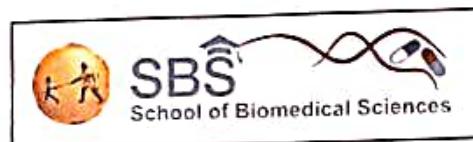


Date & Time: 27 th to 30 th September

Location: ICDS center Khopoli, MGMSBS, MGM New Bombay College of Nursing



Sr. No.	Event Title & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	<p>27 th September Nutrition awareness program at ICDS Center, Khopoli</p> <p>Skit: By Nursing students Discussion about balance diet: M.sc Clinical Nutrition students</p> <p>29 th September 1.Inter Collegiate recipe contest</p> <p>2. Guest lecture by Ms. Aasia Ahmed Radiowala</p> <p>30th September One day workshop on “Fundamentals of Breast Feeding by Nourish 100 days Foundation</p> <p>Trainers: Dr.Pooja Singhania ,Shilpi Malhotra and Phalguni</p>	<p>Dr.Priyanka Pareek and Dr. Vandana</p> <p>Dr.Priyanka Pareek and Ms. Snehal</p> <p>Dr. Priyanka Pareek, Ms. Anna</p>	<p>20 AWW, and 30 women</p> <p>70 students From B.SC. Nursing, B.sc Paramedical and PG Clinical Nutrition</p> <p>45 B.SC Nursing and 25 Clinical Nutrition students</p>

Prather

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai



Kindly attach 4 photographs



Brochure

NUTRITION MONTH CELEBRATION 2022
 Department of Clinical Nutrition of
 MGM School of Biomedical Sciences,
 MGM New Bombay College of Nursing, Navi Mumbai
 MGM Institute of Health Sciences
 (Deemed University U/s of 1956 Act) Accredited by NAAC with "A++" Grade
 in collaboration with
NUVOX Nutrition Society of India, Mumbai Chapter &
 Nuvo's Healthcare Pvt. Ltd. is organizing an

INTER-COLLEGE RECIPE COMPETITION

On 29th September 2022

THEME : HEALTHY SNACKS FOR KIDS

RULES FOR PARTICIPATION

- UG & PG students can participate
- No flame, No induction
- Must be prepared within 30 mins.
- No. of participants : 4 students/College.

Talk on Healthy Snacks for
college students

Time: 12:00 pm

Ms. Asia Ahmed Radiwala

In-Charge Principal of Anjuman-e-Islam,
Bijapur College of Home Science
CSMT (affiliated to SNDT Women's University)



Venue: MGM School of Biomedical Sciences,
MGM Medical College building, second floor.
Time: 11:00 AM onwards

Registration is free but mandatory.
Respective colleges can register by mailing to:

dr.navyankhanarek1@mymahom.edu.in

Registrations will be open till 27th September
Prizes for winner and certificates for participants.

Department of Clinical Nutrition of
MGM School of Biomedical Sciences,
MGM New Bombay College of Nursing,
MGM Institute of Health Sciences, Navi Mumbai
(Deemed University U/s of 1956 Act) Accredited by NAAC with "A++" Grade
Is organising an one day Workshop on
**FUNDAMENTALS OF
COMPLEMENTARY FEEDING.**
Date: 30th September 2022, 10am to 4pm
Venue: 4th floor MGM New College of Nursing,
Navi Mumbai

Trainers from Nourish 1000 days



Dr. Pooja R Singhania
PHD (FOOD SCIENCE & NUTRITION),
PGD, CDE, PCT, COUNSELLING SPECIALIST
Founder, Nourish 1000 days



Ms. Shilpi Malhotra
MBA, ACUL, CLD Trainer & LC at
Nourish 1000 days

Registration Charges will be Rs- 150/-

<https://forms.gle/StA4ZHcHTQzqtIAH6>

(workshop is for MGM campus students only)
Last date of Registration: 28th September 2022

(Signature)

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai





Nutrition awareness program



Navi Mumbai, Maharashtra, India
 2483+VRH, MGM Campus, Kamothe, Panvel, Navi Mumbai
 Maharashtra 410206, India
 Lat 19.01697°
 Long 73.104665°
 29/09/22 12:27 PM GMT +05:30

Recipe contest



[Signature]

Director
 MGM School of Biomedical Science
 Kamothe, Navi Mumbai

Short event report

On the occasion of Poshan Maah 2022, various activities had been conducted by Department of Clinical Nutrition MGMSBS and MGM College of Nursing, Navi Mumbai. The activities have been started from 27th of September to 30th September. ON 27th The Nutrition Awareness program have been conducted in Aanganwadi centre Khopoli with the collaboration of Department of Community Medicine, MGM Medical College and Nuvox Healthcare PVT.Ltd. In that the skit on balanced diet was played by nursing students and discussion on protein and iron deficiency was conducted by M.sc Clinical Nutrition students. The fruits were distributed by the Nuvox Healthcare PVT. Ltd.

On 29th September the intercollegiate recipe contest was conducted at MGMSBS, The theme was no flame snack for kids. Several college like Dr.BMN, Anjuman Islam, Somaiya, Nursing College and biomedical students have participated and prizes was also distributed. This activities was conducted with the collaboration of NSI Mumbai chapter and Nuvox Healthcare Pvt.Ltd. The activity was judged by Dr.Rita Khadkikar and Ms. Aasia Ahmed Radiowala and she has delivered a guest lecture on healthy snacks for college going students.

On 30th the one day workshop was conducted on "Fundamentals of Complementary feeding" at New Bombay College of nursing. Seventy students have participated. The workshop was conducted by Nourish 100 DAYS Foundation.. The trainers were Dr.Pooja Singhania, Shilpi Malhotra and Fhalguni. Certificates distributed to students after assessment.

Report Prepared by: Dr. Priyanka Pareek

Assistant Professor,
Dept. Of Clinical Nutrition
MGM School of Biomedical Science, Navi Mumbai, Kamothe
Contact no. 8143640995

