

FEBRUARY 2023 | Issue No. 18



Mahatma Gandhi Mission's Dental College and Hospital

KAMOTHE, NAVI MUMBAI.

अपनी खबर

World CANCER Day



Close the Care Gap

Patrons:

Mr. Kamal Kishore Kadam
Dr. P.M. Jadhav
Dr. Sudhir Kadam
Dr. Nitin Kadam

Board of directors:

Editor in Chief:
Dr. Srivalli Natarajan

Sub-editors:

Dr. Sarika Shetty
Ifrah Khan
Saloni Bandekar,
Sharvari Deshmukh.

In 2023, the global cancer community commemorates World Cancer Day, on **February 4**, with the slogan "**Close the care gap**", and the call to unite our voices and take action. Almost 734,000 individuals are diagnosed with cancer every year and in 2040 it is predicted that the number of people being diagnosed will be about 50% higher.

World Cancer Day aims to promote awareness on cancer as a public health issue and to strengthen actions towards improving access to quality care, screening, early detection, treatment and palliative care.

Together, we will make sure our leaders know that we demand a commitment to prioritising cancer, to creating innovative strategies designed to confront inequity and to investing our resources to achieve a just and cancer-free world. We will call on leaders to eliminate health inequities by addressing their root causes, ensuring that everyone has access to quality health services when, where and how they need them.

FROM DEAN'S DESK : CLOSE THE CARE GAP

This World Cancer Day, we recognise the power of working together. When it comes to cancer, many of us are denied basic care, despite the fact that we live in a time of awe-inspiring advancements in cancer prevention, diagnosis and treatment.

This is the equity gap – and it's costing lives. People who seek cancer care hit barriers at every turn. The equity gap is a reality for all countries everywhere, high- and low-income alike, and negatively affects people from all walks of life. We know that every single one of us has the ability to make a difference, large or small, and that together we can make real progress in reducing the global impact of cancer.

This 4 February, we call on you, whoever and wherever you are, to play your part in creating a cancer-free world.

Together, we will make sure our leaders know that we demand a commitment to prioritising cancer, to creating innovative strategies designed to confront inequity and to investing our resources to achieve a just and cancer-free world. We will call on leaders to eliminate health inequities by addressing their root causes, ensuring that everyone has access to quality health services when, where and how they need them.

Where there is progress, there is hope.

**Dr. Srivalli Natarajan
Dean, MGMDCH
HOD, ORALMAXILLOFACIAL SURGERY DEPARTMENT**

SUB-EDITOR'S SAY: CLOSE THE CARE GAP

Every year World Cancer Day is celebrated on 4 February. The primary purpose of celebrating this day is to reduce the number of cancer patients and to reduce the death rate causing due to it.

At the same time, make people aware of how to identify the symptoms of cancer, educate people, as well as to prepare government and non-governmental organizations to help in fighting this deadly disease all over the world.

Not only this, the aim of celebrating World Cancer Day is to reduce misconceptions about cancer and to help people in getting the right information about it. There are several myths related to this disease as people behave with cancer patients untouchable, they think that if people will live with cancer patients they will also get cancer. This day is celebrated to remove these kinds of social myths. Therefore, people must know how and what type of treatment is given to cancer patients. Cancer people have all the right to live like normal people and they must feel self-respect and should get a normal environment in their home and society.

Dr. Sarika Shetty

Professor

Dept. Of Periodontics

FACULTY : CLOSE THE CARE GAP

Cancer word so dreaded that the mere mention of it with regards to a loved one, causes a lot of anguish and fear.

Earlier; the diagnosis of cancer was a death sentence to the patient.

But ; more recently advances in medicine ; surgery and genetics have made many types of cancers not only treatable but completely curable with little or no effect in the quality of life post treatment.

However; this silver lining comes with a caveat, an early diagnosis. A cancer which is diagnosed in early stages and treated promptly is far more likely to get cured, that one which is diagnosed at later stages.

Hence; the two cornerstones of cancer treatment are early diagnosis and prompt treatment.

Having said the above; one cannot emphasize enough the importance of prevention and awareness of cancer.

though the exact cause of many cancer is not known, many cancers especially the most common cancer in india, that is oral cancer , is mostly preventable.

the use of tobacco , smoking, chewing, paan, bidi along with alcohol consumption are known to increase the risk of oral cancer by 10 folds.

Hence, On this world cancer day let us pledge to spread awareness about the ill effects of tobacco, gutka , supari, paan and alcohol. And take the first step in beating this formidable enemy called "cancer".

Dr. Yusuf Mistry

Lecturer.

Dept. of OMFS, MGM Dental college

PARENTS SPEAK : CLOSE THE CARE GAP

The past few years the world has faced the pandemic and fought it. 'Cancer' the word that has been prevalent for many years and yet it's fear remains in the minds of people. The World Cancer Day reminds us of the global emergency that is cancer and how each of us plays our part in controlling the disease. Each and every one of us has the capability to make changes big or small and contribute towards recognising, learning the gaps in cancer care and aiming towards closing them.

Cancer does not discriminate between the young and old, poor or rich, literate or illiterate, male or female and can have adverse impact on any community or person then why as an individual should we discriminate between the cancer affected patients and create a gap between the care provided to them? How old you are shouldn't decide the quality of cancer care you receive, yet this is the reality for many. The care gap is the gap that is created due to the discrepancy between the recommended best treatment and practices that should be provided and the actual care that is provided. We need realistic analysis of the needs of people with cancer, and we need to involve them and those working in cancer care to co-develop solutions for both the long and the short term. People experiencing gaps in care must be brought into every piece of research and every decision made - especially people from marginalised communities.

By creating awareness, and talking about the disease we can help to reduce fear, stigma and discrimination, shift perceptions and strengthen support for people with cancer. This will help provide treatment to people with cancer to whom once cancer treatment was a dream. Cancer affects the current life of an individual and also their future life. After the treatment of cancer it is difficult for the patients to start with the new life the "new normal". It is stressful emotionally, physically, financially, socially for both the patient and their families. We as a society should lend a friendly hand and aid their journey. We should join hands to provide them the environment that is full of positivity, hope and support to bring back smiles on their faces after emerging victorious from their war with cancer and help "Close the care gap"

-Sunil Kakade
(Father of Rushika Kakade)

WORLD CANCER DAY

Celebration & Contribution

The world of medicine and surgery has a plethora of options today. As a Oral Cancer Surgeon, our role doesn't end at surgically treating patients but includes prevention, early detection and rehabilitation post surgery.

Early detection of oral cancer is crucial for successful treatment, so regular dental check-ups and oral cancer screenings are need of an hour, especially for people who are at higher risk due to tobacco use and alcohol consumption.

The heterogeneity in the disease cause and presentation makes the awareness an equally important role for us,as is treatment.

Creating awareness among people and especially younger population is required for primordial prevention to reduce the incidence of development of oral cancer.

The number of oral cancer survivors has increased in the recent decade owing to superior diagnostic techniques and advanced treatment modalities. Although the number of deaths has decreased, the treatment of oral cancer leaves patients compromised physically and mentally. Hence, post surgical rehabilitation of patients is an important aspect to give them a better quality of life.

So today on world cancer day let's pledge to raise awareness and make progress in prevention, detection, treatment and rehabilitation of oral cancer patients as a comprehensive measure.



Dr Akansha Kandoi
Lecturer , Department of OMFS

NSS Residential Camp

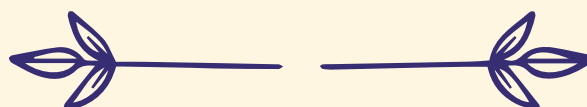


The NSS camp was arranged from 4th Feb to 9th Feb 2023 at Shantivan, Nere.

A total of 46 volunteers along with intern representatives and faculty members actively participated in the camp.



Village surveys and a field visit to a nearby school, wherein dental checkup was conducted for 343 students, fluoride treatment and extractions were carried out.



NSS Residential Camp

Visit to a nearby Old Age Home

Performances were held by students and interns that left behind smiles for the elderly.



Students interacting with elderly



Shramadaan - A compost pit was created by students and interns.

Talks by the experts delivered on topics like
History of Weapons (by Dr. Aniket Dumbre),
Spirituality (by Dr. Pankaj)
Social Responsibilities as Doctors (by Sevankur Bharat)



To conclude these activities not only helped the students in knowing their field of study by hands on experience through various cases they encountered but also helped them build qualities like confidence, compassion and sportsmanship eventually nurturing their overall personality, all of which made the camp a huge success





WHITE COAT CEREMONY



On 10th February, the Internal quality assurance cell (IQAC) along with the parents teachers association conducted a White Coat ceremony for the third and final year students of the academic year 2022-23.

The programme started by honouring of the white coats with an oath taking ceremony by the Dean and all the heads of the Departments.



WHITE COAT CEREMONY

The oath taking was followed by an informative session on importance of case history documentation by Dr. Manjari Choudhary. Dr. Rita Khadkikar addressed the students on the importance of communication skills. Dr. Adil Gandevivala explained about infection control and biomedical waste disposal



Dr. Santosh Gawali educated the budding dentists with a lecture on professional ethics. He gave an insight to the students about the standards that are to be expected while treating a patient.

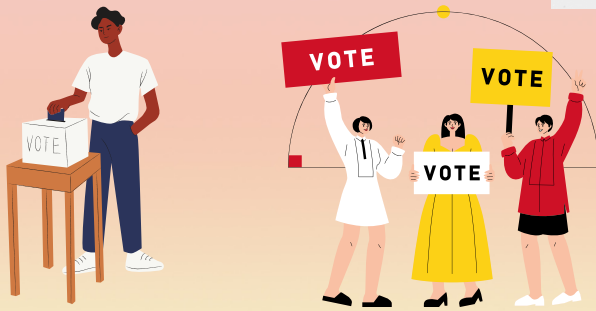


Dr. Ankita Deshmukh conducted an informative session about the formal and informal consent and assent of the patient and explained its importance and implications to the students.

Electoral Literacy



To commemorate electoral Literacy week, the electoral Literacy club of MGM Dental college had organised a week long celebration to honour India's Democracy. An essay writing competition was organised to encourage the students to express their views on democracy. The judges for the competition were Dr. Ravindranath V.K and Dr. Kamlesh Dekate.



On 9th February, an event was organised to celebrate the Electoral Literacy week. The event commenced with a brief introduction about our nation's history and democracy. This was followed by a skit performed by the first year students on the topic 'Awareness about Elections'



The winners of the essay competition were announced during the event. The first place was awarded to Sakshi Gupta, second place was bagged by Dr. Manjari Choudhary and third place by Darshil Lotia. The event was concluded by few words of wisdom by the Dean.

ORAL HEALTH OBSERVATORY PROJECT

IDA conducted a two day workshop in association with FDI Oral Health Observatory Project on 11th and 12th February



Mgm Interns at the workshop

Chief guests and dignitaries of the event

February 11 & 12, 2023
IDA HO, Mumbai

Workshop 1:

Dental Amalgam phasing down attended by Dr. Sumanthini MV, Prof & HOD, Conservative, MGMDCH & Interns



ORAL HEALTH OBSERVATORY PROJECT

Workshop 2 : 12th February National School Oral health workshop



Dean Dr.Srivalli Natarajan; Dr.Vaibhav Thakkar,
Dr.Jimesh ; Dr.Devanshi and Interns



Key Objectives of the programme

- To launch National Oral Health Guide codigned with FSSAI
- Formulation and adoption of National School Oral Health Policy
 - Highlight importance of Children Oral Health in School
- Train school staff to manage dental trauma and emergencies.



International Oral & Maxillofacial Surgery Day



The Department of Oral and Maxillofacial Surgery and HSET unit organised a faculty development programme "Application of mixed and augmented reality" in association with Skepsar Technologies on 13th February.

The founder and CEO of the company, Mr Kiran Jayanthi gave a brief lecture on how the system works and how it can be used in the field of medicine and how the AR and VR technologies will help in concept assimilation



Then all the faculty members were given individual demos and first hand experience on using the Hololens and virtual reality glasses. Anatomy and surgical applications were shown



International Oral & Maxillofacial Surgery Day

**Felicitation of guest speaker
Dr G. B. Vara Prasad and the
founder Mr. Kiran Jayanthi
were done by our esteemed
trustee Mr.Kadam and our
Dean ma'am Dr. Srivalli
Natrajan with a certificate
and a sapling as a memento.**



नवी मुंबई, महाराष्ट्र, India
MGM DENTAL COLLEGE AND HOSPITAL, MGM INSTITUTE OF HEALTH SCIENCES, Sion - Panvel Expy, Sector 18, कामोठे, पनवेल, नवी मुंबई, महाराष्ट्र 410209, India
Lat 19.017085°
Long 73.103685°
13/02/23 12:15 PM GMT +05:30

**MAHATMA GANDHI MISSION
DENTAL COLLEGE AND HOSPITAL
KAMOTHE , NAVI MUMBAI
ACCREDITED BY NAAC WITH "A" GRADE**

**HSET Unit and
Department of Oral and Maxillofacial surgery**
presents
Faculty development programme
**APPLICATION OF
MIXED AND AUGMENTED
REALITY**
in association with
SKEPSAR TECHNOLOGIES LLP



MR KIRAN JAYANTI
Founder and CEO



13TH FEBRUARY
9:00- 3:30



DR G B VARA PRASAD
MBBS, MD, DNB,
Neurosurgery
consultant



**Dr. APJ Abdul
Kalam Auditorium**



नवी मुंबई, महाराष्ट्र, India
MGM DENTAL COLLEGE AND HOSPITAL, MGM INSTITUTE OF HEALTH SCIENCES, Sion - Panvel Expy, Sector 18, कामोठे, पनवेल, नवी मुंबई, महाराष्ट्र 410209, India
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Long 73.103685°
13/02/23 12:46 PM GMT +05:30

**The event was a fresh
experience and helped
the faculty to
understand the
amalgamation of the
virtual world and real
world teaching.**



Self Defence Workshop



A three day self defence workshop "Own your defence" was organised by the internal complaint committee of MGM Dental college from 14th to 16th February 2023 for the teaching, non-teaching staff, post graduates and the students.

The guest speakers were our very own Shifa Inamdar a second year dental student who is a national player and Ritasha Surve a second year engineering student from MGM college of engineering who is a gold medalist at state level.



The programme was very enlightening and impactful. The speakers gave an insight to the audience on various techniques in self defence. They made the audience aware that Self-defence actually starts before needing to react to the worst-case scenario—with self-awareness and preventive strategies.

Internship exchange program at IDA



MGM Dental college and Hospital in association with the Indian Dental Association has organised and initiated a intern exchange programme during the CCRP programme.

Every week two interns from the college are posted in IDA head office at Prabhadevi under the guidance of the IDA staff to get an hands on experience of managing patients in a comprehensive way.



The students are having a unique and hands on experience of working in a clinical atmosphere individually with the modern technologies. They also got the opportunity to observe the CAD-CAM technology.

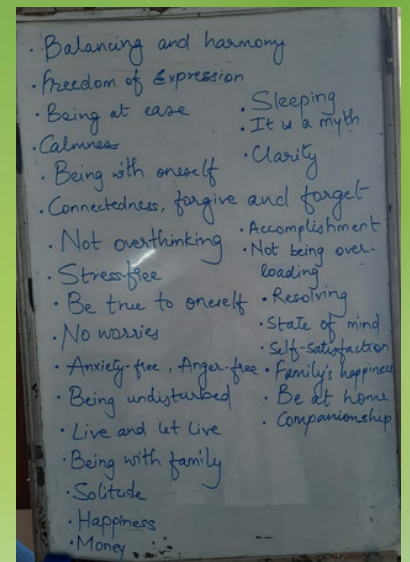
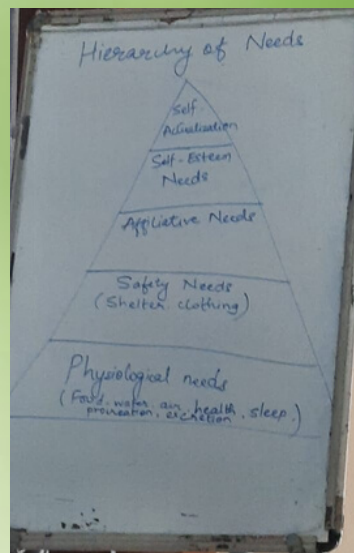


Symbiotic peace and Non violence workshop

A two day workshop on "Symbiotic peace and non-violence" was organised on 16th and 17th February 2023 for the teaching, non-teaching staff, students and interns by the internal quality assurance cell (IQAC) The guest speakers were Dr. John Chelladunai (Professor and HOD Department of Gandhian studies, MGM institute Aurangabad) and Mrs. Ramola Tiwari.



The event started by a brief introduction of the speakers by our Dean ma'am Dr. Srivalli Natarajan And Our Oral Medicine and Radiology faculty member Dr. Isha mishra . All the 30 participants were seated in a circle for the discussion and fun games were played.



Symbiotic Peace and Non-violence Workshop



The event was very unique and distinctive. Dr. John Chelladunai truly enlightened the participants on various aspects and types of peace, about the idea that an individual is a representative of a miniature society. There was active and enthusiastic participation by the participants in the games and discussion. The event helped broaden the perspective of the participants and helped them understand the importance of peace in every day life as an individual and as a society.



INAUGURATION OF SEDATION CLINIC

Dental sedation clinic of Department of pediatric and preventive dentistry, MGM Dental College and Hospital was inaugurated on 21st february , 2023.



The Inauguration Ceremony was done by auspicious hands of Dr.Sudhir Kadam, Medical Director, MGMIHS and Dr. Pradnya Sawant, Head, Pediatric Anesthesia, Wadia Hospital Mumbai.



Salient Feature's of sedation clinic



- Fully equipped Sedation clinic (Inhalational- Laughing gas, Oral, nasal)
- Dedicated 4 customized pediatric dental chairs with 4 sedation units.
- Additional customized dental chair for children with special health care needs
- Dedicated recreational play area for children

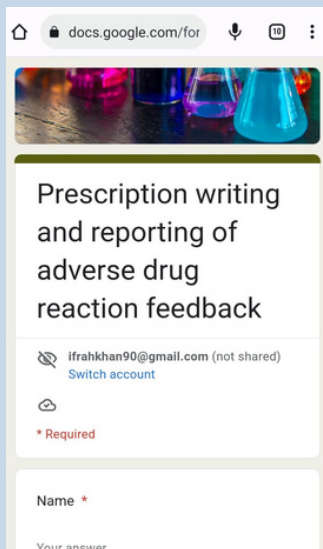


PRESCRIPTION WRITING LECTURE



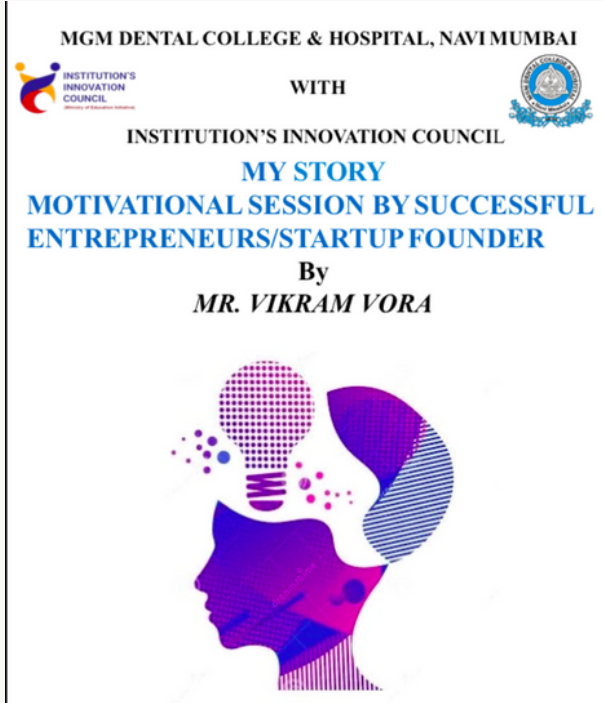
Lecture on prescription writing and adverse reactions was taken by Dr. Deepanjana Das (M.Sc PhD Med Pharm) Assistant Professor of MGM Pharmacology Department.

Lecture was conducted on 23 February 2023 , all interns attended this lecture.



A feedback form was circulated, post lecture.

My Story- Motivational session by Mr. Vikram Vora , CEO of Sabka Dentist.



Under the scheme of sharing stories of successful entrepreneurs and innovators, Institution Innovation Council of MGM DCH planned and organized a motivational interactive session by Mr. Vikram Vora, the founder and CEO of SabkaDentist.



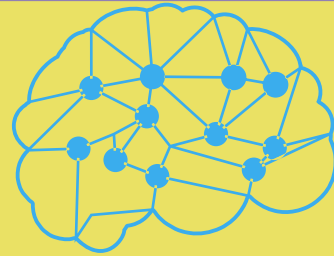
The session took place in the auditorium. Mr. Vikram shared his immense knowledge about tackling the dental problems and making a better living for the doctors as well as patients. Through his talk, he evoked ideas of innovations in the minds of the participants



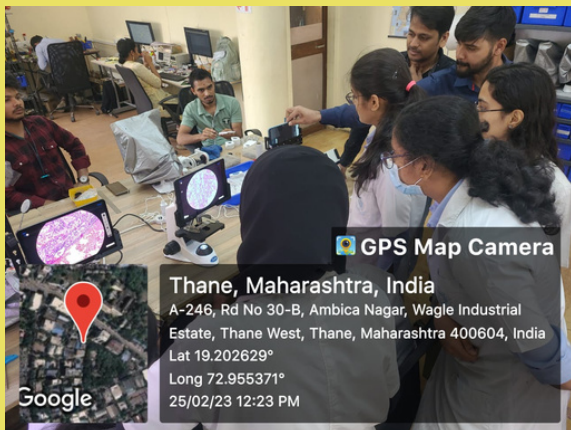
National Oral Pathology Day Celebration Field Visit to MEDPRIME Technologies



On the occasion of "National Oral Pathology Day", Institution's Innovation Council (IIC) of with Dept of Oral Pathology and Microbiology, MGM Dental College & Hospital is organizing a field visit to Medprime Technologies, Thane for study future of pathology through digitalization.

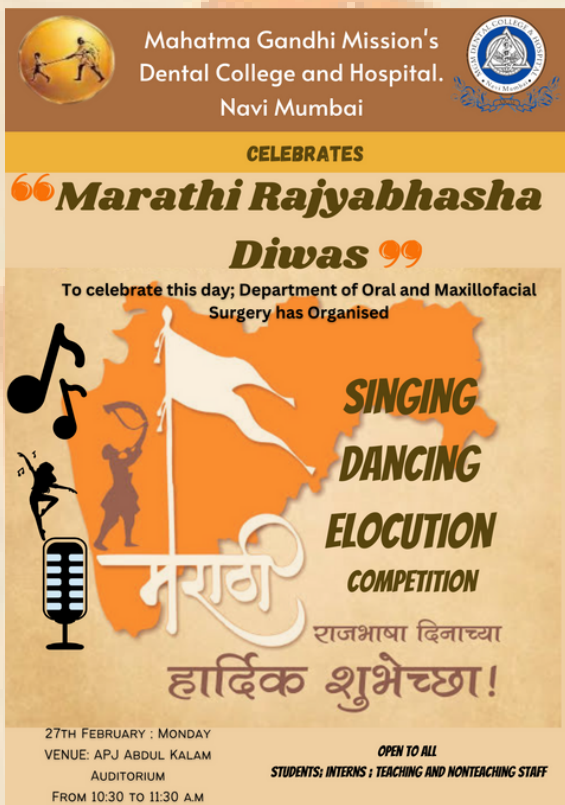


The program was organised ,to help student in understanding how to make a difference within healthcare ecosystem, by focusing on the challenge of improving service delivery for the masses. Medprime Technologies a involved in medical innovation like microscopes to develop breakthrough technologies that meet the highest standards of safety. Mr Samrat and his core team are successful startup founders with their high end microscope series called Cilika Microscopes. The students visited the site of Medprime Technology Ltd and interacted with team members and founders. they observed the development of the digital microscopes in the field of future-ready technology pertaining to pathology and telepathology arenas.



MARATHI RAJBHASHA DIWAS

Marathi Bhasha Diwas or Marathi Day is celebrated annually on February 27 to honour the birth anniversary of famous Marathi poet Vishnu Vaman Shirwadkar, who was popularly known as 'Kusumagraj'.



Mahatma Gandhi Mission's Dental College and Hospital. Navi Mumbai

CELEBRATES

66 Marathi Rajyabhasha Diwas

To celebrate this day, Department of Oral and Maxillofacial Surgery has Organised

**SINGING
DANCING
ELOCUTION
COMPETITION**

राजभाषा दिनाच्या हार्दिक शुभेच्छा!

27TH FEBRUARY : MONDAY
VENUE: APJ ABDUL KALAM AUDITORIUM
FROM 10:30 TO 11:30 AM

OPEN TO ALL
STUDENTS; INTERNS ; TEACHING AND NONTEACHING STAFF




महात्मा गांधी मिशन दंत महाविद्यालय आणि रुग्णालय नवी मुंबई

मराठी

राजभाषा दिन
धर्म, पंथ, जात एक जाणतो मराठी...
२७ फेब्रुवारी २०२३

MGM Dental College conducted an elocution, singing and dance competition.



Cancer Warriors Speak

शुभ जी शुभ दारुपाटल मनीषू
कुमार कर्नाजिया कैंसर का ऑपरेशन
अच्छ तरह से हुआ डॉ अकाश,
डॉ शिवा का मधु से हुआ
शुभ जी शुभ दारुपाटल में सब
साविद्या के उपलब्ध था आर मुझे
मधु के से मुझे बहुत मधु
मिला इसका आपका धन्यवाद आप
लोग ने मेरी मधु की



मी किशोर चाटील ५५ वर्ष . मला तोंडाचा
कॅन्सर आला होता . मी . प्रो. जी. जे.पॅ. हॉस्पिटल
ला आलो . तीचे डॉ शुबील , डॉ भुसुफ एजेंती
पाहिले . माझे ऑपरेशन एका माले . व मी डाल
सुशु डाटे . मी प्रो. जी. जे.पॅ. हॉस्पिटलचे भांडार
मानते . डॉ शोश , डॉ सुभ्रम , डॉ शिवा , हॉस्पिटल
शिस्टर चांचे पन मनापायुत भांडार मानते .



A token of thanks and appreciation from the patient to MGM college



POCO
SHOT ON POCO X2



ACHIEVERS SECTION

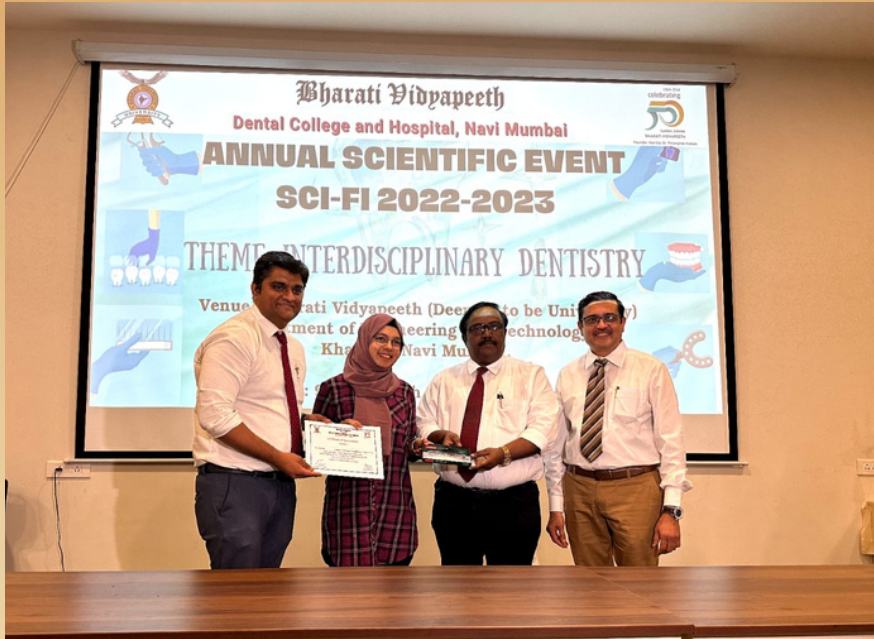


Dean Dr.Srivalli Natarajan, awarded By IDA for supporting the completion of FDI'S Oral health observatory project.



Dr.Vaibhav Thakkar, awarded By IDA for supporting the completion of FDI'S Oral health observatory project.

ACHIEVERS SECTION



Ifrah Khan

Intern

**2ND Prize at paper presentation
at BVP Dental college Scientific Fest**



Amrita Agrawal

Sci-Fi Scientific Event, Bharti Vidyapeeth

Event : Paper Presentation

Place : 2nd



CREATIVE BRAINS

POETRY ON WORLD CANCER DAY

The excruciating pain of cancer,
Can only be felt by a survivor.
The disease that scares each one of us,
Fatal, lethal, life-threatening it is called thus.

The habitual addicts themselves fall for this trap,
Getting ready for a forever nap.
But even non-addicts are the ones that it kills,
The question that remains unanswered still.

When you are the one who is the witness,
To the never ending pain and illness,
The feeling of being helpless
All the more adds to the mess.

It breaks you not just physically
But emotionally as well as mentally,
Those who are going through this everyday
Cheer them up, give them emotional strength today.

For this disease called cancer
Has no answer.
It can't always be cured
So has to be endured.
Until that one day
Where it won't be an obstacle in the way,
Oh, God please give the survivors strength to fight
And courage to the one's who are witnessing this sight.

-Sakshi Khedekar (Extern)

*Don't stop
keep
fighting*

*World
Cancer
Day*

CREATIVE BRAINS

LAVENDER RIBBON

To raise awareness and education about Cancer,
Swirling around are ribbons of rainbow or lavender.

Health matters don't sway,
Unite together on World Cancer Day!

Cancer is no taboo,
You CAN be anxious when you have someone to talk to.

Don't feel sorry only to walk away,
Show your love and support,
Unite together on World Cancer Day!
A voracious weed You bloomed within,
Cancer we won't let you win!

By Noopur Balmiki
1ST BDS

On the way to cherish friends
I went high on the flaring mends,
Radiating the power, carcinogen curbed me
DNA put its sword on but been laid down the wall

When you're on a peak, fate can be a fall quick
Piles of masses killing me, oh the hatred you had for me!
Was falling out for the growth but it grabbed me on the
shore

Amplifying, mutating you did everything abrupting!
Malignant was flourishing such is the love loss of
contact inhibitory!

-Sakshi Gupta
1ST BDS

CREATIVE BRAINS

JUST YESTERDAY

It was just yesterday when her eyes had a
distinct twinkle,

Today the mirror reflects the present, a
spot here and there a wrinkle,

She touches her balded head with a tear
escaping from the corner of her eye,

Yet her strength radiates within, enough
to answer all her "whys"

She was afraid of the scar on her right
bosom, Yet her children always claim that
she's awesome,

Her mother a fallen soldier to the same
battle had once lost her womb,

She reminisces about those days sitting
near her tomb.

Her mom said all that matters is the fight,
And saying so she lost but fought with all
her might,

Today she stands tall and upright with her
mom's might and all prayers answered,

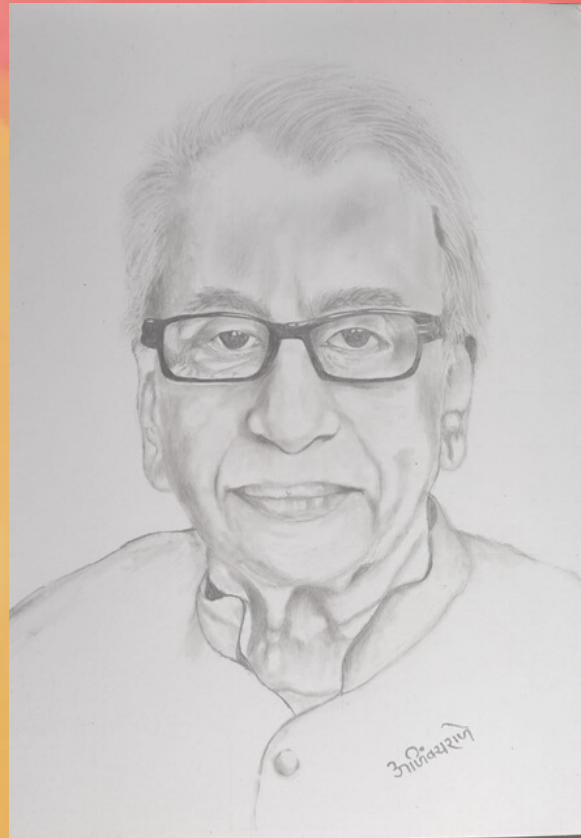
For it was just yesterday when she beat
cancer.

-Devashree Kamble (3rd BDS)

Artists of MGM



~Drishti Soni
2nd year BDS



~Mr. Ajinkya Yadav
Radiographer
(Department of OMDR)



Mansi Yetkar
Final BDS

QUOTES OF THE MONTH

Look at the sky. We are not alone. The whole universe is friendly to us and conspires only to give the best to those who dream and work.

-A. P. J. Abdul Kalam



The greatest glory in living lies not in never falling, but in rising every time we fall.

-Nelson Mandela

Spread love everywhere you go. Let no one ever come to you without leaving happier.

-Mother Teresa

