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MAHATMA GANDHI MISSION'S DENTAL COLLEGE AND HOSPITAL

KAMOTHE, NAVI MUMBAI



The 75th Independence day

The ethos of our freedom struggle forms the foundation of modern India. Our visionary leaders brought together a diversity of world views to forge a common national spirit. They were committed to the cause of liberating the nation from the oppressive foreign rule and securing the future of her children. Their thoughts and actions shaped the identity of India as a modern nation. This year, on the 75th Independence day of our nation, we remember our freedom fighters and the values they bore in mind while laying the foundation of a new country. That being said, the theme for this month's issue of the newsletter is "Independence Day - Do we enjoy real freedom?"

This issue also includes the events conducted by the College Working Committee of the college, write-up from our staff in charge, a word from parents, as well as the achievements by our students.

Therefore, dive in to know more!

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SUB EDITOR'S SAY: INDEPENDENCE DAY - DO WE ENJOY REAL FREEDOM?

We need to ask those born before 1947 to know the pangs of the anguish of being enslaved under colonial rule. For every Indian in those days, it was indeed a Herculean task to fight against those powerful giants - the British.

Those difficult times and struggles must not be allowed to fade away from our memories. Hence, every Independence Day 2022, we not only celebrate our freedom, but we also pay tribute to the ones who fought for it, to the ones who held a vision for our country, and to the ones who sacrificed themselves for the same.

The idea of being an independent nation, where sovereign power lies with us to determine our future, places a huge responsibility on our shoulders. The significance of its beautiful story is that this nation has gained respect from the world for the democratic route chosen by it. We can proudly say that India has never invaded any country in its 10000 years of history.

On this occasion, our thoughts turn first to Mahatma Gandhi, the man behind our struggle for freedom, and the martyrs who made the supreme sacrifice for our country's liberty. We also remember the relentless struggle of our great patriots who liberated our motherland from colonial rule.

Thus, as proud citizens of this country, it is our responsibility to sincerely perform our duty and progress together for the growth and development of our country. Keeping the sacrifices of our ancestors in mind, we should take an oath to carve a better future for our motherland.

Dr Sarika Shetty
Reader
Department of Periodontics

FACULTY SPEAKS : INDEPENDENCE DAY - DO WE ENJOY REAL FREEDOM?

" Here is a mantra, a short one, that I give to you. You may imprint it on your hearts and let every breath of yours give expression to it. The mantra is 'Do or Die'. We shall either free India or die in the attempt; we shall not live to see the perpetuation of our slavery. Every true congressman or woman will join the struggle with inflexible determination not to remain alive to see the country in bondage and slavery."

This was the famous speech, delivered by the father of the country, Mohandas K. Gandhi, which altered the course of our history, at the height of the 'Quit India' movement. We remember our heroes, the celebrated and the unsung on this occasion of Independence day, who toiled throughout their lives to bring a change in an overly exploited people. To bring people together, to remind them that things don't need to be this way, that our rights which have been long forgotten over the course of a 100 years can be brought back. We look back and bow down to our founding fathers to have taken the difficult steps needed, so that the future generations can live a life where they do not have to question the quality of their life and more importantly their freedom.

Dr Shraddha Ghaise
Lecturer
Department of Oral Pathology

PARENTS SPEAK INDEPENDENCE DAY -DO WE ENJOY REAL FREEDOM?

As a child, freedom was for me was the amount of distance I could travel while chasing a butterfly before letting it fly freely in the gardens. As I grew up, I learnt freedom meant, having the right to do things that we want to do without impinging on other people's rights and for a very long time, I believed that was it.

But times have been changing and as things and experiences influence us, it also makes us wiser and so I hv come to realise, the real freedom lies in the freedom of thought. "The ones who control the media, control the nation." This is a line from the book '1984' that influenced the way I thought about freedom. If we aren't free to have relevant knowledge about how the government is ruling us, we cannot have the ability to make relevant decisions. The moment we lose the transparency, we lose the essence and trust in the ruling authorities and hence our freedom. Therefore, the press holds a major role in a democracy to make sure that the citizens can make their decisions by knowing the truth, of any matter. This in turn, helps us to make sure we aren't being taken advantage of, and helps securing our freedom.

The other forms of freedom, the freedom of speech, freedom of expression, they follow suit, but if we don't have the freedom to think by knowing the facts and hence base our political stance as a voting citizen, we slowly begin to lose it all. So to make sure that people should be able to enjoy real freedom, we should start there.

- Audrey Silveira

ORAL HYGIENE DAY

1st August 2022

The Oral Hygiene Day is celebrated, every year by the Indian Society of Periodontology on 1st August to commemorate the birthday of Dr Govind B. Shankwalker, the pioneer of Indian Periodontics and his immense contribution to Indian Periodontic society.

The event was inaugurated by MGM Hospital Director, Dr Salhotra and our beloved Dean Dr Srivalli Natarajan as they lit the lamp as an acknowledgement of Dr Govind B Shankwalker. The interns were part of a oral screening camp conducted in the MGM Hospital and explained oral hygiene instructions using a video made by the Post Graduate students of the Department of Periodontics.



The interns also went to each and every department and taught the patients oral hygiene instructions and solved their queries. Small interactive activities were kept and gifts were given to the most receptive patients to encourage better oral hygiene practices.

PHOTOGRAPHY WORKSHOP

3rd - 4th August 2022



The College Working Committee in association with the Pixel team and Dr Avinash Naraynkar had organised a dental photography workshop on 3rd and 4th August 2022. The lecture included introduction of different types of lenses, exposure, aperture, shutter speed and other terminology related to DSLR Photography.



The basics were covered in the workshop and interns were encouraged to apply the new skills learnt by clicking photographs themselves.

The two day photography workshop was aimed at the interns and included the basic skills required for every kind of photography which was later more focused on dental photography.



AZAADI KA AMRIT MAHOTSAV

10th August 2022



'Azadi ka Amrut Mahotsav' was celebrated by MGM Dental College on 10th August 2022. The program commenced with grand welcome of the president of Dental Council of India and our Chief guest Dr Dibyendu Majumdar, Guest of honor Dr Mahendra Kalyankar, Shri Kamal Kishore Kadam and Shri Ganesh Deshmukh, with a dance performance by the students and interns.



AZAADI KA AMRIT MAHOTSAV



Interns and students welcoming the guests with a dance performance as well as their melodious singing.



Inauguration of the Unnat Bharat Abhiyan by lighting of the diya by our dignitaries, DCI President Dr Dibyendu Majumdar, Municipal Commisioner of Panel, Mr Ganesh Deshmukh and Mr Kamal Kishore Kadam.

AZAADI KA AMRIT MAHOTSAV



The mobile dental van was then inaugurated by the DCI President Dr Dibyendu Majumdar.



AZAADI KA AMRIT MAHOTSAV



The dignitaries then further proceeded to inaugurate the new media lab as well as the Cone Beam Computed Tomography system in the Department of OMDR.



AZAADI KA AMRIT MAHOTSAV



The interns and students enacted a skit based on the life of President Draupadi Murmu. The skit included events from the beginning of her life till her swearing in as the president of India on 25th July 2022.



The Sarpanch, ASHA workers, anganwadi workers, the toppers of the village clusters as well as the university topper from MGMDCH were felicitated by our guests. The event was then concluded with singing of the national anthem.

HAR GHAR TIRANGA ABHIYAN

13th - 15th August 2022



To mark the 75th Independence day, the NSS unit of MGMDCH encouraged everyone to be a part of the Har Ghar Tiranga Campaign and a stall with different patriotic tokens and the tiranga was also put up.

The Har Ghar Tiranga Campaign started on 13th August and lasted till 15th August 2022. It was aimed to provoke a feeling of patriotism in all the residents of the country. Everyone was encouraged to hoist a flag at their home and workplace and also keep the tricolour flag as the profile picture across various social media platforms.



SPECIAL CREDITS TO SECOND YEAR STUDENTS



12th August 2022

On 12th August 2022, the second year students of the college, presented our Dean, Dr Srivalli Natarajan with artwork for the 75th Independence day celebrations.



The beautiful artworks were further displayed on the glass display boards at the entrance of the college.



Students had also put together an inspirational movie which included all the historic events which led up to the independence of our nation. The movie was then screened in the OPD area.



INDEPENDENCE DAY CELEBRATION

15th August 2022

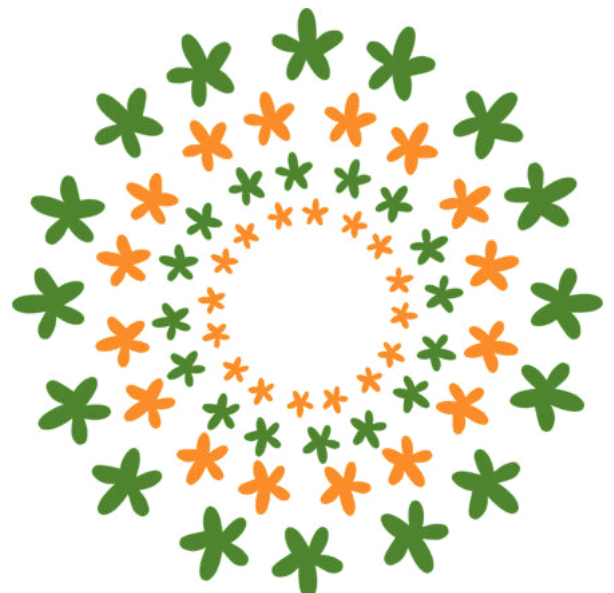
The 76th Anniversary of Independence of India was celebrated on 15th August 2022 as a common event for the entire MGM Educational Campus, Kamothe, Navi Mumbai. The event started with Prabhat Pheri in the Kamothe campus by MGMIHS NSS unit, staff and students in the campus.

University Officials and the Institute Heads which included our beloved Dean, Dr Srivalli Natarajan, were recieved by The Dean, MGM Medical College at the office.

Garlanding and floral tributes to the statue of Mahatma Gandhi was done by the dignitaries, whereas the flag hoisting was done by Hon'ble Chancellor followed by the national anthem.

There was enactment of a skit based on the life of President Draupadi Murmu, by the interns and students of MGM Dental College and Hospital, as a part of the cultural events for the day.

The event was concluded with distribution of refreshments for the attendees.



PREVENTIVE DENTAL TREATMENT CAMP AT PALGHAR

23rd - 25th August 2022



The Department of Public Health Dentistry, MGM Dental College and Hospital, has partnered with Rotary District 3141 and conducted dental check-up camp at Palghar from 11th to 13th April 2022.

Based on the findings of the check up camp a preventive dental treatment camp from 23rd to 25th August was conducted for the school children and were treated with flouride application and pit and fissure sealants.



The transport and stay facilities for the faculty, non-teaching staff and interns were arranged in association with the Rotary Club. The camp was held at 17 camps across Palghar district, benefitting 1054 children with the preventive treatment.

PREVENTIVE DENTAL TREATMENT CAMP AT PALGHAR



Camp at Chahade



Camp at Pargaon



Interns treating patients at various camps across Rotary district 3141



LECTURES BY MR RUPAK SHAH

26th - 27th August 2022

The Institute's Innovation Council had organised a lecture on topic 'Business Model Canvases' making it easier for future entrepreneurs to understand the basics of business models.



The lecture was conducted on 26th August and the chief speaker was Mr Rupak Shah. He explained the template for developing new business models and documenting the existing one.



On 27th August, another lecture was conducted by Mr Rupak Shah on the topic "Opportunities for students and faculties", shedding light on the scope of business opportunities for students and the faculty with a dental/ medical background.

These lectures have been insightful for young students who might want to broaden their horizons in non clinical career aspects after BDS.

Lecture on Lean Startup And Minimum Viable Product/ Business

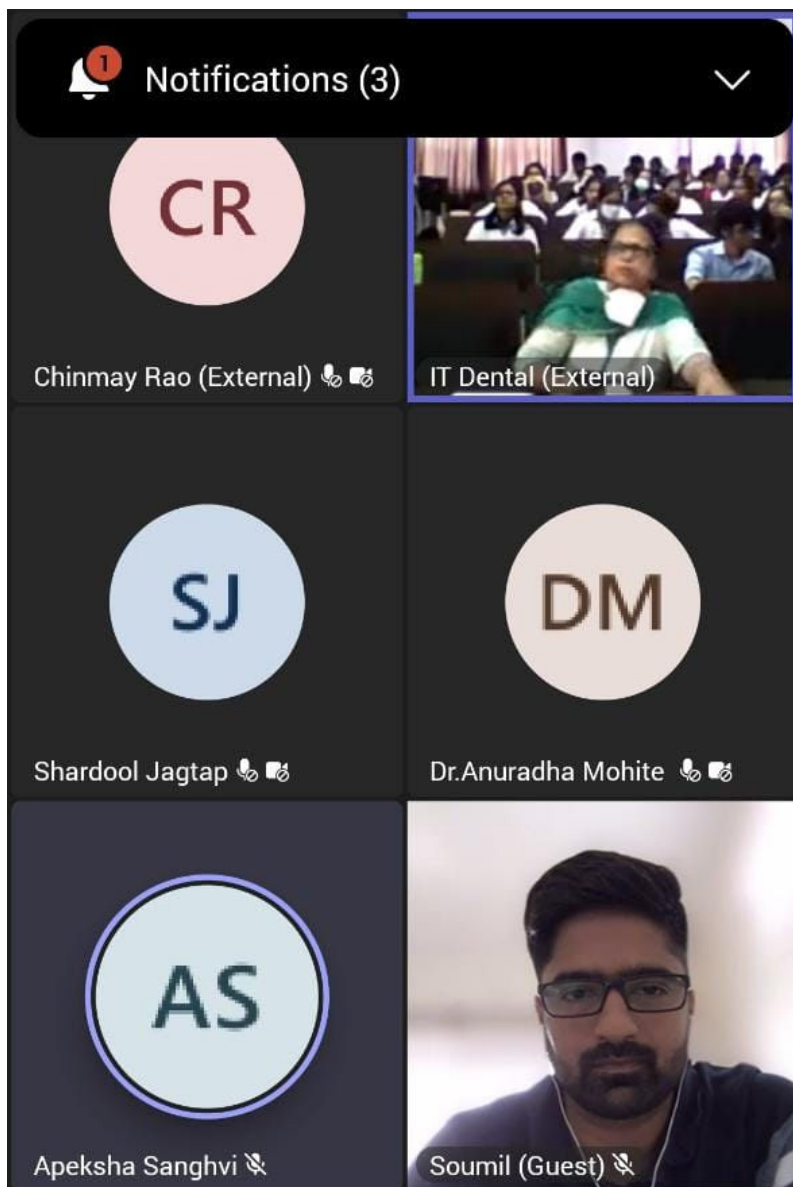
24th August 2022

The IIC had organised a lecture on "Lean Startup and Minimum Viable Product/ Business. The speaker for the event was Mr Soumil Rao.

Mr Soumil Rao is the co-founder at WorkIndia, which is a market place for hiring employees.



Lean startup is an approach to building new businesses based on the belief that entrepreneurs must investigate, experiment, test and iterate as they develop their product. The lecture highlighted the relevance of this concept for our students and interns.



Lecture on Startup - Legal and Ethical steps

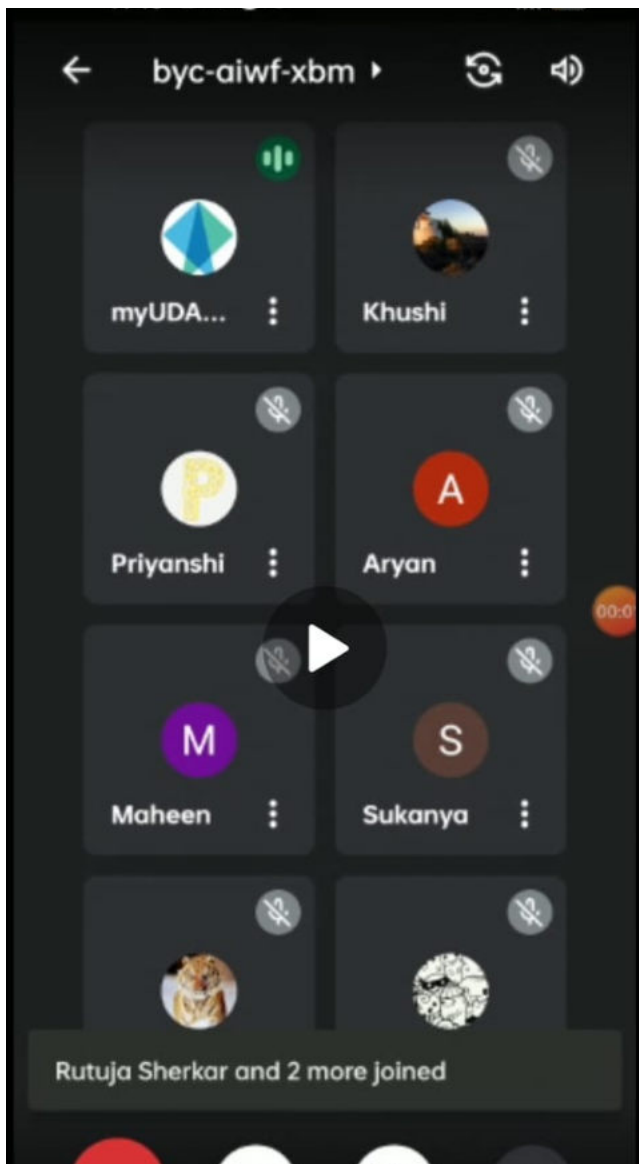
30th August 2022

The Institution's Innovation Council of MGM Dental College and Hospital conducted a lecture on "Startup - Legal and Ethical steps" on 30th August 2022. The chief speaker for the lecture was Mr Ravindra Singh.



The objective of the session is was to bring awareness about Legal and Ethical Steps for faculties, students and the Entrepreneur community. The session explained the basics of startups, including its initiation, raising funds, legal and ethical aspects of startups.

He emphasized upon the need to develop an entrepreneurial approach in an ethical manner and shed light upon legal limitations and scope for the same. He provided the platform for the attendees to ask questions which made the session highly interactive.



Workshop on IPR

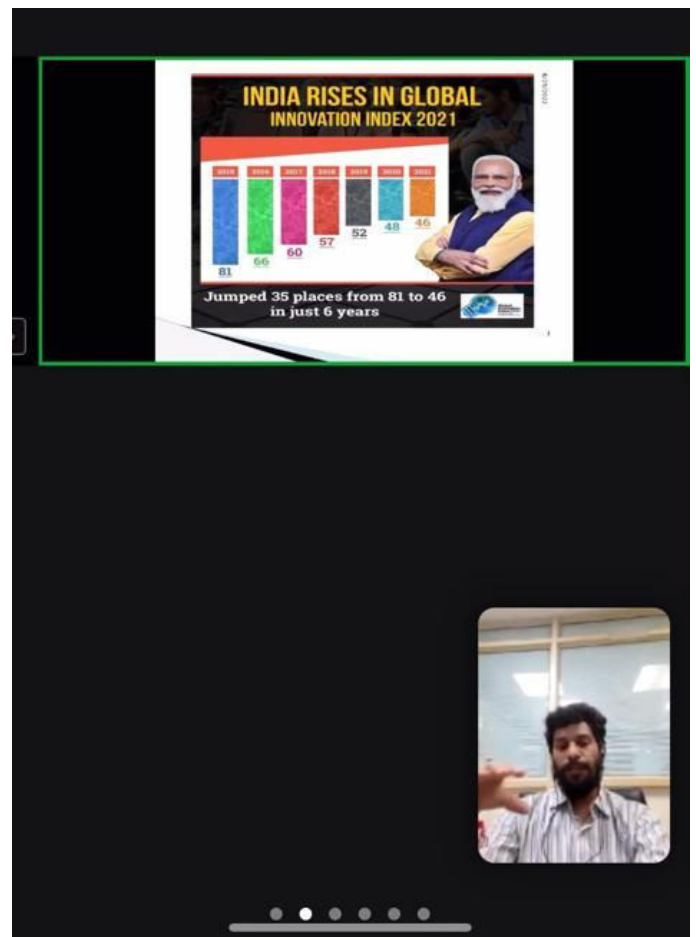
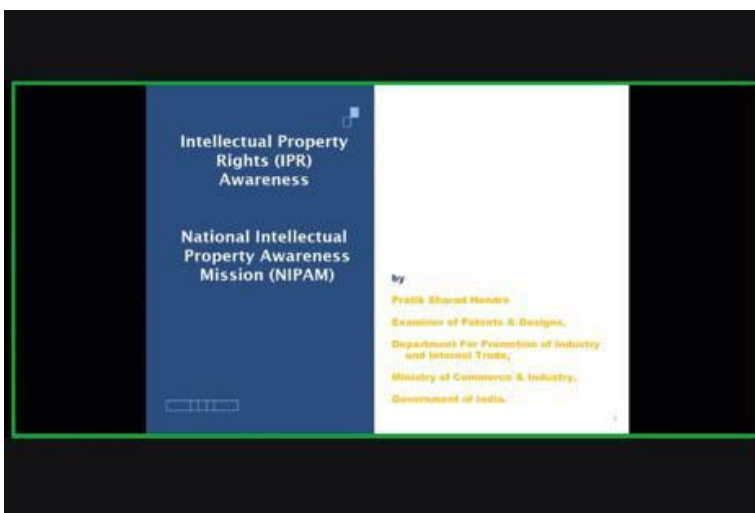
29th August 2022

The Institution's Innovation Council of MGM Dental College and Hospital organised a webinar on Intellectual Property Rights (IPR) on 29th August 2022.

The lecture was delivered by Mr Pratik Hendre. The main objective of the lecture was to sensitize students, interns and faculty on Intellectual Property Rights. After Mr Pratik Hendre enlightened the audience with the knowledge of patents and copyrights, we had a question and answer session.



Many students benefitted from his talk where he answered their questions, and they in turn understood the benefits of protecting their intellectual property.



CREATIVE MINDS

मातृभूमि

यह भूमि है असंख्य विरो की,
गाथा शौर्य और शुरो की।
यह भूमि है ख्याति शान की,
विरो के बलिदान की।
यह भूमि है वेद-पुराण की,
मंदिर और पावन धाम की।
यह भूमि है विशाल हिमालय की,
गंगा- यमुना और शिवालय की।
यह भूमि है कर्म-संस्कारों की,
संस्कृति और त्योहारों की।
यह भूमि है वैराग्य और ज्ञान की,
गौरव और उत्थान की।
यह भूमि है स्वाभिमान की,
जन जन के सम्मान की।
यह भूमि है व्यक्तिविचार की,
हर किसी के अधिकार की।
यह भूमि है साक्षी इतिहास की,
हमारे भक्ती और विश्वास की।
यह भूमि है स्वतंत्र भारत की,
यह मातृभूमि है भारत

अविनाश रत्नपारखे

CREATIVE MINDS

BECOMING IMMORTAL

MY DAILY REGIME OF COUNTING THE DAYS,
FRONTIERS SUMMONING YOU, TO CALM THE BLAZE,
IN THE AGONY OF MIND, AND PERPETUAL DREAD,
I'D KISS YOU GOODBYE WITH THINGS LEFT UNSAID.

YOUR IMMINENT DEPARTURE ALWAYS LEFT A VOID,
IN MY HEART SO NAIVE, WITH REASONS TO BE ANNOYED,
MY DESOLATE MORNINGS, WITH DREAMS UNTRUE,
MY PILLOWS COLD, NOW SMELLED LESS LIKE YOU.

I'VE IMAGINED YOU STRIDE IN YOUR WARRIOR SUITS,
IN MY DEVILISH JOY, I'D PRACTICE YOUR SALUTES,
WHEN YOU CALLED ME FROM SOME AFGHAN CAVE,
TEARS MET MY SMILE, AS I WHIMPERED BEING BRAVE.

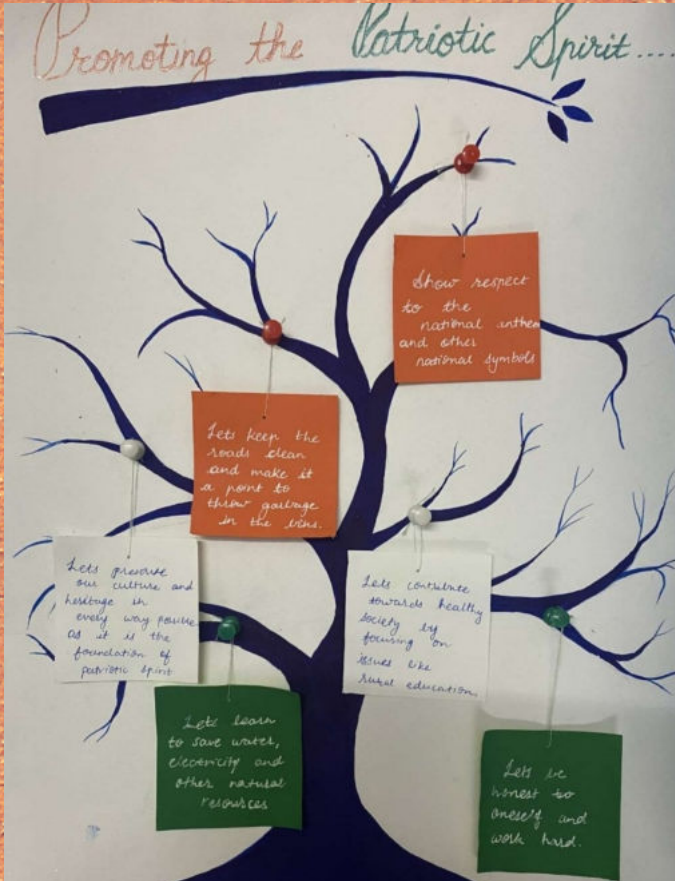
YOUR MILITARY BADGE, WITH THE FLAG SO BRIGHT,
I MARVELLED AT IT DAILY, WISHING WE'D REUNITE,
ENTRUSTING ME WITH IT, AND PROMISES MADE,
YOU HUGGED AND LEFT ON THE DAY OF THE PARADE.

WEEKS FLEW BY BUT NO CALLS FROM YOUR SIDE,
FATE PLAYED OUT, BROUGHT THIS DREADFUL TIDE,
YOU GAINED FREEDOM, BY PAYING THE PRICE,
UNFORGETTABLE HONOUR, THE ULTIMATE SACRIFICE.

IT'S THE 15TH AGAIN, AND THE COUNTRY GLOWS,
PARADES AGAIN, MY HEART IN PAINFUL THROES,
YOU'LL LOOK DOWN PROUDLY HOLDING HEAVENLY SCROLLS,
YOUR MEMORY KEPT ALIVE IN MILLIONS OF SOULS.



ARTISTS OF MGM



Disha Somani
2nd BDS

Vedika Pangarkar
Final BDS



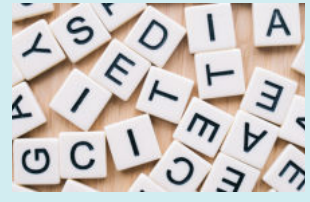
Pratiksha Mali
2nd BDS

ARTISTS OF MGM



Kinjal Jain
1st BDS

Geetika Tirodkar
Intern



PUN - TASTIC WORDPLAY AND QUOTES



Freedom is not worth having if it does not include freedom to make mistakes.

M. K GANDHI

The sword of revolution is sharpened on the whettingstone of ideas.

BHAGAT SINGH



A person whose mind is not free though he may not be in chains, is a slave, not a free man.

DR B.R AMBEDKAR

