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MAHATMA GANDHI MISSION'S DENTAL COLLEGE AND HOSPITAL

KAMOTHE, NAVI MUMBAI.

अपनी खबर

#Break the Bias

#Embrace the Equity



BREAK THE BIAS , EMBRACE THE EQUITY

March 8th is International Women's Day, a day dedicated to honouring the social, economic, cultural, and political accomplishments of women. This year the event will be marked on the theme DigitALL: Innovation and Technology for Gender Equality is aligned with the priority theme for the upcoming 67th Session of the Commission on the Status of Women. "Innovation and technological change, and education in the digital age for achieving gender equality and the empowerment of all women and girls". And with this IWD 2023 will explore the impact of the digital gender gap on widening economic and social inequalities, breaking the bias.

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FROM DEAN'S DESK

THEME SLOGAN: BREAK THE BIAS , EMBRACE THE EQUITY

International Women's Day is celebrated on 8th March, a global day to embrace the social, economic, cultural, and political achievements of women. This year's theme, "Embrace Equity," challenges us to honor women's achievements, take action to drive gender parity, and collectively build a more diverse, inclusive, and gender-equal world. Don't just say it. Think it. Be it. Do it. Value it. Truly embrace it.

When we embrace equity, we embrace diversity, and we embrace inclusion. We embrace equity to forge harmony and unity, and to help drive success for all.

"Equality is the goal, and equity is the means to get there. Through the process of equity, we can reach equality."

In Celebration of International Women's Day, we answer the call to embrace equity. To go beyond the fundamental tenant of ensuring people feel a sense of belonging in a diverse setting, and to pull at the thread of equal access to opportunities in order to break institutional biases. Gender Equity in the workplace is not only the right thing, but will pay dividends on your bottom line.

*Don't let anyone tell you,
You are weak' just because
You are A WOMAN
-Mary Kom*



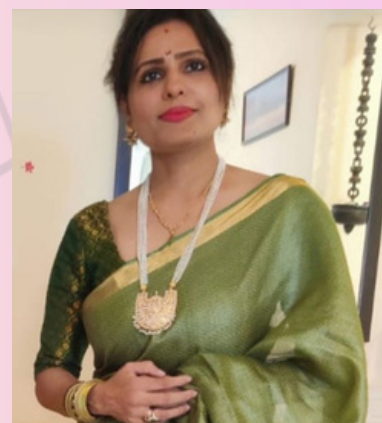
Dr. Srivalli Natarajan
Dean, MGMDCH
HOD, ORALMAXILLOFACIAL SURGERY
DEPARTMENT

SUB-EDITOR'S SAY

THEME SLOGAN: BREAK THE BIAS, EMBRACE THE EQUITY

Women empowerment mainly refers to the practice of making women independent so that they can take their own decisions as well as handle their lives without any familial or societal restrictions. In simple terms, it entitles women to take charge of their own personal development. Since women have always been the oppressed ones in a patriarchal society, the main motive of women empowerment is to help them stand equally with men. It is a foundational step to ensure the prosperous growth of a family as well as the country. Breaking the Bias, putting the focus on dismantling stereotypes and fighting discrimination against women. Whether unconscious or not, gender bias is something that many women face on a regular basis. It's no longer good enough just to recognise bias – it's something we all need to actively challenge when we see it happening. Empowering women, the world would definitely witness gender equality and help women from every stratum of society to stand on their own and steer their lives as per their own wishes.

- Dr. Sarika Shetty
Department of Periodontics
(Reader)

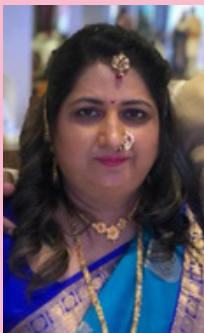


FACULTY SAY**THEME SLOGAN : BREAK THE BIAS , EMBRACE THE EQUITY**

It is our honor that the global community in celebrating International Women's Day (IWD) on March 8th. This year's theme, "Embrace Equity," highlights the importance of recognizing and addressing the unique challenges and experiences of women.

The definition of unconscious bias is a belief you hold that you are not consciously aware of. Every single one of us holds some form of bias, and this can often be an unconscious form of bias. This is because your conscious mind and your unconscious mind can sometimes have two opposing ideals, despite what you may think about your own beliefs.

This might sound like a complete contradiction, but let's break it down. An example of unconscious bias could be someone who believes they treat both genders equally, but who actually holds unconscious biases about 'traditional' gender roles - that is, the man acts as the breadwinner for the family while the woman performs the role of homemaker. This could be reflected as unconscious gender bias, where they treat their male and female colleagues differently without even realising it, allowing it to affect their decision making.



DR. YOGITA PENKAR
ORAL PATHOLOGY DEPARTMENT
(TUTOR)



PARENT'S SPEAK

THEME SLOGAN : BREAK THE BIAS , EMBRACE THE EQUITY

MARCH 08 every year is observed as International Women's Day. It is a global event that celebrates and appreciates the efforts and contributions of women in forming and balancing society. Also, this special day aims at commemorating the contributions and achievements of women across the globe in political, economic, social and cultural domains of society. It is celebrated every year on March 08 and aims to create awareness among women to stand for themselves and fight against discrimination in society.

The celebrations of this special day are marked at grand levels. From offices, schools, colleges and universities, International Women's Day is celebrated in various ways and at levels across the country. This day also emphasises women who paved their way to success through a gender-biased society.

_ Rajan kadu
Father of Nishita Kadu

WOMEN'S DAY CELEBRATION BY NSS UNIT



On 8th of March, every year, we come together to celebrate and empower the great force of nature, that is, women. NSS volunteers celebrated this day by being a part of a rally and street play about 'Breast Cancer Awareness and Treatment' at Kala Ghoda fort, Mumbai. Students from various medical colleges gathered at the ground near Kala Ghoda Fort at 8 am. A street play was performed by students of Ayurved Mahavidyalaya, Sion, Mumbai.



Honorable Cabinet Minister Girish Mahajan addressed the gathering. Students were taught about the importance of spreading awareness about Breast cancer.



WOMEN'S DAY : DEBATE COMPETITION



Women's Day was celebrated by organising the Debate Competition on topic Women Empowerment held on 15th March, 2023 in APJ KALAM'S Auditorium at 11:00am.



This debate was organised by Kalam -The literary committee. Dr. Bharat Gupta (Periodontics Department) and Dr. Padmakar Baviskar (OralMaxilloFacial Surgery Department) enthusiastically participated in the debate competition.



Each and every participant were felicitated with the Participation Certificates. Winner team were awarded with the Appreciation certificates along with the best debater among the participants were also awarded.

Accomplishment of NAAC A++ . The Journey



The story was of Eklavya in the great epic Mahabharata is a great example of the hard work, determination and sacrifice that led him to become successful in his life. MGMDCH each and every member related to this institute had put similar amount of efforts & dedication towards the NAAC cultural events, managment, hospitality, without hampering the patients work. It was a thrilling experience to work with the staff members under their skillful guidance.

OFFICIAL FRESHER'S PARTY



Official Fresher's Party was organised by the Cultural Committee of the MGM Dental College on 16th March, 2023 following the College guidelines and maintaining the code of conduct in the APJ Kalam's Auditorium. Respective Staff members, Interns, and new comers were welcomed with a fun and warm environment.



A small introduction round followed with the showcasing of their talents. It was highlighted as this new batch of first year is very calm, patient and all were good at cooking.

OFFICIAL FRESHER'S PARTY



Snacks was arranged for Students and Staff members organised by the college. Everyone enjoyed the day and welcomed the budding dentists with open hearts.



Best candidate with unique qualities and talent were crowned as Mr & Mrs Fresher.



VISIT OF FOREIGN DELEGATES

Dr Graciela Jaschek, Assistant Professor ; Epidemiology and biostatistics, Temple University U.s and Dr kajal Patel, alumnus of MGM Dental college.



Dr Graciela was welcomed to the MGM DENTAL COLLEGE AND HOSPITAL and was felicitated by our respective faculty. Dr Graciela introduced the faculty members regarding the ChatGPT and it's evolving innovations. ChatGPT is an AI innovation which interests the students as well the teachers in this learning process.

MAHATMA GANDHI MISSION'S TRUST
M.G.M DENTAL COLLEGE AND HOSPITAL,
ACCREDITED BY NAAC WITH "A" GRADE
NAVI MUMBAI

HSET in association with Women empowerment cell
Presents
INTERNATIONAL WOMEN'S DAY
Theme- Going Global

12:30 - 1:30: FDP on Active Learning
1.30 - 2:00 : Interaction with faculty
2:00- 2.30: Cultural Program

DR. A.P.J. ABDUL KALAM
AUDITORIUM

TARGET AUDIENCE - TEACHING FACULTY

Speaker -Dr.Graciela Jaschek
ASSISTANT PROFESSOR OF INSTRUCTION
Epidemiology and Biostatistics
Temple University, U.S

GPS Map Camera

MGM DENTAL COLLEGE AND HOSPITAL, MGM CAMPUS, KAMOTHE, PANVEL, NAVI MUMBAI, MAHARASHTRA 410216, INDIA
Lat 19.016902°
Long 73.103895°
09/03/23 01:45 PM GMT +05:30

GPS Map Camera

MGM DENTAL COLLEGE AND HOSPITAL, MGM CAMPUS, KAMOTHE, PANVEL, NAVI MUMBAI, MAHARASHTRA 410216, INDIA
Lat 19.016902°
Long 73.103895°
09/03/23 02:29 PM GMT +05:30

VISIT OF FOREIGN DELEGATES



Visit to the Ajivali camp guided by the Public Health Dentistry Department. Dr. Graciela observed the methods, and maintenance of the camp sites.



Cultural program was held showcasing the singing and dancing performances held in the APJ Abdul Kalam's Auditorium.



WORLD ORAL HEALTH DAY



World Oral Health Day was celebrated on 20th March, 2023 by inviting all the school kids to the MGM DENTAL COLLEGE AND HOSPITAL to learn and understand the importance of maintaining the oral health and hygiene. Free required treatment was given to the students by the PUBLIC HEALTH DENTISTRY DEPARTMENT in coordination with the other departments.



Convocation of Batch of 2017

MGM DENTAL COLLEGE & HOSPITAL
NAVI MUMBAI

INVITE YOU TO

VALEDICTORIAN CEREMONY

FOR THE CLASS OF UG 2017-22
&
PG 2019-22

MARCH 21,
2023, TUESDAY
9AM ONWARDS

MGMIHS
AUDITORIUM, 3RD
FLOOR, MGM
MEDICAL COLLEGE

"You are brilliant, able and ambitious. You shall always walk the glory road. Happy Graduation."

GRADUATION



Valedictorian ceremony for the class of 2017 took place on 21st March; 2023 .



Graduating interns were handed their Degrees and certificates by Guest of honour Dr.K.R Salgotra Sir and Chief guest Dr.Sudhir Kadam Sir.



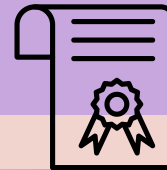
The Event was hosted by Dr.Chinmay Rao and Dr.Isha Mishra while the proud parents of the interns attended the event.
Dean Dr.Srivalli Natarajan addressed the audience .



Convocation of Batch of 2017



Inauguration of Yearly Magazine ; Amalgam 2022 by Dignitaries ;Dean Madam :Incharge Dr.Sarika Shetty and magazine head ; Jennifer M. Valedictorian speech was delivered by Topper Ayesha khan. Oath taking ceremony took place A short memory video of the batch Was played ; concluding the event.



CELEBRATION OF NAAC A++ WITH 3.7 CGPA

Cultural Event with a GALA DINNER



CELEBRATION of the success with accreditation of NAAC A ++ with Highest CGPA 3.7 was organised on 29th March, 2023 inviting & felicitating all the respective dignitaries Ex dean ma'am, Dr . Sabita Ram, all the HODs, Trustees, College Staff members, Teaching and Non teaching staff, Students and Interns.



CELEBRATION OF NAAC A++ WITH 3.7 CGPA

Cultural Event with a GALA DINNER



Event started with a mesmerizing dance performance Ganesh Vandana, followed by group dances of students, interns and the teaching faculty. In accordance, Singing performance by students and of the Rhythm club made our hearts rejoice.



NARI SHAKTI ARTWORKS



Nishita Kadu
(Intern)



Saloni Bandekar
(Intern)



Saloni Bandekar
(Intern)



CREATIVE BRAINS : Women's Day

Happy Women's Day

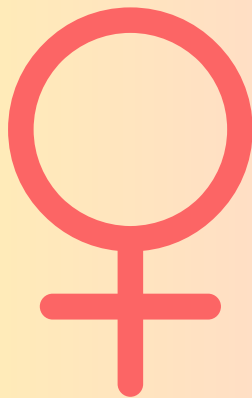
I was alone in the world, only you as my pillar of strength
 So tall and strong, I never did see a dent
 You didn't flinch to sacrifice yourself, you gave your name without a thought
 Sometimes I thought you were too tough, but I didn't hear your soft heart cry, so full of love
 I guess that's how pillars are meant to be, to hold us and our mistakes
 But I don't possess your perfections, I'm afraid I'll fail
 I realise that even you weren't perfect, but the way you smiled made everything the best
 I see you now, the cracks and porosities, and the weight you still do bear
 So it's my turn to be the pillar and you my precious weight

To my mom.

Happy Women's Day



Rayyan Ansari
 Fourth BDS



Sidrah

First BDS

She is a girl
 With her dreams curl.
 She is a daughter
 With hopes softer.
 She is a friend
 With talks that never end.
 She is a lady
 Doing her chores gladly.
 She is a wife
 Burning the dreams that are deprived.
 She is a mother
 Preparing her child for further.
 Now she sat alone,
 With dreams drowned,
 Asking herself, "Am I alive,
 Or have taken a deep dive?"

CREATIVE BRAINS : Women's Day

हे नारी

मां, बहन, पत्नी, प्रेमिका
हर किरदार बखूबी से निभाती हो।

हे नारी,

तुम सब कुछ मुमकिन कर जाती हो।

लोग कहते हैं,

कि तुमसे बाहर के काम कहां होंगे।

घरों में ही रहो

घर जैसे आराम कहां होंगे।

तुम हंसती हो जमाने की इस बात पर तब,
और समाज को आईना बदलकर दिखाती हो।

हे नारी,

तुम सब कुछ मुमकिन कर जाती हो।

जो कहते हैं कि लड़कियां उलझ जाती हैं गणित के सवाल में,

तुम तब शकुंतला देवी बन जाती हो।

जो कहते हैं कि तुमसे कि नहीं लड़ सकती है ये दुश्मनों से,

तुम तब झांसी की रानी बन नजर आती हो।

जो कहते हैं तुमसे कि बेट और बल्ला,

कहां तुम्हारे के खेल हैं।

उनके सामने तुम मिताली राज नजर आती हो।

जो कहते हैं कि जमीन पर रहो, ज्यादा उड़ने के ख्वाब मत देखो,

तुम उनके सामने गुंजन सक्सेना बन जाती हो।

Arpita Mungase

2nd BDS

CREATIVE BRAINS : Women's Day

हे नारी,
तुम हर किरदार में सफल नजर आती हो।

कभी यमराज से लड़ जाती हो,
अपने प्रिय के प्राण बचाने को।

कभी जमाने से लड़ जाती हो,
खुद को साबित कर जाने को।

तुम उस दौर में ही नहीं,
आज भी अग्नि परीक्षा दे जाती हो।

हे नारी,
तुम सब कुछ मुमकिन कर जाती हो।
तुम्हें जंजीरों में बांधा गया है,
तुम्हें कोख में मारा गया है।
तुम्हारे सपने भी तोड़े गए हैं,
मगर तुम तब भी बेहद मजबूत नजर आती हो।

हे नारी,
तुम सब कुछ मुमकिन कर जाती हो।
तुम आजाद होती हो,
तो उड़ती हुई पक्षी नजर आती हो।
तुम खुद लिए लड़ती हो और आवाज उठाती हो,
तो लगता है कि क्रांति तुमसे ही जन्मी होगी।
तुम कितनी खास हो तुम्हें यह अहसास नहीं है।

हे नारी,
तुमसे ही यह दुनिया है, यह जमीन है।

Arpita Mungase
2nd BDS



Pun-tastic Wordplay and Quotes



The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart.

Helen Keller

I can shake off everything as I write; my sorrows disappear, my courage is reborn.

Anne Frank



A country's greatness lies in its undying ideals of love and sacrifice that inspire the mothers of the race.

Sarojini Naidu