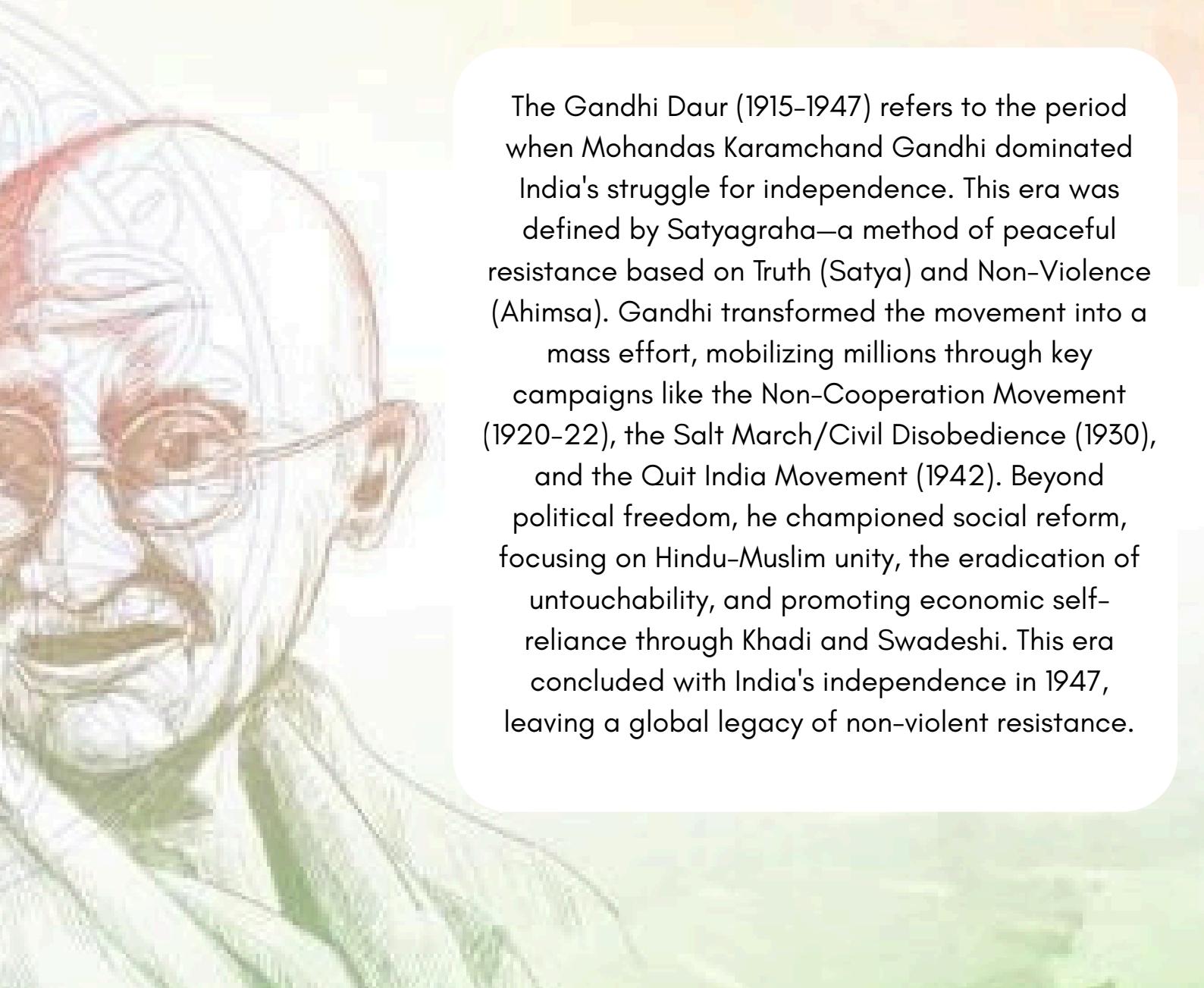




अपनी खबर

# GANDHI DAUR



The Gandhi Daur (1915–1947) refers to the period when Mohandas Karamchand Gandhi dominated India's struggle for independence. This era was defined by Satyagraha—a method of peaceful resistance based on Truth (Satya) and Non-Violence (Ahimsa). Gandhi transformed the movement into a mass effort, mobilizing millions through key campaigns like the Non-Cooperation Movement (1920–22), the Salt March/Civil Disobedience (1930), and the Quit India Movement (1942). Beyond political freedom, he championed social reform, focusing on Hindu–Muslim unity, the eradication of untouchability, and promoting economic self-reliance through Khadi and Swadeshi. This era concluded with India's independence in 1947, leaving a global legacy of non-violent resistance.

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# Dean's desk : Gandhi Daur

Dear Students, Esteemed Faculty, and Dedicated Staff,

On the auspicious occasion of Gandhi Jayanti, a day commemorating the birth of Mahatma Gandhi and observed globally as the International Day of Non-Violence, I extend my warmest wishes to the entire MGMDCH community.

Our institution, named in honor of the Mahatma, is built upon the very foundation of service to humanity. For us, Gandhi Jayanti is not just a reminder of history, but a profound commitment to integrating his core values—Truth (Satya), Non-Violence (Ahimsa), and Universal Upliftment (Sarvodaya)—into the ethical practice of dental medicine.



DR. SRIVALLI NATARAJAN,  
DEAN MGMDCH,  
HOD- DEPARTMENT OF ORAL AND  
MAXILLOFACIAL SURGERY

# Subeditor's say : Gandhi Daur

Dear Readers,

As the world pauses on October 2nd to observe Gandhi Jayanti, we turn our gaze inward to reflect on the man whose philosophy continues to resonate deeply within the walls of MGMDCH.

Mahatma Gandhi gifted us not just political freedom, but a blueprint for ethical living. His principles of Satya (Truth) and Ahimsa (Non-Violence) are not relics of history; they are living guidelines for every student, doctor, and researcher in our healthcare community.

In our mission to heal and serve, we find the truest embodiment of his ideal: Sarvodaya (Welfare of All). Every accurate diagnosis, every act of compassionate care, and every community outreach effort is a step in realizing Gandhi's dream of an uplifted society.

This year, let us commit to being the agents of change he advocated. Let our words in this newsletter be truthful, our actions in the hospital be non-violent, and our purpose always be service.

Happy Gandhi Jayanti.



DR. SARIKA SHETTY, PROFESSOR,  
DEPARTMENT OF PERIODONTICS

# Faculty's say: Gandhi Daur

Dear Students and Colleagues,

As faculty, the observance of Gandhi Jayanti is a powerful moment to reaffirm our foundational commitment. The Mahatma's core principles—Truth (Satya) and Non-Violence (Ahimsa)—are not abstract ideals; they are the bedrock of clinical ethics and academic integrity at MGMDCH. We strive to embed the pursuit of intellectual honesty in every research endeavor and the practice of compassionate, empathetic care in every interaction with a patient. Our role is to ensure that future dental professionals understand that their specialized skill must be guided by the greater principle of Sarvodaya (the welfare of all). Let us commit ourselves anew to teaching and living these values, ensuring that our institution's name truly reflects the spirit of service and ethical leadership.



DR. PRADNYA KORWAR , LECTURER,  
DEPARTMENT OF ORTHODONTICS

# Inauguration of Ekam Committee



The Mahatma Gandhi Mission's Dental College and Hospital, Kamothe, accredited with NAAC "A++" grade, organized the inauguration of the EKAM Committee in collaboration with the Gandhi Centre to mark the occasion of Gandhi Jayanti. The event was held under the theme "**EKAM: A Step Towards Service with Purpose.**"

The program commenced with an inspiring **inaugural ceremony** that emphasized the values of Mahatma Gandhi and the importance of community service in nation-building.

The **chief speakers** for the event, **Ms. Savitha Rao and Mr. Bhatu Sawant**, shared their insights on the essence of volunteerism and youth participation in social welfare. Their talks on "**Power of Youth in Building Viksit Bharat**" and "**Volunteering: A Pathway to Responsible Citizenship**" motivated students to take active steps towards meaningful community engagement.

As part of the celebration, the college hosted a three-day **flea market**, where various NGOs participated and sold their handmade and sustainable products. The event aimed to promote social entrepreneurship and provide a platform for NGOs to showcase their initiatives, aligning perfectly with the spirit of Gandhi Jayanti – self-reliance and service.

The inauguration of the EKAM Committee marked a new chapter in the college's ongoing efforts to foster social responsibility among students. The event concluded with a vote of thanks, appreciating the efforts of all participants, guests, and organizers who contributed to making the celebration a memorable and inspiring one.

# Gandhi Jayanti Celebration

## Celebrating the Mahatma:

A Day of Harmony and Nation, Mahatma Gandhi, and reaffirming our commitment to his principles of peace, non-violence, and self-reliance. The day was marked by poignant tributes and community engagement, fostering a deep connection to the values Gandhi championed.

## A Floral Tribute to Ahimsa & Bhajan Performance by :

The day commenced with a heartfelt ceremony at the campus foyer. Staff and students gathered to pay their respects, where the majestic statue of Mahatma Gandhi was adorned with a beautiful flower garland. This simple yet powerful gesture symbolized our enduring reverence for his life's work and his tireless pursuit of truth (Satya) and non-violence (Ahimsa). The Soulful Harmony of Bhajans adding a serene and reflective layer to the observance, the campus's Musical Strings group delivered a moving performance of Gandhian Bhajans. Their soulful rendition created an atmosphere of tranquility. The harmony of the strings truly resonated with the spirit of peace.

## Charkha Spinning Session:

The main event showcasing the spirit of self-reliance was the interactive Charkha Spinning Session. Organized collaboratively by the Gandhi Centre and the Ekam Committee, this session brought the community together to experience the simplicity and power of the handloom. We were honored by the enthusiastic participation of our respected Dean, Dr. Srivalli Natarajan, who joined staff and students in trying their hand at the spinning wheel. The session served as a practical reminder of the Swadeshi movement, encouraging economic self-sufficiency and the dignity of labor. It was a beautiful display of inter-generational learning and collaboration, linking our modern campus community directly to Gandhi's vision for a self-reliant India.



# Charkha Spinning Session

The Gandhi Centre, in dynamic collaboration with the Ekam Committee, hosted a truly unique and enriching three-day Charkha Spinning Session.

More than just an activity, this event was a hands-on celebration of heritage and self-reliance, inviting all college students to step away from the screen and into the rhythm of the spinning wheel.

## Embracing the Charkha

For three consecutive days, the atmosphere at the Gandhi Centre was alive with the gentle whirring of the charkha. Students from every corner of the college eagerly learned the delicate art of spinning, connecting with the history and philosophy symbolized by the wheel.

The session was a resounding success, fostering interdisciplinary connection and providing a peaceful, meditative experience. Participants left not only with a few yards of self-spun yarn but also with a deeper appreciation for the principles of 'Swadeshi' (self-sufficiency) championed by Mahatma Gandhi.



# Debate Competition



## Visions of Sarvodaya Explored:

Literary Committee Hosted an Inspiring Debate. The Mahatma Gandhi Mission's Dental College & Hospital marked Gandhi Jayanti with an energetic and thought-provoking Debate Competition titled "Gandhi Daur." Held in the A P G Abdul Kalam Auditorium, the event was a collaborative success between the Literary Committee, the Ekam Committee, and the Gandhi Centre. Students were challenged to **"Think SMART, Speak LOUD!"** as they passionately argued on the compelling topic: **"Is Gandhi's Vision of Sarvodaya (Welfare of All) Achievable in Today's Society?"** The participants showcased excellent research and rhetorical skills, presenting diverse perspectives on the practical relevance of Gandhian philosophy in the modern world. The competition fostered a spirit of intellectual discourse and paid a fitting tribute to Mahatma Gandhi's enduring legacy.



# Visit to All is Well Old Age Home



The **Gandhi Centre** and the **Ekam Committee** successfully organized a visit to the All Is Well Old Age Home, and the residents' faces were alight with joy!

The collaborative efforts of our **College Working committee** truly captivated the elders. The **Musical Strings Committee** delivered a **lively performance** that had many residents tapping their feet, singing along, and enjoying a moment of pure, uplifting nostalgia. Following the music, the **Literary Committee** hosted an engaging **reading session** where residents actively participated, sparking thoughtful conversations and sharing moments of reflection.

Beyond the lovely entertainment, the day included a crucial element of care: a **dental check-up**, ensuring the elders received practical health support.

It was evident in the bright smiles and enthusiastic engagement that the elders thoroughly enjoyed the visit. This inter-generational effort reinforced the value of shared community and brought significant cheer to the residents.

# Soft Toy Donation Drive

In the true spirit of Gandhiji's message of compassion and service, the EKAM Committee (CWC) of Mahatma Gandhi Missions Dental College and Hospital, Kamothe – Navi Mumbai, joined hands with the Pagaria Foundation to spread joy through a heartwarming initiative – the Soft Toy Donation Drive.

The foyer area of MGM Dental College and the Poshan Canteen at MGM Medical College buzzed with kindness and color as students, faculty, and staff came together to donate soft toys for underprivileged children.

The campaign's motto – "Give a Plushie, Make Someone Smile" – perfectly captured the spirit of giving that filled the campus. Each donated toy represented a small act of love, destined to bring comfort and happiness to a child in need.

As part of the Gandhi Daur, commemorating the birth anniversary of Mahatma Gandhi, this initiative reminded everyone that even the simplest gestures can create ripples of joy and compassion.



# Cleanliness Drive at Uran Beach

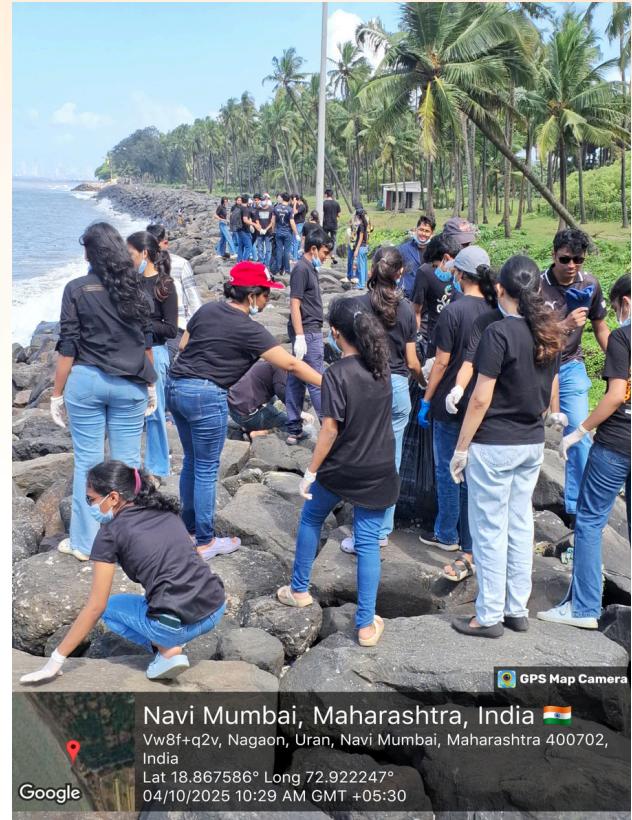
## NSS Unit Removes 200 kgs of Waste in Major Cleanliness Drive at Uran Beach

The **NSS Unit** of MGM Dental College and Hospital, Navi Mumbai, successfully executed an impactful Cleanliness Drive at Uran Beach as part of the **Swachh Bharat Abhiyan initiative**.

The event saw 80 NSS volunteers, faculty, and local residents dedicated four hours (8:00 a.m. to 12:00 noon) to the conservation effort. Working systematically across the shore, participants collected large quantities of plastic and non-biodegradable debris.

In total, approximately 200 kilograms of waste was collected and handed over for proper municipal disposal.

The drive concluded with all volunteers taking a pledge to uphold environmental responsibility, powerfully demonstrating the unit's commitment to a cleaner, greener environment. The NSS Unit extends thanks to the Uran Municipal Council and local residents for their support.



# Field Visit to ICT, Mumbai



A productive meeting was held between a delegation from MGM Dental College, including Dr. Niharika, Dr. Kamlesh, Dr. Shraddha, and Dr. Kanchan, and Dr. Prajakta Dandekar Jain of the Institute of Chemical Technology (ICT), Matunga, to establish a comprehensive research partnership in the field of oral health and dental sciences. The collaboration extends beyond oncology to leverage ICT's advanced engineering and pharmaceutical expertise across various dental disciplines.

The collaboration aims to integrate ICT's core strengths in advanced bio-engineering and pharmaceuticals to develop innovative dental therapeutics. The visit included a detailed discussion on ongoing PhD projects from ICT students, highlighting advanced topics such as 3D printing for developing "**Organ-on-Chip**" (OOC) models (like lung-on-chip and skin-on-chip), nanoparticles for drug delivery, and biopharmaceutical research.

The partnership will specifically adapt this expertise to create sophisticated preclinical OOC devices tailored to study the oral microenvironment for conditions like periodontal disease, pulpal regeneration, and wound healing. Furthermore, research will explore the application of nanotechnology to develop smart biomaterials for dental implants and targeted drug delivery systems for treating oral precancerous lesions and various infectious diseases within the oral cavity. The MGM team also toured **Dr. Dandekar Jain's laboratory** to understand the cutting-edge machinery and capabilities. This multidisciplinary approach will support MGM Dental College's clinical studies by facilitating the development of innovative materials and therapeutics in oral surgery, prosthodontics, and oral medicine.

The primary goal of the collaboration is to leverage ICT's expertise in biomaterials, 3D bioprinting, and nanomedicine—which are crucial for creating advanced preclinical models and novel drug delivery systems—to enhance the diagnosis, prognosis, and therapeutic strategies for oral cancer. This interdisciplinary approach aims to bridge clinical data from MGM with the technological prowess of ICT. The institutions are now planning a reciprocal visit to MGM Dental College and are moving forward with a Memorandum of Understanding (MOU) or Confidential Disclosure Agreement (CDA) to ensure the smooth, formalized functioning of this critical joint research initiative.

# Time Management by Bhaktivedanta Vidyarthi Sangh



Effective time management plays a pivotal role in personal and academic success. In today's fast-paced world, students often struggle to balance multiple responsibilities, leading to stress, procrastination, and burnout. The Counselling Committee of MGM Dental College & Hospital organised a session on "**Time Management**" in association with **Bhaktivedanta Vidyarthi Sangh**

(a student organization devoted to building principle-centered, cheerful, and responsible leaders by blending character with competence) to help students develop the skills to prioritize tasks, maintain focus, and cultivate a balanced lifestyle through a value-based approach.

The session was conducted by **Anand Murari Das**, currently **Vice President, ISKCON Kharghar Navi Mumbai Bhaktivedanta Vidyarthi Sangh (BVS)**. The Sangh emphasizes moral, spiritual, and emotional education to complement academic excellence and prepare youth to become future leaders.

During the session, the speakers highlighted practical strategies to manage time effectively, including the importance of planning, setting goals, and overcoming distractions. Students were encouraged to introspect on their daily routines and identify unproductive patterns. The session also focused on aligning time management with inner discipline, mindfulness, and ethical values as taught in Vedic wisdom.

# Inauguration of PRISM

The inauguration of the “Photomedicine: Reinventing Immune System Modulation” (PRISM) program was successfully held at the Dr. APJ Abdul Kalam Auditorium, MGM Dental College and Hospital, Navi Mumbai. The ceremony was distinguished by the presence of **Dr. Pankaj Chaturvedi, Director of ACTREC, and Dr. Sudhir Kadam, Honorable Medical Director.**

The program commenced with a formal Introduction, followed by **Dr. Shakti Upadhyay's** presentation on the **Vision and Objectives of PRISM**. A traditional Lamp Lighting and Invocation ceremony took place, after which Dr. Srivalli Natarajan, Dean of MGM DCH, delivered the formal Welcome address. The speaking session featured **Dr. Sudhir Kadam**, who shared “**Pearls of Wisdom: The Way Forward**”, and **Swami Yogapratha Saraswat**, who presented on “**Exploring Yoga and Cancer**”. The keynote address was given by **Dr. Pankaj Chaturvedi**, focusing on “**360° care in Oral cancer**”.

A major highlight was the inauguration of the PRISM Centre of Excellence at 6th Floor, marked by a ribbon-cutting ceremony performed by the dignitaries.



# Extension Activities

SR NO	DATE	CAMP SITE	No. Of beneficiaries
1.	01/10/2025	UPHC 12 TALOJA phase 2	25
2.	01/10/2025	ANC camp MGM Medical college & Hospital Kamothe	17
3.	03/10/2025	ANC camp MGM Medical college & Hospital Kamothe	16
4.	04/10/2025	Dayanand Vedic school, Mulund	104
5.	04/10/2025	UPHC 11 Khanda Colony	10
6.	04/10/2025	Cresent English School Mumbra	133
7.	04/10/2025	Radiant English High school Mumbra	129
8.	04/10/2025	Udaan India Foundation, Vikhroli	150
9.	06/10/2025	ANC camp MGM Medical college & Hospital Kamothe	11
10.	08/10/2025	ANC camp MGM Medical college & Hospital Kamothe	15

# Extension Activities

11.	08/10/2025	TBR Animedh Charitable trust, Andheri	112
12.	09/10/2025	ZP School Rasayani ( Washivalli, Isambe, Talavli, Khopari, Sarang )	188
13.	10-10-2025	Girija old age kharghar	4
14.	10/10/2025	ANC camp MGM Medical college & Hospital Kamothe	25
15.	12/10/2025	Shreee Ballaleshwar Temple Centre Pali	13
16.	13/10/2025	ANC camp MGM Medical college & Hospital Kamothe	31
17.	13/10/2025	Sau. Shakuntala ramsheth takur school , Ulwe	258
18.	14/10/2025	ZP School Rasayani ( Warad, Chouk, Kaire)	139
19.	15/10/2025	ANC camp MGM Medical college & Hospital Kamothe	19
20.	16/10/2025	Shri Narayan Baba Charitable Trust, Panvel	14

# Extension Activities

21.	17/10/2025	<b>ANC camp MGM Medical college &amp; Hospital Kamothe</b>	29
22.	26/10/2025	<b>Shreee Ballaleshwar Temple Centre Pali</b>	8
23.	27/10/2025	<b>ANC camp MGM Medical college &amp; Hospital Kamothe</b>	12
24.	29/10/2025	<b>ANC camp MGM Medical college &amp; Hospital Kamothe</b>	19
25.	30/10/2025	<b>Shri Narayan Baba Charitable Trust, Panvel</b>	19
26.	30/10/2025	<b>Khopoli</b>	88
27.	31/10/2025	<b>ANC camp MGM Medical college &amp; Hospital Kamothe</b>	26

# Quotes of the Month

A non-violent soldier of freedom will covet nothing for himself, he fights only for the freedom of his country.

—Mahatma Gandhi

Truth alone will endure, all the rest will be swept always in the tide of Time.

— Mahatma Gandhi

I believe that in the history of the world, there has not been a more genuinely democratic struggle for freedom than ours.

— Mahatma Gandhi