



MGM INSTITUTE OF HEALTH SCIENCES
(Deemed University u/s 3 of UGC Act, 1956)
Grade 'A++' Accredited by NAAC
MGM NEW BOMBAY COLLEGE OF NURSING

NATIONAL WEBINAR

ON

Dementia: "A blaze of light to make a difference for another today"

8th August 2022



Organized By

Mental Health Nursing Department (2021-22)

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Report of the National Webinar

Dementia:” A blaze of light to make a difference for another today”

Date: 08/08/2022

Aim: The webinar focuses to provide in depth knowledge on dementia and its management.

Objectives:

1. To enhance knowledge regarding dementia in elderly.
2. To find out assessment methodology for dementia in elderly.
3. To discuss management strategies for patients with dementia

Participants:

Total 93 participants registered and participated for the National Webinar on Dementia:

” A blaze of light to make a difference for another today”

From different parts of the country. The participants were Undergraduate and Postgraduate

Nursing students, teaching faculties from various Colleges and Universities across the
country.

Brief Report on the Sessions:

Introduction:

Dementia is a syndrome usually of a chronic or progressive nature that leads to deterioration in cognitive function (i.e. the ability to process thought) beyond what might be expected from the usual consequences of biological ageing. Worldwide, around 55 million people have dementia, with over 60% living in low- and middle-income countries. As the proportion of older people in the population is increasing in nearly every country, this number is expected to rise to 78 million in 2030 and 139 million in 2050.

Dementia is currently the seventh leading cause of death among all diseases and one of the major causes of disability and dependency among older people globally. Dementia has physical, psychological, social and economic impacts, not only for people living with dementia, but also for their carers, families and society at large.

A loved one with dementia will need support in the home as the disease gets worse. You can help by trying to understand how the person with dementia perceives their world. Give the person a chance to talk about any challenges and take part in their own daily care.

Commencement of the National Webinar

The programme started with an introduction by the host Ms. Mansi Kambli, M.Sc Nursing I Year. The welcome address was delivered by Dr. Ponchitra R., Professor Cum Vice Principal. The Opening of the theme was done by Mrs. Susan Jacob, Professor, MGM New Bombay College of Nursing. Pre-test link was given to the participants to be filled before the start of the sessions.

Session 1:- Perspectives of elderly and dementia

Session 1: - Perspectives of elderly and dementia was delivered by Mr. Aakash V. Ponda, Resident, Department of Psychiatry MGM Hospital, Kamothe. Basic Understanding of ageing of populations in all countries, the number of people living with dementia is also rising. Families getting affected by care of dementia patients face many problems. There is no cure for dementia, yet various therapies are emerging to give relief to patients or delay the progression and manage the disease. Many responses are emerging which equip the families to take care of dementia-affected people. Perspectives from social sciences, legal profession, health sciences, social work, education and human rights are making inroads in different countries along with various care models which are supporting families and patients affected by dementia.

Session 2:- Nursing Assessment of clients with dementia

This Session was presented by Mr. Bivin J.B Nursing officer in forensic Psychiatric Division, Government Mental Health Center, Thiruvananthapuram. Mr. Bivin J.B explained in detail different nursing assessment perspectives related to clients with dementia. Physical examination is important to assess for co morbidity that could have an impact on cognitive ability. Neurological examination might suggest an underlying vascular or structural cause for a focal deficit. National Institute for Health and Care Excellence recommends examining a person's mental state and a cognitive assessment. The Mini Mental State Examination (MMSE) or 6-item Cognitive Impairment Test (6-CIT), the General Practitioner Assessment of Cognition (GPCOG) and the 7-Minute Screen can be used for this purpose. When interpreting the results it is important to consider educational level and prior level of functioning as any decline is relative to this. Other factors include sensory impairment, language and co morbid status.

Session 3:- Home care management of clients with dementia.

This Session was delivered by Mr.Muniyandi.S, Associate professor, Department of Mental Health Nursing, MGM New Bombay College of Nursing, Kamothe. Home care management of clients with dementia explained in the five major components such as Promote activity of daily living; Manage behavioural and psychological problems, Home adaptations, Ensure safety & carer support. A good care giver Understand accept and follow the features, Psych yourself ,Equip your home ,Care giving like a new job, Caregiving is a pure expression of love, It changes your perspective on life, Adds a sense of accomplishment,Caregiving can teach younger family members..

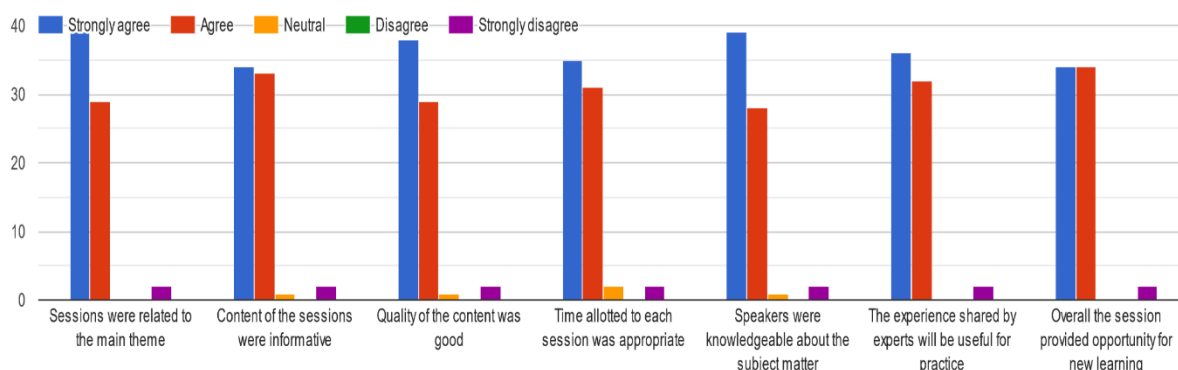
Conclusion

The Sessions were arranged in a sequence to help the participants understand the Global perspectives of elderly and dementia, Nursing assessment process and home care management. The feedback link was given to the participants towards the end of the third session to share their feedback on the National Webinar. 91 participants shared their feedback and the feedback analysis showed that the participants found the National Webinar very useful and had responded with a highly positive feedback. The National Webinar was concluded at 12:30 pm with a vote of thanks by Ms. Karlekar Tejal Mukesh, M.Sc Nursing I Year. Post-test link was then given to the participants. The knowledge score was high in the post-test compared to the pre-test, hence proving the National Webinar to be useful and effective for all the participants.

Programme Schedule:

| Moderator: Ms. Mansi Kambli | | |
|------------------------------------|-----------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| Time | Session Title | Resource persons |
| 09:00am - 09:05am | Welcome Address | <i>Dr. Ponchitra.R Professor cum Vice Principal MGMNBCON.</i> |
| 09:05am - 09:15am | Opening of the theme | <i>Mrs. Susan Jacob, Professor, Department of Medical Surgical Nursing, MGMNBCON</i> |
| 09:15am - 10:00am | Session 1 Perspectives of elderly and dementia | Dr. Aakash V. Ponda Department Of Psychiatry, MGM Hospital, Kamothe |
| 10:00am - 11:00am | Session 2 Nursing Assessment of clients with dementia | Mr. Bivin J.B Nursing officer in forensic Psychiatric Division, Government Mental Health Center, Thiruvananthapuram. |
| 11:00am - 12:00pm | Session 3 Home care management of clients with dementia. | Mr. Muniyandi.S Associate Professor MGMNBCON |
| 12:00pm - 12:15pm | Valedictory | Ms. Karlekar Tejal Mukesh <i>1st Year M.Sc Nursing MGMNBCON</i> |

Feedback Analysis



The above graph depicts the feedback of the participants on the National Webinar. The feedback was interpreted as follows:

| S.no | Item | Participant Feedback |
|------|------------------------------------------------------------------|------------------------------------------------------------------------|
| 1 | Sessions were related to the main theme | 63% Strongly Agree 37% Agree |
| 2 | Content of the sessions were informative | 47% Strongly Agree 45% Agree 3% were neutral about their opinion |
| 3 | Quality of the content was good | 52% Strongly Agree 45% Agree 3% were neutral about their opinion |
| 4 | Time allotted to each session was appropriate | 47% Strongly Agree 46% Agree 7% were neutral about their opinion |
| 5 | Speakers were knowledgeable about the subject matter | 51% Strongly Agree 46% Agree 3% were neutral about their opinion |
| 6 | The experience shared by the experts will be useful for practice | 54% Strongly Agree 43% Agree 3% were neutral about their opinion |
| 7 | Overall the session provided opportunity for new learning | 54% Strongly Agree 43% Agree 3% were neutral about their opinion |

Photographs of the Sessions

