



**Patrons:**

**Mr. Kamal Kishore Kadam  
Dr. P.M. Jadhav  
Dr. Sudhir Kadam  
Dr. Nitin Kadam**

**Issue 4- 12.2021**

# Mahatma Gandhi Mission's Dental College and Hospital

Kamothe, Navi Mumbai

**Board of directors:**

**Editor in Chief: Dr. Srivalli Natarajan**

**Sub-editors:**

**Dr. Sarika Shetty  
Sanika Gokhale, Bhagyashri Deshmukh,  
Akanksha Satardekar, Anuj Naware,  
Asmita Kokare**

## Monthly events at MGM DCH-December 2021

### Tips and techniques - Painless shots

December 2, 2021

The Internal Quality Assurance Cell of MGM DCH and Department of Oral and Maxillofacial Surgery organized a lecture and demonstration on "**Tips and techniques - Painless shots**" in association with SEPTODONT. The lecture and demonstration was conducted on 2nd December 2021 for Interns, Final year BDS students and Postgraduate students 10:00am onwards in batches. The sessions were conducted by Dr. Amit Shah, a renowned oral surgeon.



### National Pollution Control day

December 2, 2021

An awareness rally was conducted in the MGM campus and activities like Placard making competition and '**Solution to Pollution- Unity for a cause**' were held to raise awareness about the causes, effects and ways to prevent environmental pollution.



### Roadmap to NEET MDS

December 9, 2021

Internal Quality Assurance Cell of MGM DCH and Department of Oral And Maxillofacial Surgery organized a lecture on "**Roadmap to NEET MDS**" for Interns on 9th December 2021. The speakers for the lecture were Dr. Chinmay Rao and Dr. Padmakar Baviskar. The lecture aimed at giving more clarity to interns appearing for NEET MDS in the near future.





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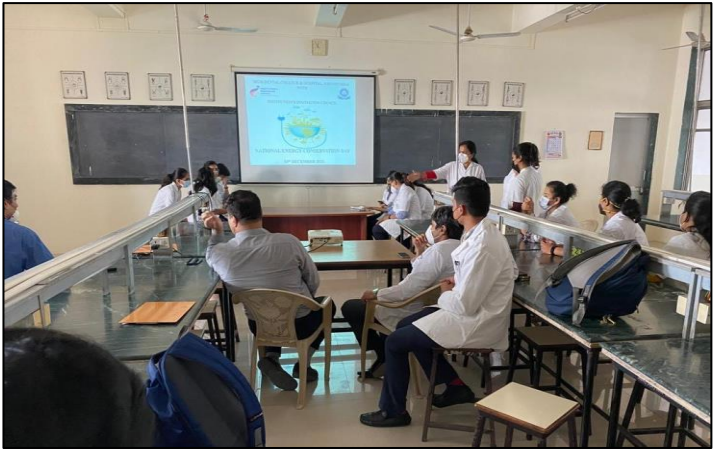
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## Monthly events at MGM DCH-December 2021

### Energy Conservation Day December 13, 2021

On the occasion of National Energy conservation day, innovative events were organized by MGM DCH IIC, like a lecture on 'My story-Motivational session by successful Innovator by Er..Salim Jafri (Proprietor of Bombay Bots), a debate competition and E-Poster / PowerPoints/ Educational short videos on the theme Energy conservation in daily life.

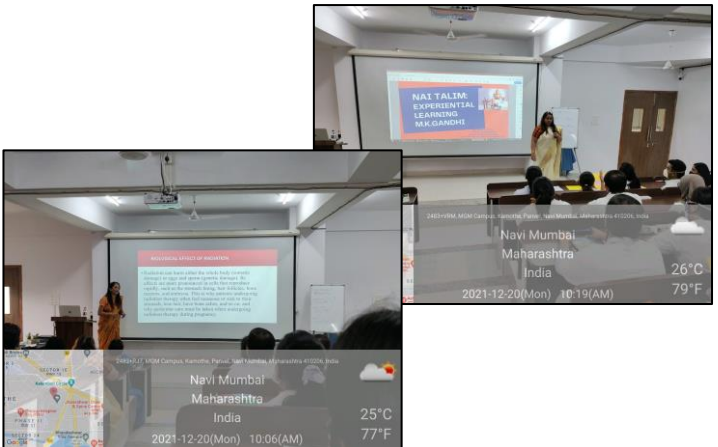


### Mental Health lecture December 17, 2021

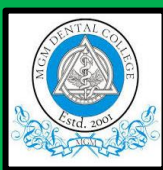
An awareness lecture on "Mental Health Well being and Stress Management" was conducted by Dr. Rakesh Ghidiyal, Head of Department of Psychiatry, MGM Medical Hospital. The event was organized by the Department of Periodontics as a Value-added course.

### Nai Talim - Experiential Learning December 20, 2021

Nai Talim - Experiential Learning was conducted by eminent speakers Dr. Frances Vaidya, Smt. Vaishali Dhaware, Smt. Sabiha More as a faculty development program. The event was organized by the Department of Pedodontics to develop skills for faculty development through a series of workshops, lectures and demonstrations..







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## Monthly events at MGM DCH-December 2021

Annual festival- MaGnuM 2021- Cultural events

December 23-24, 2021



### Squad Day

The first day of Magnum Fest 2021 was celebrated as the Squad day



### Swachh Bharat

Students, interns and staff members participated in Swachh Abhiyaan. Lifting brooms and gloves donned, they cleaned the MGM campus



### Tree plantation

MGMites take pride in putting a step forward with the Tree plantation drive with active participation and a total of 15 saplings planted



### Rangoli competition

Creative demonstration of impact of corona on our lives, fight against it and hope and positivity towards a healthier future was the theme of the event



### Magnum 2021 fest inauguration

Each year students, interns, PGs & staff members had a team and they had to introduce their team and their motto. Our Dean, Dr. Srivalli ma'am addressed everyone and appreciated the enthusiasm and spirit of teams and declared the start of the Fest





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## Monthly events at MGM DCH-December 2021

Annual festival- MaGnuM 2021- Cultural events

December 23-24, 2021c



### Painting

Here, participants were asked to paint live, one of the pictures they'd clicked themselves. This was a very fun and unique competition that allowed participants to showcase their creative thinking



### Antakshari

Many fun segments were organised for Antakshari. In the memory test segment, participants had to guess the song by its tune. In another segment, the team had to sing the maximum number of songs with particular word one could recollect



### Blood donation

This is one of the noble things which is important in saving many lives. This year around 70 students, interns, PGs and staff members took an initiative to donate blood and actively participate in the event.



### Soap carving

To introduce some display of hand skills and a touch of imagination, the soap carving event was planned. Instead of carving teeth, carve anything you want!





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## Monthly events at MGM DCH-December 2021

Annual festival- MaGnuM 2021- Scientific and Cultural events  
December 27-29, 2021

### Suits, shirts, skirts, ties and blazers, Scientific event, Day 3 of Magnum 2021

Scientific events

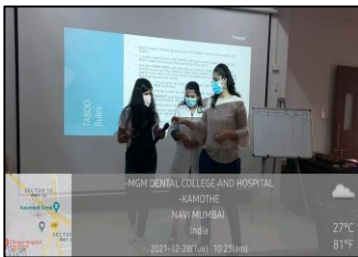


Table clinics

- Scientific Day Paper and poster competition with innovative topics and ideas
- The event became more interesting with models and table clinics. Students and interns had creatively used their scientific knowledge into construction of models to depict oral structures and/or processes.
- Debate for an exchange of good ideas and true innovation with our active student participants.
- Guest lectures by Dr. Milind Shah, alumnus of MGM dental college & Hospital and Dr. Aishwarya Nair on the topics, 'Important aspects of pediatric dentistry' and 'TMJ disorders' respectively.

### Cultural events, Day 4 of Magnum 2021

Taboo



A fun word-guessing game where one teammate gave clues to the team to guess the word on the card. It was enthralling to see how the participants tried innovative ways to give hints to their teammates on word guessing.

Izhar-Shayari



A platform for all those who wished to express their feelings of love and gratitude for someone special in their lives. It was a very engrossing event where participants poured out heart for their loved ones

Quiz



For all the curious cats of MGM Dental College, this event was surely one of the most awaited one with active participation from students, interns, PGs, staff

Staff games



Special event for the ones who work hard for shaping the future of several budding dentists, staff games was an event where staff got to showcase diverse talents



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## Monthly events at MGM DCH-December 2021

Annual festival- MaGnuM 2021- Cultural and Sports events  
December 29, 2021



### Mad-Ads

This fun game is all about how well you advertise the product given to you in a witty and convincing way, and here in Mad Ads, Jiska bikega, wahi game mein tikega



### Fun Fair

Our childhood is lit with memories of fun fairs, and why not make more memories at Magnum fest which we will cherish for years to come? With delectable meals at food stalls and fun games stalls put up by interns, PGs and staff and with beautiful decorations and music, while taking all the necessary precautions, it was a Fun Affair at the Fun Fair

### Internal and External Sports



Chess



Box cricket

### Human Heroes

Bill gates in his blog Gates Notes rightly asserts that us humans always think of a “hero” as somebody who has supernatural powers like flying, laser vision, or the strength to bend steel. We are a species with pretty limited physical powers. We don’t fly. We can’t see through walls. But the year 2020 unleashed the unknown magnitude of human resilience for all of us. As the COVID-19 pandemic swamped us into a global health crisis, mortal Heroes came forward to fight this battle. Researchers, scientists, epidemiologists, virologists, health care personnel, sanitation workers, economists, news makers became the warriors of mankind. As we reel into 2022, its time to don our capes again. With the ugly head of this calamity rising up again, it’s a challenge we have to combat. So, let’s put up a brave face, and charge at this with augmented courage. There will be adversities, fight with vigilance. There will be loss, fight for love. There will be darkness, remember to turn on the light. The victory will be ours. We are not done yet.



**Dr. Agraja Patil**  
**Periodontics**



## OUR HEROES

A hero is an ordinary individual who finds the strength to preserve and endure despite an overwhelming obstacle. Why it is extremely salient to extrapolate true heroism in the true sense?. How important it is for us to recognize and celebrate our heroes and their sheer behind them! **”A hero, who has given his or her life to something bigger than oneself.”** “It is a proud privilege to praise a soldier – a good soldier with discipline, self-respect, always pride in his unit and his country, a high sense of duty and obligation to comrades and his superiors, and a self-confidence born of demonstrated ability. I wonder of a hero as someone who deduces the degree of responsibility that comes with his freedom. ”Indeed, to be a soldier one needs that special gene, that extra something, that enables a person to jump out his all amenity, something, after all, that is unimaginable to most of us, as we are simply not brave enough. Undoubtedly, they are heroes who risk their lives every day to protect the world and always make it a better place to live. A hero who selflessly, who is generous in spirit, tries to give wholeheartedly. We all should wear one’s heart on one’s sleeve our gratitude to them, we must never forget that the highest appreciation is not just utter a word, but to live by them. One must give the badge of honor to the soldier everywhere, who bravely bears his country’s cause. Honor, also, to the citizen who cares for his brother in the field and serves; as he best can.”

**Only real heroes sacrifice to lightens the mind and gives him a sense of peace and joy.** They are people who put themselves on the line and sacrifice their safety for the greater good and others, and anyone in any profession whose concern is the welfare of other people instead of the individual is inspiring. As soon as, sacrifice becomes a duty and necessity to mankind. I see no limit to the horizon which opens before him.

What we do for ourselves dies with us. Nevertheless, what we do for others and the world remains immortal.



## Creative Brains: Our Heroes

It is almost impossible for a country to survive without a great army to defend it in times of war. But it wouldn't be justified if one disregards the sacrifices of their families. Behind every strong soldier, they have an even stronger woman who stands behind him, supports him, and loves him with all her heart. Being deeply loved by ancestry gives them strength. Outrightly, regard your soldiers as your children, and they will follow you into the deepest valleys; look on them as your beloved sons, and they will stand by you even unto death whose words of thanks will not be heard. An army is the pride of the nation the ultimate test of man's conscience may be his willingness to sacrifice something today for future generations whose words of thanks will not be heard. It is always found that tough times never last, but tough people do.”

I can imagine no more rewarding a career. And any man who may be asked in this century what he did to make his life worthwhile, I think can respond with a good deal of **pride and satisfaction**. The Army is the true nobility of our country as their actions inspire others to dream more, learn more, do more, and become more, which is saluting.

The brave die never, though they sleep in dust: their courage nerves a thousand living men. The true soldier fights not because he hates what is in front of him, but because he loves what is behind him.” The nation will remain the land of the free only so long as it is the home of the braves. ”On the battlefield, the military pledges to leave no stone unturned soldier behind.

As a nation, let us pledge that when they return home, we leave no veteran behind. These fallen heroes represent the character of a nation that has a long history of **patriotism and honor** – and a nation that has fought many battles to keep our country free from threats of terror. The soldier that didn't come back were the heroes. It's a roll of the dice. If a bullet has his name on it, he is a hero. If he hears a bullet go by, he is a survivor. The journey of soldier life taught that **“Live for something better rather than die for nothing.”**

## MEN IN UNIFORM

Men, and now even women, in Uniform are a noble and brave breed who put their Nation's Honor before self. A soldier who stays awake when you are asleep. who fights so that you can sleep without fear, who puts his life in danger despite knowing that there is a life waiting for him, has to be the most honorable being that lived.

The soldiers do not get to lead a very comfortable life every day and still they dutifully protect their own country, they carry their duty with a badge of honor and hence they are so committed towards it. We all love our country, but do we love it enough to put our dreams aside and serve it and protect it?

The Civilian population remembers soldiers when a crisis befalls them, they give grateful sermons when everything is under control and then just as easily as it began, they forget. I believe that everyone must necessarily serve in any of the Armed Services for at least five years and then no one will ever doubt what the worth of men in uniform is.

A person in uniform was born just like the rest of us, then what makes him so different and what gives him the will and the guts to fight, without fear of death? To want to join the Defense forces, one needs to be patriotic. Some join it for the thrill but eventually those that do not fall in love with their Uniform and the Service cannot go through with the rigors of training. Every soldier is a true patriot of the country who lives to maintain a peaceful environment around our country. Let your patriotism reflect in your dreams.

"Few stars on shoulders are much better than millions in the sky".

## UNSUNG HEROES

Entering the war, with their  
heads high,  
Are the unsung heroes of our  
country,  
With the purest devotion in  
hearts,  
Pinned with hopes and blessings  
of millions!

They battle for our lands,  
The Lords and Ladies take the  
knee,  
In admiration of these brave lads  
Our saviors, we cannot deny, are  
the real ardors

Glorious Indian history is the  
testimony,  
That these unsung heroes, of our  
alma mater,  
Are the real treasures of our  
lands.

**Preeti Chiluka**  
**I-BDS**

**Gaurav Hinduja**  
**IV-BDS**

## OUR HEROES

Fighting for us at every  
magnitude,  
My heart fills with honor &  
gratitude!  
Your sacrifices can't be waved  
off,  
It's the life & comfort that you  
have given off!  
Protecting the borders ceased,  
You assured our lives with  
peace!  
Endless nights left unsleep,  
Just to ensure our sound sleep!  
Embraced India with the  
medals,  
You fought dangerous battles!  
Victory and loss;  
Sun-rises and sun-sets,  
Your oblations we are never  
going to forget!  
Fighting for us at every  
magnitude,  
My heart fills with honor &  
gratitude!



# Creative Brains: Our Heroes



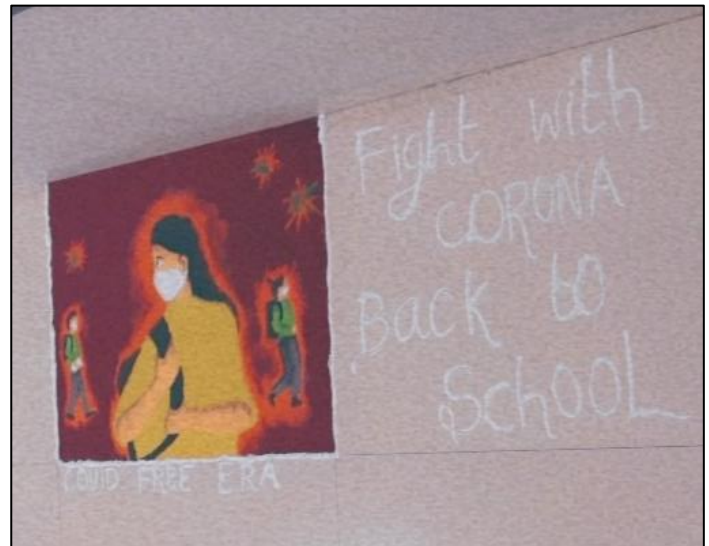
Artville team



MaGnuM 2021 Logo



COVID-19 themed Rangoli competition



# “Pun-tastic Wordplay and Quotes”

## Creative Brains: Our Heroes

I tested positive for COVID-19 this new year; this is not what I meant when I said I wanted to start the year on a positive note.

**-Anuj Naware, Intern**



Not all heroes wear capes; some wear aprons and some uniforms!

**-Anuj Naware, Intern**

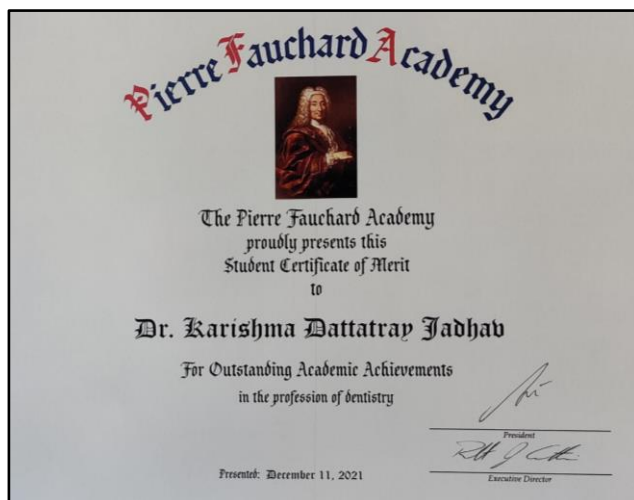
This pandemic really proved that health is wealth and that the wellbeing of the countrymen matters more than a country's economy.

**-Anuj Naware, Intern**



Mr. Poonawala has earned the ‘Aadar’ of the entire world for his vaccine-related efforts.

**-Anuj Naware, Intern**



**WE ARE PROUD OF YOU!**  
**Karishma Jadhav, Intern**  
Recipient of Student Certificate  
of Merit  
PFA International Senior  
Student Award 2021

# “*Pun-tastic Wordplay and Quotes*”

## Our Champs!

### MaGnuM 2021

**Interns** – Winners  
in Girls and Boys  
box cricket –  
MaGnuM 2021

**New Interns** –  
Winners in Girls  
Throwball –  
MaGnuM 2021



**Dr. Jigna Pathak** –  
Winner in Girls  
table tennis

**Interns** – MadAds  
event- MaGnuM  
2021

### MSDC 2021

**Harshali Patil - Intern**

- 2nd prize in Solo Singing

**Apurv Kinkar and Aakanksha Kedar - Interns**

- 3rd prize in Duet Dance

**Asmita Kokare, Apurva Kurhade and Rutuja Kadam - Interns**

- 3rd prize in Group Dance

**Aakanksha Kedar - Intern**

- 3rd prize in Solo Dance