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MAHATMA GANDHI MISSION'S DENTAL COLLEGE AND HOSPITAL

KAMOTHE, NAVI MUMBAI.



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Save the planet. Go sustainable.

Humans are destroying the environment, every single day. We are ruining it with every balloon we let vanish into the air, we are ruining it with every cigarette butt we throw out the window, every napkin we drop as we're stuffing our face with food on our morning commute. We are constantly and consistently ruining it to the point where we are close to killing two-thirds of wildlife off in just 50 years. Think beyond yourself for just a moment and think about the effect of your carbon footprint on the environment, then start making those changes today. Oh and in case you missed it, becoming eco-friendly will also save you some big bucks by making small changes. Your wallet will thank you along with the environment. At present the number of disasters are gradually increasing in a year which destroy thousands of human lives and create economic loss for the affected country. We have to become aware immediately before the situation goes out of control .

SUB-EDITOR'S SAY: SAVE THE PLANET.GO SUSTAINABLE.

Earth is the only known planet in this universe where life is possible as it has basic necessities of life. We need to maintain the natural quality of our mother earth in order to continue the healthy life here. Save earth save environment and save earth save life are the most famous slogans to increase awareness about save earth among people. There are various means the condition of our earth is getting declined day by day due to the pollution, greenhouse gases, etc. It is generating the harmful impact on environment and thus health of people. It is the responsibility of human beings to keep earth safe, clean and natural. Earth is our mother planet which gives us all the necessary things we need for living a life. So, we are also responsible to maintain its natural quality and greenery environment. We should not waste and pollute its natural resources for our small benefits.

- Dr. Sarika Shetty
Reader
Department of Periodontics



FACULTY: SAVE THE PLANET.GO SUSTAINABLE.

Progress, comfort of living and technological advancements come at a price; one that is often paid by Mother Nature. Environmentally conscious and responsible choices and ways of living will help preserve the environment and its natural resources for both present and future generations.

Sustainability therefore encompasses utilisation of eco-friendly goods and services and adoption of behaviour advantageous socially, economically and environmentally in order to promote a harmonious coexistence of humans and nature. A rightful trend, it indeed is the need of the hour and there are a few responsible choices we can make to save the planet. Every item we buy has an environmental impact, whether it is due to the resources used to make it, the pollution produced while making it, or the packaging that ends up in landfills. So consider whether you actually need it before making a purchase. Look for a fuel-efficient car if you're in the market for a new vehicle because you'll save thousands on fuels and lessen your carbon impact over time. When buying a new refrigerator or dishwasher or any other appliance, seek for the Energy Star label to identify the most energy-efficient option. Switch to solar wherever and whenever you can. Numerous marine creatures and birds are killed each year as a result of ingesting plastic or being entangled in it. A few easy methods will help you start reducing your plastic waste: Use reusable bags when you go shopping, do away with single-use water bottles, spoons and straws, and if possible, steer clear of goods manufactured of or packaged in plastic. When feasible, choose organic foods; while they can be heavier on the pocket, they protect your family, agricultural workers, and wildlife by keeping dangerous chemicals out of our land and water. Conserve water, fix that long pending leaky faucet and take shorter showers. Prevent food wastage by being a smart shopper and using the entire portion of the produce used for cooking. Every day we have the option to use alternatives in our lives that have the potential to positively impact the environment and other species. Choose wisely to leave a wholesome planet or whatever version of wholesome exists right now, if not better, for the generations to come. We all owe at least that much to Mother Earth, that has never failed to provide in abundance, perhaps even more than we deserve!

Dr Isha Mishra

Lecturer

Department of Oral Medicine and Radiology

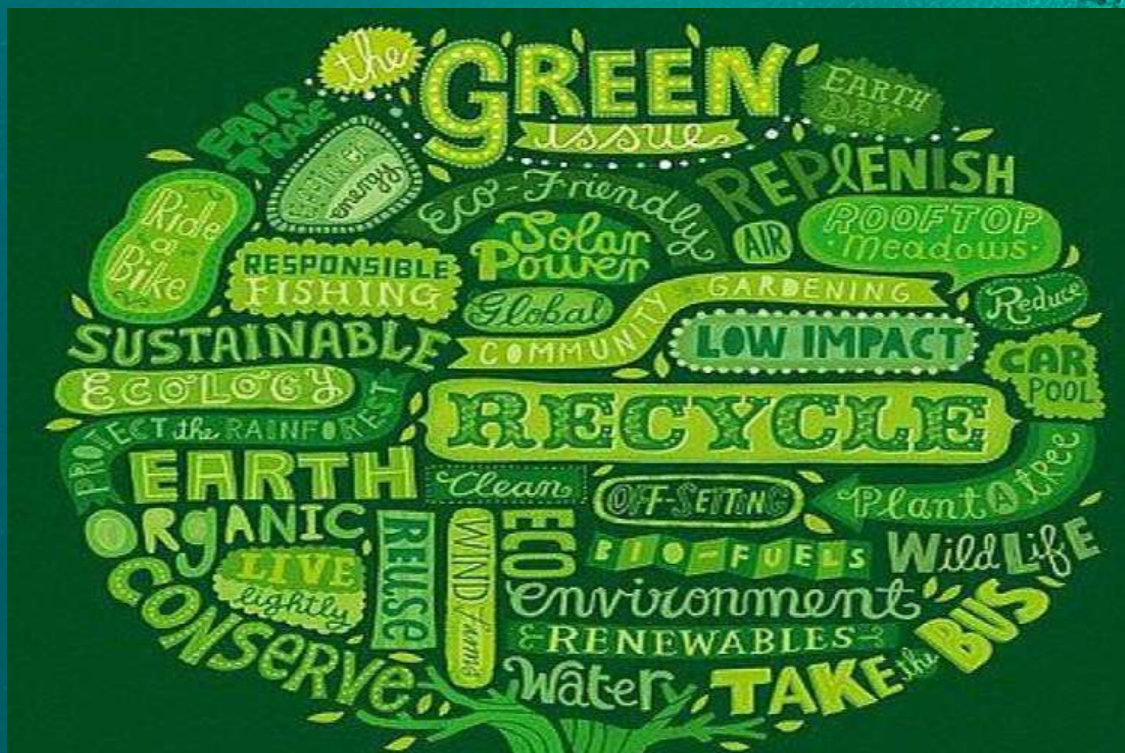


PARENTS SPEAK: SAVE THE PLANET.GO SUSTAINABLE.

People around you, people you work with, and your friends will see you changing aspects of your lifestyle to be more mindful of what we are doing to the planet. Take responsibility for being a citizen of the Earth, and don't expect "others" to make changes. We all need to do our part and make **INFINITELY** better decisions, and if this is you, know that you will make a difference to the people in your life. It isn't easy, it isn't cheap, and it can be time-consuming to figure out what the best choices actually are, but it's worth it. Just because other people don't care doesn't mean we should just throw our hands up. Lead by example. Don't expect the rest of the world to make good choices to make up for yours. **YOU MATTER.**

What you buy and consume matters, and it directly affects the rest of the world. Don't expect all the 'hippies' to eat organic and locally, or even worse, don't just decide it's not worth trying. It **IS**. Even if you don't care about the people of the planet (we've done this to ourselves), at least make an effort for the animals. **THEY DESERVE BETTER!** The animals of this planet do not deserve to go extinct because of **OUR** poor choices and lack of caring.

- Manuel Mascarenhas



OFFICIAL FRESHER'S PARTY

June 9th, 2022.



First years students were felicitated for the title of Mr and Miss Fresher's on 9th June 2022. The much awaited Fresher's Party was organised on this day which was met with much enthusiasm by our first year students.

The event was organised by the interns and graced by the presence of our beloved staff members Dr Agraja Patil and Dr Neeraj Kolge.



Students participated with much gusto and had the opportunity to showcase their skills such as singing, dancing, mimicry as well as their writing skills during the student – intern engagement.



By the end of the night, after deliberation between staff and fellow interns, Master Hemanshu was crowned the title for Mr Fresher while Miss Vanshika Sharma was crowned for Miss Fresher.

Shared Shelves – A Book Swap Event

June 9th, 2022.



A book exchange event was organised by the Literary Club of the College Working Committee of MGM Dental College on 9th June 2022.

Provisions for made for students to be able to exchange their books with other interested students as well as staff members.



All the HOD's from various departments of the hospital were invited to be a part of the book exchange. The stage was graced by our Dean, Dr Srivalli Natarajan ma'am and Dr Vineet Kini sir, who's words encouraged students to inculcate the habit of reading in their daily lives.



Everyone was allotted a token number by chit lottery system and students were then allowed to exchange their books. Apart from students' personal book collection, books from our generous library section were also utilised for the event.

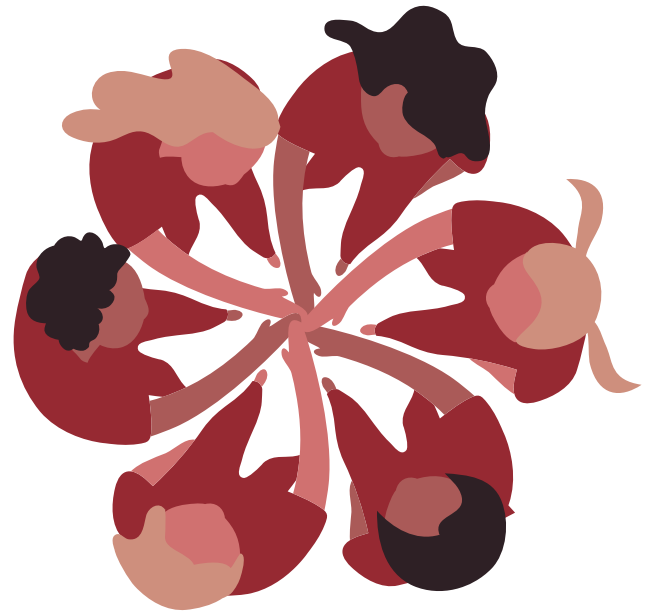


Girl Power-Empower Women

June 28th, 2022.

Artville conducted an art event " Empowered women, Empower women" on 28th of June 2022.

As a part of the event all the ladies of MGM dental college were asked to put their handprint on the wall of Girls Common Room (GCR) with their name and a motivational word.



There was an overwhelming participation from all the female students, Interns, PGs, staff, nonteaching staff and our Dean maam. All the ladies left their handprints on the walls of MGMDCH.



Convocation for Graduating Interns

June 14th, 2022



Amongst chaos and much trials, our seniors, the graduating batch of Interns 2021-2022, finally had their convocation on 14th June 2022. The interns, were handed out their degrees and badges by our Dr Srivalli Natarajan as well as our HOD's as the interns walked to the stage one by one.



The event was hosted by Dr Vaibhav Thakkar and Dr Sarika Shetty while the proud parents of the interns attended the event. The auditorium as well as the lecture halls were occupied by guests who were keen on watching their wards get their degrees as they walked the halls in their black robes. Speeches were delivered by Dr Karishma Jadhav, general secretary of the batch, Dr Prachi Bheke, the intern representative as well as Dr Asmita Kokare.

A live broadcast of the event was shared with parents who couldn't physically be present within the auditorium to watch their wards. The event also included the distribution of the annual magazine – Amalgam as well as the cherished yearbook – A Year Like No Other.



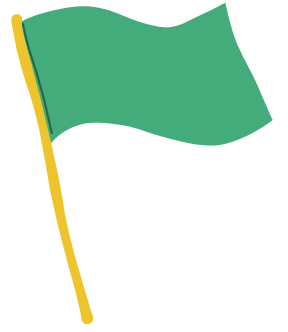
MUHS Foundation Day

June 10th, 2022.

In association with the College Working Committee , the NSS unit of MGM Dental College and Hospital organised a flag hoisting event on the occasion of MUHS Foundation Day on 10th June 2022.



Maharashtra University of Health Sciences



The flag was hoisted, near the post graduate hostel within the campus in presence of our beloved Dean, Dr Srivalli Natarajan ma'am.

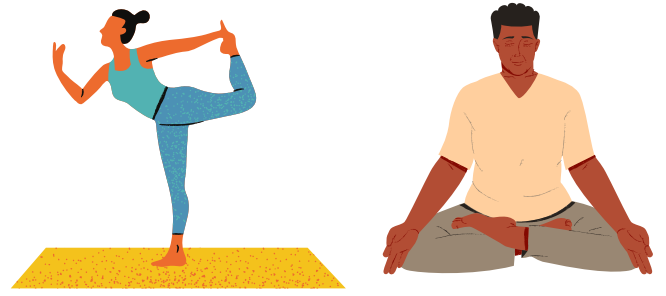


The hoisting of the flag was followed by a tree plantation drive which was attended and conducted enthusiastically by our interns and staff members alike. A total of 25 tree saplings, provided by the CWC Interns were planted within the campus.

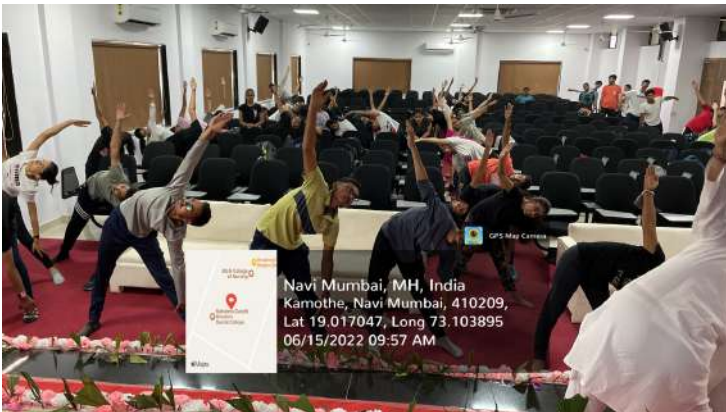


International Yoga Day 2022

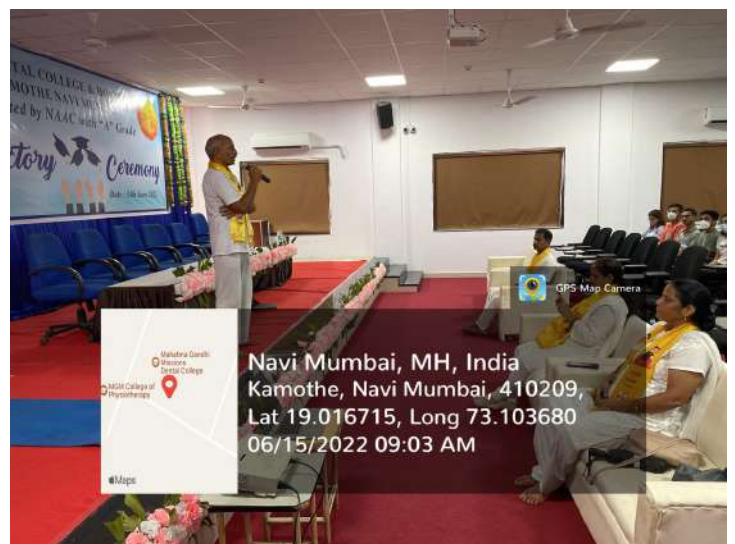
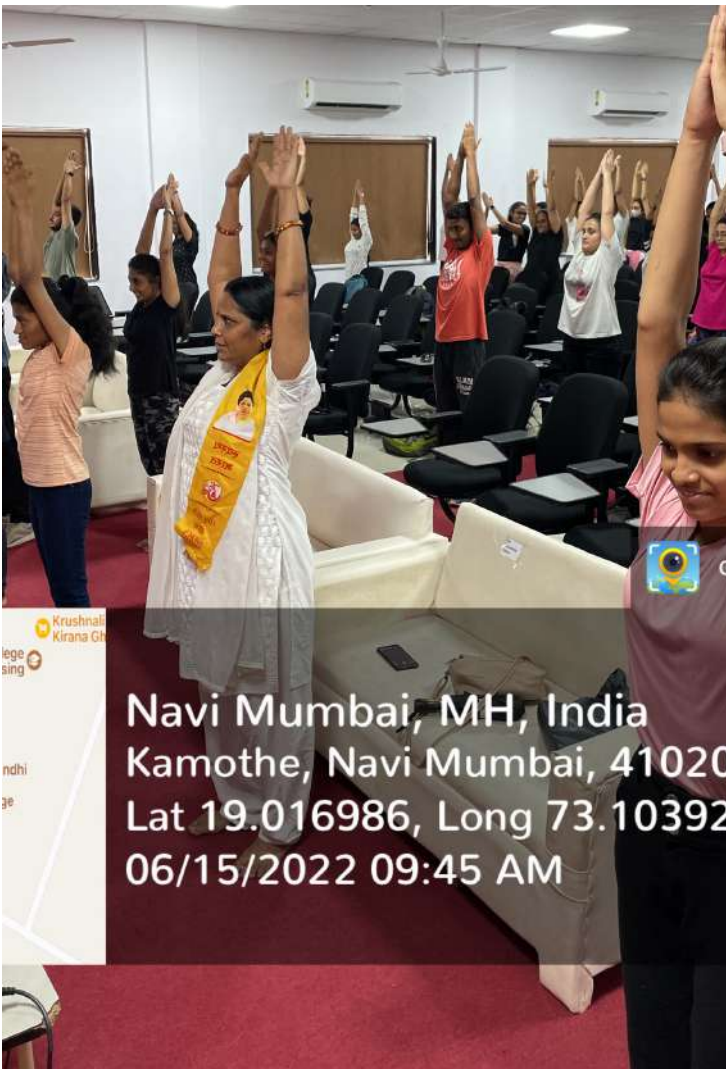
June 21st, 2022.

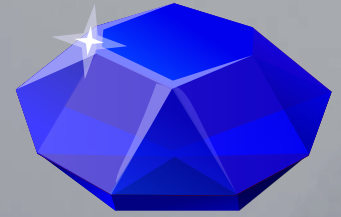


The National Service Scheme Unit of MGMDCH organised an event on the International Yoga Day on 21st June 2022.



The specialized team from the Patanjali Yog Samiti, Panvel graced the occasion and taught all the students, interns and staff members present at the venue, important aspects of yoga and its inculcation in everyday lives.



CREATIVE BRAINS: SAVE THE PLANET.GO SUSTAINABLE.**Emeralds and Sapphires**

I once stood near the lake, as blue as the
sapphire,

Where with my cousins I used to build a
bonfire,

Now dirt floats on its surface with no hint of
life beneath,

I miss the cool breeze and pure air I used to
breathe.

My backyard was full of trees as green as the
emerald stone,

Now it stands barren and all the birds have
flown,

I miss the clouds in the sky and the morning
mist and fog,

All I see today is the suffocating ,obnoxious
smog.

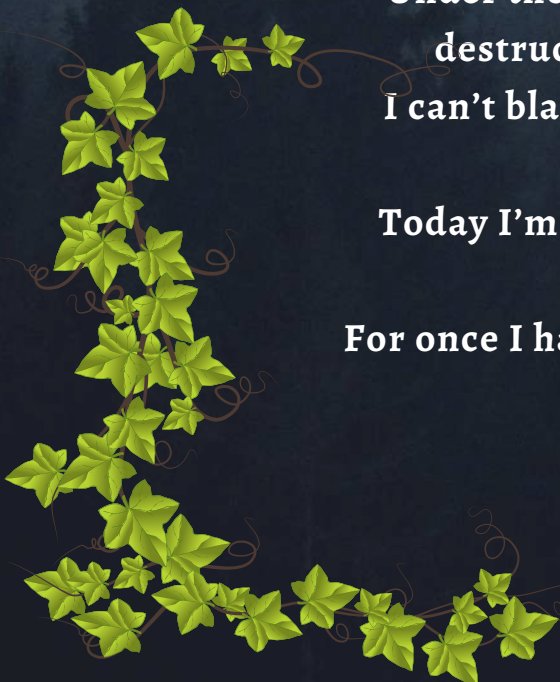
Under the name of development, was this
destruction of nature even worth it?

I can't blame anyone ,because somewhere
even I was a part of it.

Today I'm left only with faint memories to
cherish and admire,

For once I had them all ,the precious emeralds
and sapphires.

-Devashree Kamble
(2 nd BDS)

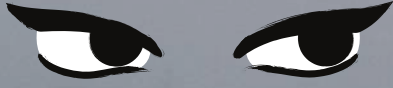


CREATIVE BRAINS: SAVE THE PLANET.GO SUSTAINABLE.

eyes

*crystal clear, but frozen
like the precarious surface
of a winter lake,
they remained soothing,
safeguarding the unknown,
but sometimes pale,
like the moonlight
dispersing into a cloudless sky,
they were emotionless,
at times heavy,
with unshed tears
conceived from bearing
the brunt of the world,
sometimes glazing,
like liquid gold
infused with amber,
they captivated each soul,
falling prey
to their radiance,
sometimes like ebony,
pitch black, they mimicked,
a starless night,
but a firewood simmered,
amongst those profundities,
emitting warmth,
unfailingly mirroring everything,
those crystals of hazel,
were pure,
like the maple leaves in the fall,
greeting the autumn,
but never learning,
the art of deception.*

-Neeraj Giri





ARTISTS OF MGM



Muskaan Sayed
1st year BDS



Neha Mishra
1st year BDS



ARTISTS OF MGM



Shrutika Varak
1st year BDS



Kinjal Jain
1st year BDS



PUN-TASTIC WORDPLAY AND QUOTES



Why did the dentist get lost at sea?
Because he was exploring the great barrier
teeth!

Jennifer Mascarenhas
Intern

Why do dentists go to the zoo?
To see the enamels!



Surabhi Landge
Intern



Why did the dentist get arrested by
the FBI?
For supplying false identiteeth!

Arpita Biswas
Intern