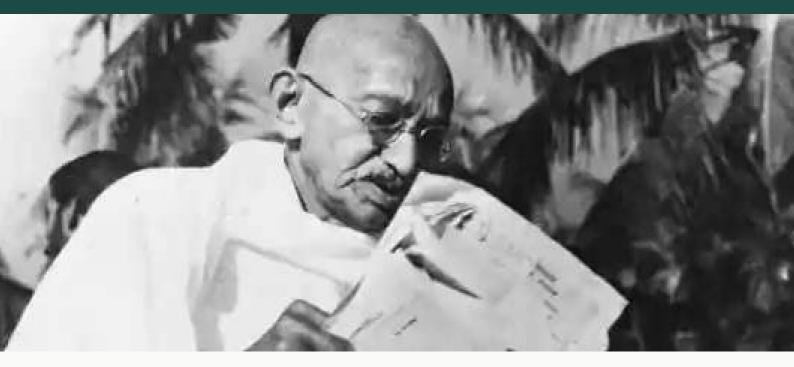


### MAHATMA GANDHI MISSION'S DENTAL COLLEGE AND HOSPITAL

KAMOTHE, NAVI MUMBAI.

अपनी खबर



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### Peace is its own reward.

Gandhi was a staunch believer in truth. In fact, the very naming of his autobiography, "My Experiments with Truth" reflects his life-long observance and experimentation with the truth. Another important philosophy he promoted was that of Nonviolence. He was completely against the use of violence in achieving one's goal. Though, quite a large number of people believe that the new social order Gandhi envisioned is too idealistic and an unattainable utopia only fit enough for academic and semantic interpretations. But what Gandhi left is not a set of theoretical formulations, on the contrary, a carefully evolved vision of an organically sound and mutually supportive and respecting independent world order. Irrespective of time, geographical space, and cultural background, his values such as truth (Satya), nonviolence (Ahimsa), human dignity and respect, and the love of our fellow beings are more relevant today.

#### SUB-EDITOR'S SAY: PEACE IS ITS OWN REWARD.

Mahatma Gandhi's five pillars of nonviolence: respect, understanding, acceptance, appreciation, and compassion are basic to our existence. But coming to the present times, does the Gandhian message still has or could have the actuality in managing our century's real-life challenges?

There will always be conflicts, great and small, in human affairs. Total war can no longer settle conflicts. And clearly, no conflict can be ended in its inner reality by the alleged deterrence from the possession of nuclear weapons. In such a stalemate the possibility of using nonviolent resistance might be worth examining.

It is widely accepted now that the core of the legacy Gandhi left for humanity, is that he taught us that truth is greater than all worldly possessions, and that slavery, violence, injustice, and disparities are inconsistent with truth.

This edition of the newsletter is special, highlighting Jashn-e-Swarajya, the musical skit depicting Gandhiji's freedom movements, with a special dedication from our extremely talented students who compiled a film based on Mahatma Gandhi's freedom struggles. The video managed to stir up feelings of awe and inspiration amongst the audience. Wonderful display of imagery, our rich heritage and historical events about Gandhiji's struggle to propel the independence movement was displayed.

- Dr. Sarika Shetty
Professor
Department of Periodontics

#### **FACULTY: PEACE IS ITS OWN REWARD.**

Today, world problems are not limited to internal conflicts and matters. Issues like border management, environmental problems, nuclear issues, or the deepening moral crisis of humanity, etc. We are living in a world that is divided increasingly day by day by global unrest, fear, anger, hatred, discontent, despair, immorality, etc., and the number and intensity of ethnic and religious conflicts seem to grow, gaining higher and higher intensity all around the world. Past examples have proved that war and violent ways to resolve such conflicts are not always a good idea. The evil that we are to fight is within us and that we are ignorant of it is the basic problem. Motifs such as give and take, live and let live, love and to be loved have become clichés in the new dictionary compiled by the champions of unlimited growth. This can be possible only if we adopt a holistic vision of life and ensure equality and justice which presupposes the simple truth that each individual is unique and we should respect his/her individuality and let him/her maintain each one's uniqueness and what applies to an individual should apply to a nation or at a global level.

Gandhi's political and social philosophy in general and his approach to the concepts of Truth, non-violence, and satyagraha in particular, could be the starting point of the regeneration or rebirth of non-violent or less violent cultures and societies

Dr Sujeet Khiste Reader Department of Periodontology



#### PARENTS SPEAK: PEACE IS ITS OWN REWARD.

The aspect of Gandhian values that tend to receive most attention, not surprisingly, is the practice of non-violence. The violence that is endemic in the contemporary world makes the commitment to nonviolence particularly challenging and difficult, but it also makes that priority especially important and urgent. It is extremely important to appreciate that non-violence is promoted not only by rejecting and spurning violent courses of action, but also by trying to build societies in which violence would not be cultivated and nurtured. We would undervalue the wide reach of his political thinking, if we try to see non-violence simply as a code of behaviour. Consider the general problem of terrorism in the world today. In fighting terrorism, the Gandhian response cannot be seen as taking primarily the form of pleading with the would-be terrorists to desist from doing dastardly things, nor even just the form of dialogue and public interaction in peaceful ways with potential adversaries.

Gandhiji's ideas about preventing violence went far beyond that, and involved social institutions and public priorities, as well as individual beliefs and commitments.

- Justin Mascarenhas



### MOVIE SCREENING - MGMDCH'S IQAC INITIATIVE

October 1st, 2022.



The event was organised by the interns and the movie played was "Lage raho Munnabhai".









A surprise movie screening was arranged by MGMDCH'S IQAC committee for the students. It was conducted specially to celebrate Gandhi Daur. Students from all years had joined in to watch the movie.



Students had a gala time watching the movie. It was a memorable event.



### SWADESHI- An Intercollege Quiz Competition

October 3rd, 2022.



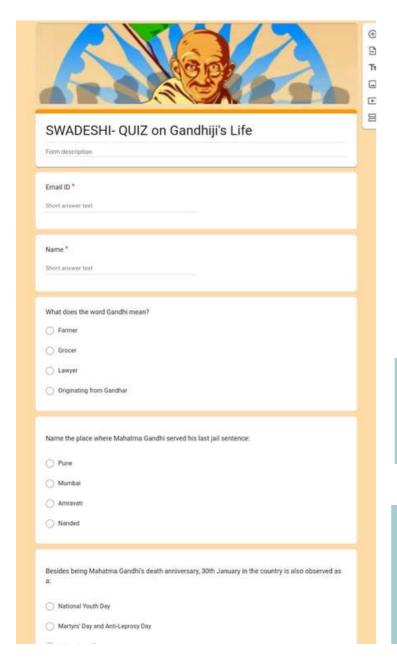






The quiz consisted of questions on the life of Gandhiji and the various historical events carried out by him.

On 3rd October 2022, to celebrate Gandhi Jayanti in the form of GANDHI DAUR, MGM Dental College and Hospital organized an Intercollegiate quiz competition.





The participants were given a set of 20 questions to be answered in 15 minutes time.

Overall it was a really enlightening and knowledgeable experience.

Winners of the quiz were also announced as follows-

1st Prize : Ms. Ayesha Khan 2nd Prize : Ms. Shweta Choure 3rd Prize : Ms. Sara Pradhan

### 'Bapu through your lens'- Photography competition

October 3rd, 2022.

On the occasion of Gandhi Daur, a weeklong celebration of Gandhi Jayanti 'Bapu through your lens', a photography competition was organized by the Pixel club, the photography club of MGM Dental College and Hospital for the Interns, students as well as the staff.





All the students were delighted with the opportunity to feed their photographic urges by means of a competition held around the Gandhian principles of non-violence (Ahimsa), Make in India (Swadeshi), Freedom (Swatantra) and Equality (Samanta). The surprisingly enchanting was the numerous entries portrayed by the fellow students depicting the theme on a much deeper level.

There were 15 entries of portraits and landscapes proving how a picture is worth a thousand words. The competition was judged by Dr Avinash Narayankar. Abiding by the given theme, 3 winners were selected. The event was an absolute success and is totally going to keep making turns each year.





### Winners:

1st Prize: Apurva Bangar (Intern) 2nd Prize: Dr. Pankaj Londhe 3rd Prize: Tripti Jha (Intern)

# Field visit to Mani Bhavan October 1st - 6th, 2022.



It is now converted to a museum. It consists of Gandhiji's room, auditorium, terrace and a picture gallery. There are various artifacts and belongings of Gandhiji. There is a library dedicated to the life and times of the Mahatma. A room where he used to conduct his meetings.



On the occasion of Gandhi Daur a field visit to
Mani Bhavan was organized by the MGM Dental
College and Hospital from 1st to 6th October,
2022 for the Interns and students
Mani Bhavan is the place where Gandhiji
resided for few months.

An exhibition where there are models depicting every phase in the Mahatma's life right from his birth to the independence movement. There is exhibition where products made from Khadi are sold ranging from bags, shirts, sarees. It was very fruitful experience where we got to learn a lot.

The Interns and students attended in batches for 3 days.



### Resonance Art Competition

October 6th, 2022.

An art competition titled as 'Resonance Art
Competition 'was conducted by the Artville – the
art club of MGMDCH on the occasion of Gandhi
Jayanti 2022. The theme for this competition was
to depict the Gandhian principles of nonviolence,
self sufficiency, truth, communal harmony in the
most artistic and colourful way.



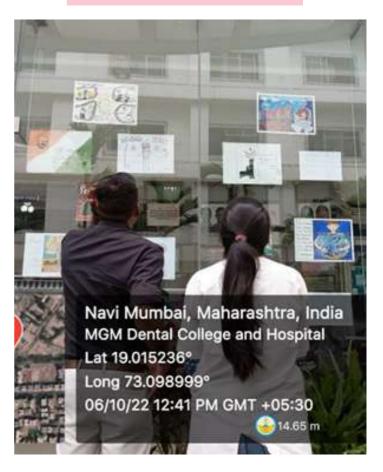
We received an overwhelming response and there were total entries. Each of them was unique, thoughtful and very creative. Dr. Bharat Gupta was the judge for the day and abiding by the given them 3 winners were selected.





#### Winners

1.Vaishnavi Yerne (1st Year) 2.Janhavi Shrivastava (Intern) 3.Vaishnavi Gonade(1st Year)



#### SABARMATI KE SANT

October 7th, 2022.

On the occasion of 'Gandhi Daur' Musical
Strings the Music Committee of MGM
Dental College had organized a tribute to
the Father of our Nation - Mahatma Gandhi
in the form of 'SABARMATI KE SANT' in
which students performed Gandhiji's
favourite Bhajans.

The event was conducted in Dr. A P J Abdul
Kalam Auditorium at 1:00 PM.
Gandhiji once said "Music has given me
peace. I can remember occasions when music
instantly tranquilized my mind, when I was
greatly agitated over something. Music has
helped me to overcome anger."







The event was a great success and helped us in remembering Bapuji's path of non-violence through the narration of inner meaning of all the bhajans.

The melodious performances were very well appreciated by the audience.



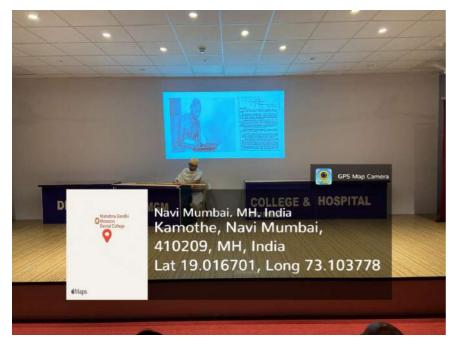
### JASHN-E-SWARAJYA

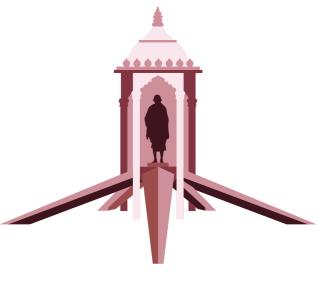
October 7th, 2022.



On the occasion of 'Gandhi
Daur' the Cultural Committee
of MGM Dental College had
organized a tribute to the
Father of our Nation Mahatma Gandhi in the form
of a musical skit.







The students and interns of MGMDCH portrayed different movements such as the Dandi March and Non - cooperation movement in their musical skits to remember the contribution of Mahatma Gandhi in our freedom struggle.

The event was conducted in Dr. A P J Abdul Kalam Auditorium 1:30 pm onwards.

The musical skit beautifully portrayed the life of the father of our nation, the struggles he faced and how he preached non violence to give a new birth to the nation.



The second year students had prepared a movie, showing our freedom struggle which was screened and the students were felicitated by Mr Kamal Kishore Kadam.



The event concluded with a beautiful Bharatanatyam dance on the instrumental classical version of our national anthem by our beloved interns.

### 'Sarvoday Donation Drive'

October 7th, 2022.



On october 6th, 5 interns from MGMDCH reported at the Kamal Arnav Charitable Trust with the proceedings from the Sarvodaya Donation Drive. interns of MGMDCH explained to them the importance of education and the value of their aspirations. Food was distributed among them and they were asked to showcase their talents. The residents sang, recited poems and danced. The residents were pleased to get advice from the interns and looked forward to meeting them again.





On the Occasion on Gandhi Jayanti,
MGMDCH Observed a week long "Gandhi
Daur". One of the Gandhian Ideology,
Sarvodaya is a term meaning 'Universal
Uplift' or 'Progress of All'. To cultivate
this ideology, the students of MGMDCH
started the 'Sarvoday Donation Drive'



### PEACE PRAYER

October 7th, 2022.







On the occasion of 'Gandhi Daur' Musical Strings the Music Committee of MGM

Dental college had organized a 'PEACE PRAYER' in which Gandhiji's peace prayer

was sung by our students.









All students, HODs and Dean lighted candles as a symbol of peace in front of Gandhiji's statue in the OPD area.

The event was a great success and helped in inculcating the value of peace in today's world.

Gandhiji once said "A man of prayer will be at peace with himself and with the whole world"





#### SHABDALANKAR - DEBATE COMPETITION

October 7th, 2022.

On the occasion of 'Gandhi Daur' the
Literary Committee of MGM Dental
college had organized a debate
competition. The topic was Relevance of non violence in today's
world.





The event was conducted in Dr. A P J
Abdul Kalam Auditorium 1:30 pm
onwards. The debate was a hit among
the audience who rather enjoyed and
participated in the same.





The topic touched upon a lot of ideas, relevance of Gandhiji's ideologies in current world and the discussion ranged from the world of mythology to the effects of violence on growing kids.





The debate competition was judged by Dr Isha Mishra from the department of Oral Medicine and Radiology and Dr Vineet Kini from the HOD of Periodontics.

The Best Debater was won by Tripti Jha and the Winning team for the debate competition were the interns, Shruti Manze, Chaitanya Pinge, Tripti Jha and Shruti Pathak.





#### DIYA PAINTING

October 20th, 2022.



Participants were provided with a pair of diyas, brushes, acrylic colours and few decorative articles. All the participants were asked to paint and decorate the diya in their own creative ways within a time limit of an hour.



A Diya Painting Workshop was conducted by the Artville – the art club of MGMDCH on 20th October 2022 on the auspicious occasion of Diwali 2022.



We received an overwhelming response and there were more than 35 entries including the students, Interns and Staff. The ideas of the diya were very unique, colourful and creative. Everyone enjoyed the workshop and overall it was a successful, colourful event.





#### INTERN'S ORIENTATION

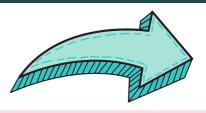
October 20th, 2022.



Internship is a crucial period of transition from academic learning to real - time practice. This program was conducted to officially welcome the new interns and introduce them to their new work environment.







Interns' Orientation was conducted with the view of educating interns and serving as a tool to mould them into empathetic, diligent, conscientious and skilled professionals having effective communication skills.



There were several eminent guest speakers talking on a gamut of topics that would help them keep up with modern dentistry and turn them into 'Next Level Doctors'.







### Clean India Campaign - NSS Event

October 21st, 2022.

The NSS Volunteers of MGMDCH organised a cleanliness drive on account on the Clean India Campaign at Panvel Railway Station on the 21st of October, 2022.









50 volunteers along the the Program Officers reported at Panvel Railway Station at 9.30 am where they cleaned various spots in the railway station premises while holding handmade placards to spread awareness.



The message and importance of cleanliness was propogated to many passengers. Railway Station Master Mr. J P Meena also appreciated the volunteers for their effort.



#### **CREATIVE BRAINS: PEACE IS ITS OWN REWARD**

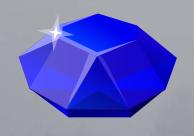


Recurring visions

down the chorus of trees,
kissed by the white-light of the noon,
we moved, absorbed into each other,
your clever banters filling the air,
my heart pounds faster,
we descend,
the earth between our toes,
breeze caressing the skin, now
I can bend like the grasses in the wind,
I see you through the heavenly brim.

we were there,
in a tangled mess
nothing established,
but we were there to stay,
to promise forevers upon a rock,
gazing into voids,
but futures entwined.
the myth of happiness
blurring into reality,
I wished upon constellations,
for an eternity, now
I can feel your smile drawing upon me,
I see you with desirous liberty,
I'll see you even when the blinds decree,
Far beyond my vision's dignity.

- Neeraj Giri





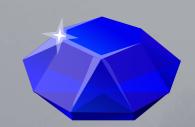


#### **CREATIVE BRAINS: PEACE IS ITS OWN REWARD**

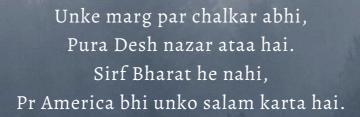


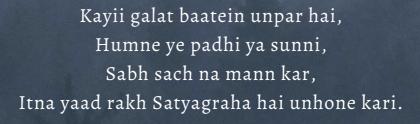
Humare Bappu

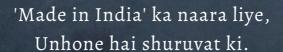
Sachai ke path par chalte, Sahi baat humey hai sikhlai.



Hinsa se ahinsa shreshtha, Sabhko hai ye dikhlai.







Ajj nahi toh kal tumhe hai ye apnana, Sparsh bhavna ko samjhkar, Sabhka samman hai tumhe karna.

Mohandas Karamchand ji ki baaton mai tha Svabhiman.

Unka mann kar, Abhiman se kaho hai woh humare Bharat ki Shaaan.

> Saloni Bandekar (New Intern)











## **PUN-TASTIC** WORDPLAY AND QUOTES

