

# World Heart Day Celebrated with Dept of Cardiology, MGM Medical College, NM

**Date:** 29th September, 2022

**Venue:** MGM Hospital auditorium.

**Organizer:** Department of Cardiology, MGM Medical College & MGMSBS, NM

**Beneficiaries:** Patient families, Students, Non Teaching Staff of MGM



**MGM INSTITUTE OF HEALTH SCIENCES, KAMOTHE**  
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**DEPARTMENT OF CARDIOLOGY**  
MGM Hospital, Kamothe, Navi Mumbai

INVITES YOU FOR  
“PATIENT AWARENESS PROGRAM”  
ON THE OCCASION OF  
“**WORLD HEART DAY**”  
29th september 2022  
Venue: Seminar Hall, 2nd Floor, MGM Hospital, Kamothe Time : 11 am to 12 pm

World Heart Day 2022 theme  
**USE ♥ FOR EVERY ♥**

**OUR 2022 CAMPAIGN KEY MESSAGE**  
On 29 September, World Heart Day will be an opportunity to raise awareness in the public and encourage people to take steps to prevent heart and circulatory disease. Healthy lifestyles can help prevent or reduce the risk of heart disease in every leading heart.

**MAKE THE CAMPAIGN YOURS**  
We encourage you to personalize your campaign, whether you're focusing on the general needs of humanity, individual individuals, or anything in between. #29SD9 you'll need to prepare the heart view, and send a screenshot to make the campaign your own.

**USE ♥ FOR HUMANITY**  
Access to treatment and support for CVD varies widely across the world. Over 15% of CVD deaths occur in low-to middle-income countries, but access can be an issue everywhere.

**USE ♥ FOR NATURE**  
Air pollution is responsible for 25% of all CVD deaths, taking the lives of 7 million people every year. Each of us can contribute to a healthier planet in our own way.

**USE ♥ FOR YOU**  
Psychological stress can double heart attack risk. Resolving harmful coping mechanisms and bad habits induced by stress helps maintain our individual heart health.

**USE ♥ FOR CLEAN AIR**  
USE ♥ FOR REDUCING SALT  
USE ♥ FOR LOWER BLOOD PRESSURE  
USE ♥ FOR HIGHER HDL  
USE ♥ FOR PHYSICAL ACTIVITY

