajan. This was followed by a discussion session**



## **GUEST VISIT BY MR. TUSHAR GANDHI AND CHARKHA EVENT**



**Mr Tushar Gandhi visited the MGM Gandhi centre along with other dignitaries where they were also shown the working of the Charkha by students**



# MGM OLYMPICS IN MGM AURANGABAD

**The students of MGMDCH participated in the MGM OLYMPICS 2023 indoor and outdoor sports matches, which was organized by MGM Aurangabad from 11 December to 13 December. The students returned with numerous wins under a wide array of sports categories**



## Champion Trophy Winner



# MGM OLYMPICS IN MGM AURANGABAD

**400m running Boys**  
2nd position - Mihit Kankariya  
3rd position - Prasad Gharge



**Kabaddi**  
3rd position



**Swimming Boys**  
2nd position - Ishan Birar (50m breaststroke)  
3rd position - Ishan Birar (50m backstroke)



**Badminton boys**  
1st position



**Basketball Boys (2nd position)**



**Basketball**  
1st position



**Badminton**  
2nd position



# VISIT TO IIT MUMBAI- BETIC

**MGMDCH's Institutional Innovation Council planned and executed a visit to the IIT Mumbai's BETI Center.**

**The students and faculty members were invited to the field visit to the pre incubation units such as Ideas Lab, Maker's Lab and Design center.**

**A group of 15 faculty members and students from MGMDCH presented their research ideas in which the BETIc showed interest and scheduled follow up meetings making it a successful visit**





# **RECOGNITION OF MGMDCH AS A SIRO CENTER**

**In December, Mahatma Gandhi Mission Dental College & Hospital, Navi Mumbai's application to be recognised as a SIRO center was approved by the Scientific and Industrial Research Organisation (SIRO) by the Department of Scientific and Industrial Research under the Scheme on Recognition of Scientific and Industrial Research Organisations (SIROs), 1988.**

**The honour was granted only after a detailed inspection of the campus and working of the college was carried out by the SIRO officials which MGMDCH passed with flying colours**

# RESEARCH METHODOLOGY WORKSHOP



**Basic Research Methodology workshop conducted by Department of Public Health Dentistry in affiliation of with Maharashtra University of Health Sciences, Nashik for post-graduate students and faculty member. It was attended by enternal members. from different colleges as well**



# AWARDS / ACHIEVEMENTS



**Dr Deeksha Shetty was awarded first place For securing the FIRST PLACE in Scientific Poster Presentation during the Global Medical Affairs Conference- 2023 organized by Renovare Healthcare Solutions on 16th December 2023 at D. Y. Patil University, School of Medicine, Nerul.**

# CREATIVE BRAINS

## **A CHRISTMAS WISH**

Finally, the day had come. 7 year old Vini had been waiting for Christmas Eve since almost 2 months. The women in her neighbourhood had told her about Christmas. “Santa will gift you whatever you wish for , if you be a good girl, so don’t trouble your mother by asking who your father is” they all used to say and chuckle among themselves . Poor Vini never really understood what they meant, but the part where she would be gifted whatever she wanted had already gripped her. She told her mother excitedly about how she wanted to see Santa, and how she wanted to have her hair oiled and combed before going in front of him so that she can look as the most innocent and the most obedient of all children in the entire area. Her mother , Sulekha , gave a crooked smile, patted Vini on her back and continued to eat her meal. Vini thought she saw her mother’s eyes water , but before she could say anything, Mohini, the eldest and most respected women in the entire area barged in the room , and ordered her mother to go quickly because a special client was waiting for her, and Sulekha hurriedly had left, leaving Vini all alone, who was already making plans of showing off her gift in front of the other girls of the area. That night she had slept with a smile on her face. The next morning, as the courier man made his way towards the infamous red-light area of the city, his face was of that confusion and reluctance, as if he hadn’t visited the place as a customer , completely drunk just 10 days back. He made his way towards building number 11, dropped the courier and left hurriedly. Sulekha was there, she remembered him, he was the one who had been hurling abuses at one of her friends because he thought that she was too ‘expressionless’. As Vini opened her eyes , a pink colour teddy bear was kept right by the bed. She sprung up in excitement. “ Maa, Santa had come! Santa had come! I was sleeping Maa, did you see him? Sulekha smiled and hugged Vini, and a sudden pain shot through her back. It was the wound, it was still fresh. She had been hit thrice by a belt by Mohini’s accomplice, that was what it had taken for her to finally convince Mohini to let her order a gift, to fulfill her daughter’s Christmas wish.

*-Swayam Aundhkar*

*First BDS*

# CREATIVE BRAINS

## One Of You

I am in a crowd yet so alone,  
Am an object of pity?  
Or to be left in a place forlorn?  
I tell my heart to be gritty.  
Don't be so distant that I can only hear my  
breath,  
Don't leave me be lest you were  
to be harmed,  
Worry not my friend cause  
I'm to face death,  
But I fear to lose the life which I wish  
would have been charmed.  
I write this rhyme to  
make you learn,  
That I'm neither plagued nor cursed,  
It is your love and care that I yearn,  
By impending times I'm cradled and  
nursed.

~ Krutika Rangnekar

# Artists of MGM



**Aqsa Javed  
Intern**



**Drishti Soni  
2 BDS**



**Geeta Singh  
1 BDS**

# QUOTES OF THE MONTH

**1. "In the face of adversity, resilience becomes our greatest strength."**

**2. "Change is the only constant; adaptability is the key to progress."**

**3. "Unity in diversity: a timeless principle for building a stronger, more inclusive world."**